

OCTOBER	 APPLES  Breakfast is available in the cafeteria each day!	OCTOBER 1 2019	OCTOBER 2 2019	OCTOBER 3 2019	OCTOBER 4 2019
HARVEST FRUIT OF THE MONTH!		Breakfast Burrito, Juice, Fruit, Milk, Salsa Spaghetti or Homemade Soup Choice of Entrée Includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	Yogurt Parfait, Granola, Fruit, Milk Hamburger or Homemade Soup Each Entrée Includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk ketchup mustard mayonnaise	French Toast, Juice, Fruit, Milk, Syrup Nachos or Homemade Soup Each Entrée Includes: Steamed Rice Salad Bar 1% White Milk or Fat Free Chocolate Milk	
OCTOBER 7 2019	OCTOBER 8 2019	OCTOBER 9 2019	OCTOBER 10 2019	OCTOBER 11 2019	
Muffin, Fruit, Milk Baked Ziti or Homemade Soup Each Entrée Includes: Whole Grain Chocolate Chip Cookie Salad Bar 1% White Milk or Fat Free Chocolate Milk	Breakfast Burrito, Juice, Fruit, Milk, Salsa French Toast Sticks Sausage Patty or Homemade Soup Each Entrée Includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk ketchup syrup	Yogurt Parfait, Granola, Fruit, Milk Cheesy Breadsticks w/ marinara sauce or Homemade Soup Each Entrée Includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	French Toast, Juice, Fruit, Milk, Syrup Porcupine Sliders or Homemade Soup Each Entrée Includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk ketchup mustard mayonnaise	Cinnamon Roll, Fruit, Milk Chicken Nuggets or Homemade Soup Each Entrée Includes: Cinnamon Apple Glazed Sweet Potatoes Salad Bar 1% White Milk or Fat Free Chocolate Milk BBQ Sauce Ketchup	OCTOBER 11 2019
OCTOBER 14 2019	OCTOBER 15 2019	OCTOBER 16 2019	OCTOBER 17 2019	OCTOBER 18 2019	
Muffin, Fruit, Milk Pig-n-Blanket or Homemade Soup Each Entrée Includes: Chili Roasted Sweet Potatoes Salad Bar 1% White Milk or Fat Free Chocolate Milk	Breakfast Burrito, Juice, Fruit, Milk, Salsa Mac and Cheese or Homemade Soup Each Entrée Includes: Whole Grain Chocolate Chip Cookie Salad Bar 1% White Milk or Fat Free Chocolate Milk	Yogurt Parfait, Granola, Fruit, Milk Hamburger or Homemade Soup Each Entrée Includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	French Toast, Juice, Fruit, Milk, Syrup Nachos or Homemade Soup Each Entrée Includes: Steamed Rice Salad Bar 1% White Milk or Fat Free Chocolate Milk	Cinnamon Roll, Fruit, Milk BIG DADDY'S Pepperoni Pizza or Homemade Soup Each Entrée Includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	
OCTOBER 21 2019	OCTOBER 22 2019	OCTOBER 23 2019	OCTOBER 24 2019	OCTOBER 25 2019	
Muffin, Fruit, Milk Corn Dog or Homemade Soup Each Entrée Includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	Breakfast Burrito, Juice, Fruit, Milk, Salsa Chicken Tenders or Homemade Soup Each Entrée Includes: Mashed Potatoes Salad Bar 1% White Milk or Fat Free Chocolate Milk	Yogurt Parfait, Granola, Fruit, Milk Cheesy Breadsticks w/ marinara sauce or Homemade Soup Each Entrée Includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	French Toast, Juice, Fruit, Milk, Syrup Nachos or Homemade Soup Each Entrée Includes: Steamed Rice Salad Bar 1% White Milk or Fat Free Chocolate Milk		
OCTOBER 28 2019	OCTOBER 29 2019	OCTOBER 30 2019	OCTOBER 31 2019		
Muffin, Fruit, Milk Fried Chicken Drumstick or Homemade Soup Each Entrée Includes: Potato Salad Salad Bar 1% White Milk or Fat Free Chocolate Milk	Breakfast Burrito, Juice, Fruit, Milk, Salsa Spaghetti or Homemade Soup Choice of Entrée Includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk	Yogurt Parfait, Granola, Fruit, Milk Hamburger or Homemade Soup Each Entrée Includes: Salad Bar 1% White Milk or Fat Free Chocolate Milk ketchup mustard mayonnaise	French Toast, Juice, Fruit, Milk, Syrup Happy Halloween COOK'S CHOICE!!! 		

