

PK-8 Menu 19-20sy

August and September	August 19 2019	August 20 2019	August 21 2019	August 22 2019	August 23 2019
HARVEST VEGETABLE OF THE MONTH! CARROTS   Better for you. Better for Colorado. Breakfast is available in the cafeteria each day!  Breakfast is served everyday with fruit and milk Breakfast Prices Elementary \$2.00 PK-12 Reduced Breakfast is Free Middle School \$2.00 Reduced Breakfast is Free Adults \$3.00 ***** Lunch Prices Elementary \$3.25 PK-12 grade reduced lunch is FREE!!! Middle School \$3.75 High School \$4.00 Adults \$5.00 ***** A FULL SALAD BAR IS AVAILABLE AT YOUR SCHOOL 	Muffin, Fruit, Milk Hamburger or Homemade Soup Each Entrée includes: Seasoned Roasted Potato Wedges Salad Bar 1% White Milk or Fat Free Chocolate Milk ketchup mustard mayonnaise	Breakfast Burrito, Juice, Fruit, Milk, Salsa Mac and Cheese or Homemade Soup Each Entrée includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	Yogurt Parfait, Granola, Fruit, Milk Pig-n-Blanket or Homemade Soup Each Entrée includes: Chili Roasted Sweet Potatoes Salad Bar 1% White Milk or Fat Free Chocolate Milk ketchup or mustard	French Toast, Juice, Fruit, Milk, Syrup Nachos or Homemade Soup Each Entrée includes: Steamed Rice Salad Bar 1% White Milk or Fat Free Chocolate Milk salsa	Cinnamon Roll, Fruit, Milk BIG DADDY'S Pepperoni Pizza or Homemade Soup Each Entrée includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk
	August 26 2019 Muffin, Fruit, Milk Corn Dog or Homemade Soup Each Entrée includes: Honey Cinnamon Roasted Sweet Potatoes Salad Bar 1% White Milk or Fat Free Chocolate Milk Ketchup Mustard	August 27 2019 Breakfast Burrito, Juice, Fruit, Milk, Salsa Cheesy Breadsticks w/ marinara sauce or Homemade Soup Each Entrée includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	August 28 2019 Yogurt Parfait, Granola, Fruit, Milk Chicken Tenders or Homemade Soup Each Entrée includes: Mashed Potatoes Salad Bar 1% White Milk or Fat Free Chocolate Milk Ketchup BBQ Sauce	August 29 2019 French Toast, Juice, Fruit, Milk, Syrup Yogurt Parfait w/ Homemade Granola or Homemade Soup Each Entrée includes: Oatmeal Cookie Salad Bar 1% White Milk or Fat Free Chocolate Milk	August 30 2019 Cinnamon Roll, Fruit, Milk Meatball Sub or Homemade Soup Each Entrée includes: Seasoned Roasted Potato Wedges Salad Bar 1% White Milk or Fat Free Chocolate Milk Ketchup
***** Enjoy the day off Happy Labor Day 	September 2 2019 Breakfast Burrito, Juice, Fruit, Milk, Salsa Spaghetti or Homemade Soup Choice of Entrée includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	September 3 2019 Breakfast Burrito, Juice, Fruit, Milk, Salsa Spaghetti or Homemade Soup Choice of Entrée includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	September 4 2019 Yogurt Parfait, Granola, Fruit, Milk White Chicken Chili or Homemade Soup Each Entrée includes: tortilla chips Salad Bar 1% White Milk or Fat Free Chocolate Milk	September 5 2019 French Toast, Juice, Fruit, Milk, Syrup Nachos or Homemade Soup Each Entrée includes: Steamed Rice Salad Bar 1% White Milk or Fat Free Chocolate Milk Salsa	September 6 2019 Cinnamon Roll, Fruit, Milk BIG DADDY'S Pepperoni Pizza or Homemade Soup Each Entrée includes: Honey Cinnamon Roasted Sweet Potatoes Salad Bar 1% White Milk or Fat Free Chocolate Milk
	September 9 2019 Muffin, Fruit, Milk Baked Ziti or Homemade Soup Each Entrée includes: Homemade Oatmeal Cookie Salad Bar 1% White Milk or Fat Free Chocolate Milk	September 10 2019 Breakfast Burrito, Juice, Fruit, Milk, Salsa Cheesy Breadsticks w/ marinara sauce or Homemade Soup Each Entrée includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	September 11 2019 Yogurt Parfait, Granola, Fruit, Milk French Toast Sticks Sausage Patty or Homemade Soup Each Entrée includes: Seasoned Roasted Potato Wedges Salad Bar 1% White Milk or Fat Free Chocolate Milk ketchup syrup	September 12 2019 French Toast, Juice, Fruit, Milk, Syrup Porcupine Sliders or Homemade Soup Each Entrée includes: Cinnamon Apple Glazed Sweet Potatoes Salad Bar 1% White Milk or Fat Free Chocolate Milk ketchup mustard mayonnaise	September 13 2019 Cinnamon Roll, Fruit, Milk Chicken Nuggets or Homemade Soup Each Entrée includes: Homemade Whole Wheat Sugar Cookie Salad Bar 1% White Milk or Fat Free Chocolate Milk BBQ Sauce Ketchup
***** Breakfast Prices Elementary \$2.00 PK-12 Reduced Breakfast is Free Middle School \$2.00 Reduced Breakfast is Free Adults \$3.00 ***** Lunch Prices Elementary \$3.25 PK-12 grade reduced lunch is FREE!!! Middle School \$3.75 High School \$4.00 Adults \$5.00 ***** A FULL SALAD BAR IS AVAILABLE AT YOUR SCHOOL 	September 16 2019 Muffin, Fruit, Milk Hamburger or Homemade Soup Each Entrée includes: Seasoned Roasted Potato Wedges Salad Bar 1% White Milk or Fat Free Chocolate Milk ketchup mustard mayonnaise	September 17 2019 Breakfast Burrito, Juice, Fruit, Milk, Salsa Mac and Cheese or Homemade Soup Each Entrée includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	September 18 2019 Yogurt Parfait, Granola, Fruit, Milk Pig-n-Blanket or Homemade Soup Each Entrée includes: Chili Roasted Sweet Potatoes Salad Bar 1% White Milk or Fat Free Chocolate Milk ketchup or mustard	September 19 2019 French Toast, Juice, Fruit, Milk, Syrup Nachos or Homemade Soup Each Entrée includes: Steamed Rice Salad Bar 1% White Milk or Fat Free Chocolate Milk salsa	September 20 2019 Cinnamon Roll, Fruit, Milk BIG DADDY'S Pepperoni Pizza or Homemade Soup Each Entrée includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk
	September 23 2019 Muffin, Fruit, Milk Corn Dog or Homemade Soup Each Entrée includes: Honey Cinnamon Roasted Sweet Potatoes Salad Bar 1% White Milk or Fat Free Chocolate Milk Ketchup Mustard	September 24 2019 Breakfast Burrito, Juice, Fruit, Milk, Salsa Cheesy Breadsticks w/ marinara sauce or Homemade Soup Each Entrée includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	September 25 2019 Yogurt Parfait, Granola, Fruit, Milk Chicken Tenders or Homemade Soup Each Entrée includes: Mashed Potatoes Salad Bar 1% White Milk or Fat Free Chocolate Milk Ketchup BBQ Sauce	September 26 2019 French Toast, Juice, Fruit, Milk, Syrup Yogurt Parfait w/ Homemade Granola or Homemade Soup Each Entrée includes: Oatmeal Cookie Salad Bar 1% White Milk or Fat Free Chocolate Milk	September 27 2019 Cinnamon Roll, Fruit, Milk Meatball Sub or Homemade Soup Each Entrée includes: Seasoned Roasted Potato Wedges Salad Bar 1% White Milk or Fat Free Chocolate Milk Ketchup
***** Breakfast Prices Elementary \$2.00 PK-12 Reduced Breakfast is Free Middle School \$2.00 Reduced Breakfast is Free Adults \$3.00 ***** Lunch Prices Elementary \$3.25 PK-12 grade reduced lunch is FREE!!! Middle School \$3.75 High School \$4.00 Adults \$5.00 ***** A FULL SALAD BAR IS AVAILABLE AT YOUR SCHOOL 	September 30 2019 Muffin, Fruit, Milk Fried Chicken Drumstick or Homemade Soup Each Entrée includes: Potato Salad Salad Bar 1% White Milk or Fat Free Chocolate Milk	USDA Nondiscrimination Statement In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html , and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (566) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; fax: (202) 690-7442; or email: program.intake@usda.gov . This institution is an equal opportunity provider.			