



**THE GEORGETOWN PROJECT**  
Leaders In Youth Development Since 1997

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## **Helping Kids Use Time Constructively in The Garden!**

***For Children (with supervision):***

**Regrow celery!**



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Here's an easy project for children using a store-bought celery from which an adult cuts off the base!

### **STEPS:**

1. Cut off the base of a celery bunch (preferably organic) and place in a dish with about 1/2 to 1 inch of water.
2. Place in a well-lit spot but not in direct sunlight

3. In a few days, you should see sprouts begin to come up
4. You can transplant the celery by placing it in a 5 to 10 inch pot filled with potting soil. Lay the root base on top of the soil then cover the roots completely with soil.
5. Tamp down lightly and place pot where it will receive sunlight, but not direct, scorching sun.

***For Adolescents:***

**Plant a garden!**

**Challenge adolescents to start a container vegetable garden from seed!\***



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**STEPS:**

1. Choose vegetable seeds appropriate for the season (see back of seed packet) or purchase seedlings
2. Fill small growing containers (with drainage holes) with potting soil

3. Place 2-3 seeds in each container at the depth suggested on seed packet



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4. Thin out sprouts when they show their first leaves, leaving the healthiest sprout in the pot
5. Soil should be kept moist but not soaked.
6. When root systems are developed, transfer seedlings to larger pots filled with potting soil
7. Water as directed on seed packet

\*Check out Texas Agri-Life Extension for good container vegetable options.