



Orange County Social and Emotional Learning Community of Practice **Integrating SEL within Distance Learning**

Join us for a virtual conversation.

- Network to support your own resilience and social-emotional well-being
- Join small group discussions on SEL within distance learning and share ideas
- Before the meeting, we invite you to check out these SEL and distance learning resources and share what interests you when you meet in your groups.

Who should attend?

*District and school leadership teams
School-community partners
PTA & parent leaders
School staff*



Build your leadership capacity to systemically plan and implement SEL school wide.

Learn and collaborate with others to promote SEL within a multi-tiered system of support.

Address challenges of integrating inclusive, research-based SEL into school practices and culture.

Tuesday, April 28, 2020 1:00 - 2:15 pm

Register: <http://ocde.k12oms.org/1250-184496>

There is no cost to attend.

For registration questions, please contact Susan Guerrero at sguerrero@ocde.us or 714-327-1087
For other questions, please contact Dr. Lucy Vezzuto at lvezzuto@ocde.us or Sheree Newman at snewman@ocde.us

Training supports LCAP Priorities of Student Engagement, Parental Involvement and School Climate

To learn more about OCDE's professional learning opportunities visit: <http://ocde.us/PLO>

Integrating Social and Emotional Learning within Distance Learning

Resources for Educators

CASEL SEL Resources during COVID-19 Includes ways to support students who are likely feeling anxious, worried and stressed as well as ways to build community with distance learning.

Collaborative Learning Solutions Each day, two SEL lessons are posted—one for elementary and one for secondary students that teaches the social-emotional learning skills needed to develop resiliency and combat the harmful effects of stress and trauma.

Common Sense Education 18 tools for virtual and distance learning, grouped according to key needs teachers have—communicating and messaging, facilitating discussion, assessing learning, delivering lessons, and more.

Edutopia: 7 Ways To Maintain Relationships During School Closure Students and teachers miss one another! It's important to continue building relationships with and among students.

Greater Good in Education Grade level specific lessons for K-12 educators that support learning and wellbeing as well as practices to support student mental health and for staying connected.

Inner Explorer Free mindfulness app with 5-10 min. practices for at home or during class.

Institute for Social and Emotional Learning (IFSEL) Supports teachers to help students have virtual experiences full of human connection and joy in learning; curated ideas to address SEL needs that students and educators are experiencing.

Learning Keeps Going This coalition of organizations has curated free tools, strategies, tips, and best practices for teaching online.

Mindful Schools Free, interactive online mindfulness classes with K-5 in mind

RULER: Yale Center for Emotional Intelligence Offering a number of teaching resources, such as their e-learning tools for educators and leaning into social-emotional learning. There's also access to webinars, including ideas for practice and play with emotional intelligence and managing anxiety.

Share My Lesson Free, online resources for teachers adjusting to remote classrooms and learning. Included are lessons K-12, for English learners and students with diverse learning needs.

Teaching through Coronavirus: What Educators Need Right Now Teaching Tolerance asked teachers what they need right now. Here's a link to resources that teachers have been requesting for distance learning.

Trauma-Informed Approach to Teaching through Coronavirus Teaching Tolerance has recommendations for trauma-informed approaches to prioritize during COVID-19.

Well-being Toolkit for Children, Educators, and Parents: Center for Healthy Minds toolkit has tips, audio and video practices, the Kindness Curriculum and more.