



FOOD WHEN YOU NEED IT POLK COUNTY FOOD RESOURCES

FIND LOCAL ORGANIZATIONS OFFERING SUPPORT

211 is free and available to help connect you with local resources.

- Dial 2-1-1 to chat live with local operators who can help 24/7/365
- Text your zip code to 89821 to chat live with a 211 Operator 24/7
- Download the 211 Iowa app for iOS or Android



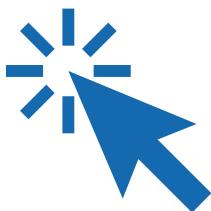
Food Bank of Iowa: (515) 564-0330 or www.foodbankiowa.org/gethelp

Des Moines Area Religious Council (DMARC) Food Pantries:
(515) 277-6969 or dmarcunited.org/food/pantry-locations

APPLY FOR ASSISTANCE

SNAP provides monthly funds for the purchase of groceries. To learn more or apply: Call 1-855-944-FOOD (3663) or email FoodAssistanceOutreach@iowafba.org

WIC (Women, Infants and Children) provides resources for low-income pregnant, breastfeeding and postpartum women, as well as infants and children up to age five. To learn more or apply: Call (515) 282-5800 or visit: www.idph.iowa.gov/wic



Double Up Food Bucks gets you FREE fresh fruits and veggies with your EBT or P-EBT Card! Available at over 100 Iowa locations including Farmer's Markets and all Hy-Vee and Fareway Stores. More information: www.doubleupiowa.org

USDA School Nutrition provides meals to students. Call the hotline, operated by Hunger Free America, at 1-866-3-HUNGRY (1-866-348-6479) or 1-877-8-HAMBRE (1-877-842-6273) (for Spanish).

Buy. Eat. Live Healthy. is a free nutrition and cooking program offered by Iowa State University Extension and Outreach. Visit: www.extension.iastate.edu/human-sciences/nutrition-education

FOOD DELIVERY



Project Zume provides emergency food support, call (515) 957-2900.

The Area Agencies on Aging offers home-delivered meals for vulnerable adults age 60+ and adults with disabilities, call 866-468-7887.

FOOD PANTRIES

There are many Food Pantries/Mobile Food Pantries and Soup Kitchen/Meal Sites throughout Polk County. Some may require an ID and limit the number of visits an individual may make. It's best to call ahead to confirm hours before you visit.

Near Broadlawns Main Campus:

Polk County River Place

Food Pantry

2309 Euclid Avenue

Des Moines, IA 50310

Phone: (515) 286-3695

Northside Food Pantry

3010 6th Avenue

Des Moines, IA 50313

Phone: (515) 286-2220



Near Broadlawns East University Clinic:

Salvation Army Citadel (East)

1216 East 25th Court

Des Moines, IA 50317

Phone: (515) 266-3156

Catholic Charities Outreach Center

1815 Hubbell Avenue

Des Moines, IA 50316

Phone: (515) 262-7290

Near Broadlawns Cityville Clinic:

Bidwell Riverside Center

1203 S.E. Hartford Avenue

Des Moines, IA 50315

Phone: (515) 244-6251, ext. #213

Other Food Pantries:

To find other food pantries or meal sites near you call 2-1-1 to chat live with local operators who can help 24/7/365.

2-1-1

