



SISTERHOOD SWINGS INTO SPRING

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On Monday, January 30th, we had our membership dinner at Sushi Palace. It was a fun night of noshing and laughter attended by more than 30 women.

Sunday, February 26, 2017 – In honor of the “*move more*” tenet of American Heart Month Please join us for a FREE *Krav Maga* Israeli Self-Defense Class for THS members (men and women ages 13+). A big thank you to Bruce Dobin for arranging this class. The class will be presented by Master Israel Nava, *Krav Maga* black belt; Instructor Malcolm Rowley, *Krav Maga* Federation; and Lt. Joelle Gozlan (ret.) Officer of the Year, Israel Defense Forces. The class will be held from 10:00am to 11:00am at THS in the Social Hall (lower level).

March 8, 2017 – Sisterhood will be providing dinner and serving it at the Soup Kitchen. Please check facebook for updates on how to get involved with this *mitzvah*.

Thursday, May 11, 2017 – Get ready for another fabulous Fashion Show event! Details to come soon, but please save the date. You won’t want to miss it.

Thursday, June 1, 2017 – End-of-Year Membership Dinner (FREE to members of Sisterhood)

For more information please join our facebook page at
<https://www.facebook.com/groups/THS.Sisterhood/>