

Gayle Whitehead / Body Resultz Skin Care  
1001 Center St #3 Santa Cruz, CA 95060 831.320.6663  
**MICROCURRENT / Facial Toning Anti Aging with Gayle @ Body Resultz**



Probably the most popular “Anti Aging Add On” that I do here at Body Resultz is my “Lift” Microcurrent service added on to any of my Anti Aging Facials. This service is part of these Facials & it is 12 mins. Of course I also provide 90 minute Microcurrent Treatments (which is me using the Microcurrent wands the entire service. Ask me for details. Here below is description of Microcurrent /Facial Toning:

Micro-current stimulation delivers tiny electrical impulses that mirror the body’s own natural bio electrical field. In most cases, treatment is virtually sub- sensory, with just a slight electrical tingling sensation.

Originally developed for treating facial palsy Micro-current therapy is now also used widely in physiotherapy for pain control and in hospitals for wound healing. As an aesthetic treatment micro-current stimulation has been shown to have a number of other cosmetic benefits:

- re-educates muscles,
- increases blood and lymph circulation ,
- enhances the penetration of the active ingredients of skin care formulations
- increases the production of collagen and elastin
- increases protein synthesis, gluconeogenesis and cell membrane transport
- increases mitochondria activity , adenosine triphosphate (ATP)

Microcurrent in aesthetics is commonly described as “facial toning or non surgical face lifting” due to the dramatic lifting effect that micro-current has on facial muscles and facial contours.

During treatment all 32 facial muscles are physically manipulated using soft cotton tipped wands (probes) or other attachments that transmit the micro-current impulses.

Working a muscle from belly outward will have a lengthening/relaxing effect that is necessary on muscles that have become contracted over years of facial expression ( eg frown lines ). Working a muscle from the origin and insertion point inward will have a shortening effect that is necessary for the majority of the muscles that have become elongated over time due to age and gravity.

- Improves facial and neck muscle tone
- Lifts jowls and eyebrows
- Reduces the appearance of fine lines and wrinkles
- Reduces puffiness
- Evens out skin tone and smoothes texture
- Improves facial circulation
- Encourages lymphatic drainage
- Increases product penetration
- Acts as a sun damage treatment
- Enhances the body’s natural collagen and elastin production
- Re-hydrates skin
- Increase cellular metabolism (ATP)
- Tightens enlarged pores