



**Girls Should be in School...Period!
Suggested Quotes and Affirmations**

Choose a quote below and write it on a notecard

- Once you believe in yourself, and you put your mind to something, you can do it. – Simone Biles
- Everyone's dreams can come true if you just stick to it and work hard. – Serena Williams
- Being yourself is all it takes. If you want to impress someone don't be someone else, just be yourself. – Selena Gomez
- Don't ever doubt yourself or waste a second of your life. It's too short, and you're too special. – Ariana Grande
- What I want young women and girls to know is: You are powerful and your voice matters. – Kamala Harris
- Education is the most powerful weapon which you can use to change the world. – Nelson Mandela
- No one is perfect, that's why pencils have erasers. – Anonymous
- Think like a queen. A queen is not afraid to fail. Failure is another stepping stone to greatness.
– Oprah Winfrey
- Believe you can and you're halfway there. – Theodore Roosevelt
- Just try new things. Don't be afraid. Step out of your comfort zone and soar, alright? – Michelle Obama
- Always stay true to yourself and never let what someone says about you distract you from your goals. – Michelle Obama

- Winning doesn't always mean being first. Winning means doing better than you've ever done before. – Bonnie Blair
- You have to believe in yourself when no one else does. That makes you a winner right there. – Venus Williams
- You just gotta keep going and fighting for everything, and one day you'll get to where you want. – Naomi Osaka

Or use an affirmation below as inspiration to write a short note

- I am amazing
- My challenges help me grow
- I believe in my goals and dreams
- I matter
- No matter how hard it is, I can do it
- I am beautiful inside and out
- I am proud of the person I am and the person I am becoming
- I love myself unconditionally
- I believe in me and what I am capable of doing
- I can and will reach my goals
- I can make mistakes and still reach my goals and be successful
- It is a good thing to stand up for myself
- I have great ideas
- My opinions matter

- I believe in myself
- I have the power to create change
- I'm bold, brilliant and beautiful