

HUGGING A CACTUS

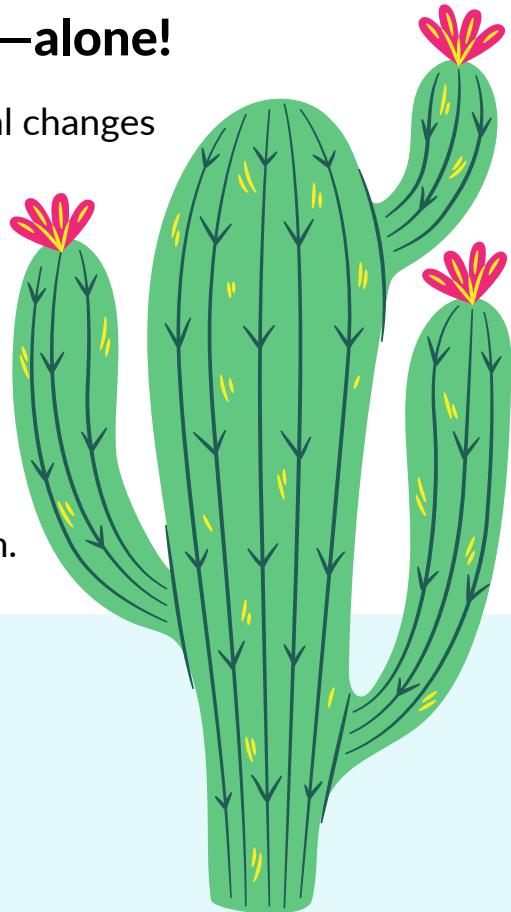
Honest Talk for Parents of Teens

Don't parent your cactus—er, teenager—alone!

Parenting teens can be a challenge. The developmental changes they're going through can make them sometimes feel prickly.

Join these casual parenting groups to learn new strategies, share ideas, and connect with other adults who are in the same parenting stage.

We will be discussing a different parenting topic each week. Feel free to attend as many meetings as you can.



MONDAYS, 6:30-7:30PM

October 17 Effective Communication

On Zoom, led by *The Georgetown Project*

October 24 Preventing Substance Abuse

On Zoom, presented by *Lifesteps*

November 7 Supporting Mental Health

At *East View High School*, with *GISD School-based Therapy Team and community therapists*

November 14 Supporting Mental Health

At *Georgetown High School*, with *GISD School-based Therapy Team and community therapists*



RSVP through Eventbrite. Scan the QR code or go to:
huggingacactusfall22.eventbrite.com

Questions? Please email lexy@georgetownproject.org



Brought to you by *The Georgetown Project and GISD Council of PTAs*.

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