



**Closures:**

The Library will be closed on Monday, February 16<sup>th</sup> for the Presidents Day Holiday.

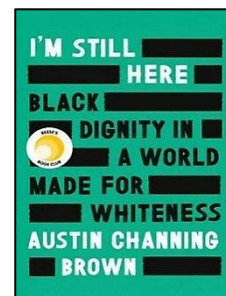
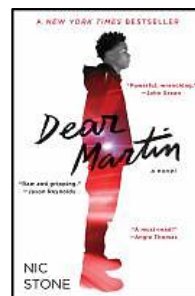
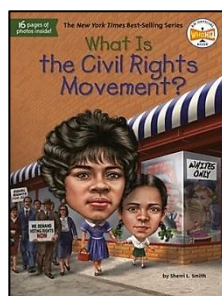
**Resources:**



Do you love to listen to audio books, but hate keeping track of all those CDs? Do you love to read but don't want to lug all your books with you in your busy life? Libby was designed for you! Go to our website at [www.sdcl.org](http://www.sdcl.org) and click on **eLibrary**. Scroll down to see **Libby** under **Popular**. Use your library card and PIN to start browsing our entire e-book and e-audiobook collection. You can read on your PC or download the free Libby app for Apple or Android to read on your phone or tablet. You can borrow books immediately, place holds, and even send books to your Kindle!

**February is Black History Month!**

Check out these books in our catalogue:



Stay safe, healthy, and connected,

Mary Lanese

**MARY'S CORNER**

Hello Lakeside Community!

**Important Information:**

- A temporary vendor issue is delaying the arrival of new materials and affecting catalog details such as book covers and descriptions. We appreciate your understanding.

**Programming:**

- **Saturdays Adventures for Adults: Saturdays from 3:00 – 4:00 pm unless otherwise noted**
  - Feb. 7: Adult Arcade from 2:30 – 4:00 pm
  - Feb. 14: Bingo!
  - Feb. 21: Create a Sustainable Home
  - Feb. 28: Fix-it Clinic from 10:00 am – 1:00 pm
- **AARP Free Tax Prep Assistance: Thursdays from 10:00 am – 4:00 pm**
  - This service will be offered from February 5<sup>th</sup> – April 9<sup>th</sup>
  - No appointments
  - Held in our Community Room
  - For more information, please call 1-888-227-7669 or go to <http://aarpfoundation.org/taxaide>
- **Lakeside Book Club: Thursday, Feb. 26 from 4:00 – 5:00 pm**
  - This month we are discussing *Happy Place*, by Emily Henry
- **Resource Tables:**
  - Thursday, Feb. 12 from 10 :00 - 11:30 am, Grossmont Health Library
  - Friday, Feb. 13 from 1:00 – 3:00 pm, Neighborhood Healthcare



## MEMBERSHIP

There are many benefits to becoming a member of the Lakeside Friends of the Library. Members receive the latest news on the library, are entitled to Members Only book sales, get a free punch card, may attend Board meetings and are invited to the yearly general membership meetings.

Individual membership - \$15 / year  
Senior membership - \$10 / year  
Veterans - \$10 / year  
Family membership - \$25 / year  
Lifetime membership - \$150

Your membership supports library programs that the County does not fund. With our larger facility, there is room to hold events in various areas at the same time. The library staff has many programs planned and also welcomes your suggestions.

You can renew your membership in person at the library bookstore, on our website [lakesidecafriends.org](http://lakesidecafriends.org), or mail your check with your name, address, phone number, email and type of membership to Lakeside Friends of the Library, 12428 Woodside Avenue, Lakeside, CA 92040.

Thank you to all new and renewing members for joining and supporting the Lakeside Library.

Nancy Smith - Senior  
Carol Monroy - Senior  
Mandy Kamphoefner- Individual  
Linda Lewis - Senior

Remember to renew your membership for 2026. After February, we will take you off our list. We don't want to lose you.

## BOARD MEETINGS

**The next board meeting will be on Wednesday, February 11<sup>th</sup> at 3:30 pm in the Library Conference room.**

Contact us to ask questions or to volunteer your time. We can be reached at 619-631-5614. Leave a message and someone will return your call, or e-mail us at [lakesidecafriends@gmail.com](mailto:lakesidecafriends@gmail.com)



## BOOKSTORE HAPPENINGS

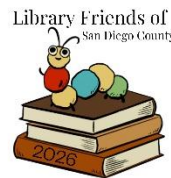
There are changes coming in 2026. Excitement is building for the LFSDC East County Book Crawl February 14 - 21, 2026. We have some wonderful Board members and terrific volunteers helping to get the only bookstore in Lakeside ready for this event. We didn't have much time to get ready, but things are falling into place. Our shelves may look a little different, so take your time to browse the shelves when you come in. We have moved some genres to different places.

During the Book Crawl, Lakeside Friends of the Library members will get their monthly discount of 50% off. New and renewing members will get a free gift. Anyone making a purchase during the Book Crawl will be able to take a free book from our selection of free items. Each Bookstore has different free offerings.

The Lakeside Friends of the Library strives to encourage literacy, lifelong learning, and the love of reading throughout our diverse community. Our bookstore prices are affordable. Stop by today.

As always, we will accept donations of your gently used books during our business hours. Thanks Lakeside, for supporting our bookstore.

## BOOK CRAWL



We are so excited to be participating in the first annual Friends of the Library Book Crawl happening from February 14<sup>th</sup> to February 21<sup>st</sup>. Crawlers will start at one of our eight participating locations and receive a stamp on their book crawl passport at each location where they make a purchase.

This book crawl gives you a great excuse to plan a little road trip to see a few of our Friends of the Library San Diego Locations, find some new reads for the year, and opportunities to win many delightful prizes. Grab a friend or browse the shelves solo. This is surely going to be a wonderful time. For more information see our enclosed flyer or visit [LFSDC.org](http://LFSDC.org).



## SATURDAY ADVENTURES AT THE LIBRARY

As a Board member as well as library patron, I attended a concert on Saturday, January 24, 2026, in the Community Room. Deirdre Sullivan plays both harp and lute. She was delightful. I didn't expect to have a small comedy show too. There was a fantastic turnout for her performance. The LFOL hopes to bring her back for another performance. Saturday Adventures offers a variety of programs for Lakeside adults. Come have some fun, stay connected and feel energized. The Friends of the Lakeside Library sponsor many of the programs when the branch is unable to cover the expense. Make sure you read the monthly calendar.



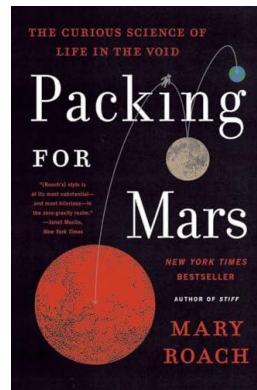
Caprice Hubbard-Sander

## BOOK REVIEW

### PACKING FOR MARS

The Curious Science of Life in the Void  
by Mary Roach

With Space-X's Starship blowing up less often, perhaps it's time to begin addressing what it would actually take to flourish—not just survive—on Mars. Mary Roach



works through the challenges and possible solutions in a very thorough and entertaining way.

Mars is bone dry these days—though probably not in the distant past—and the dust is extremely abrasive. The experiences we've had with landers and rovers has helped test and validate some engineering solutions for mechanical devices, but

dwelling spaces and water availability and recycling present enormous unsolved problems.

Even though it is quite distant from the Sun, Mars is intensively bombarded with hard, ionizing radiation. Flexible spacesuits can provide some temporary protection, but are far from sufficient for long term survival. Some engineers propose going underground, especially near areas that have water bound in ice. But then you have the problem of developing space-transportable heavy machinery. Going above ground would require the on-site fabrication of building materials like bricks.

And none of this comes close to equipping explorers to deal with isolation, loneliness, medical emergencies, adequate food, the full spectrum of the human experience.

There is a lot to think about, certainly more than I had realized even after reading *The Martian*, and watching the movie. Nonetheless, many are eager to go, and this book is a great introduction to the complexities. Highly recommend.

- Michael Evans-Layng

## LIFETIME MEMBER SPOTLIGHT

### Lakeside Acupuncture



Lakeside Acupuncture is a home-based acupuncture clinic, run by Dr. Shaiin Merali. She holds a Doctorate in Acupuncture and Chinese Herbal Medicine and is an Advanced Thetahealing®

practitioner. Her approach to healing is rooted in finding harmony for the mind, body and spirit. Treatments include Traditional Chinese and Japanese needling, cupping, gua sha, moxibustion and Thetahealing®.

If you are interested in learning more you can call or text at 858-451-HEAL (4325).

*"Public libraries are the heart and soul of any community. They are a place to read and think and browse and dream."*

- Mary McNear





## VOLUNTEER SPOTLIGHT



Hello Lakeside Friends of the Library! My name is Nina Drammissi and I am excited to introduce myself to you. I am on the board of Lakeside Friends of the Library as a liaison to the community. My family and I have been long time residents of Lakeside and we love our town! After 34 years in K through 12

education, with my last position as a school principal, I am very happy to be retired - volunteering and working part-time at Barona Charter and at SDSU.

### **Why did you decide to volunteer in the LFOL Bookstore?**

I believe that we make our communities better when we invest time and resources in the well-being of children and families! That is why volunteering through Friends of the Library and being a part of other amazing community groups that support people's well-being, like Lakeside Kiwanis, Beyond the Buckle Foundation, and the Chamber of Commerce, are my passion! All of these groups engage in positive, productive endeavors for kids and families!

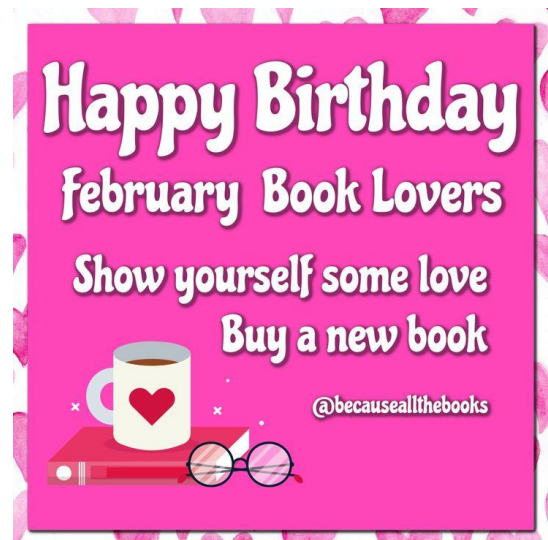
### **What do you like best about volunteering?**

So... why am I a Friend of the Library? Because books are my friends. I had a challenging primary school experience, learning to read, and my incredible mother taught me to read at home. Additionally, I had a challenging junior high experience, wearing both braces on my teeth and a body brace! When times got tough and friends were few, I sought intrigue and adventure within books; the library was my refuge!

### **Anything else you would like to tell our readers?**

And now for a short word from our sponsor: Did you know that all of the money generated from our LFOL bookstore is focused on programming for kids, adults, and families at the library? Did you know that Lakeside Friends and seven other local Library Bookstores are featuring a "Book Crawl" from February 14 - 21? If you have ever engaged in a pub crawl- going from establishment to establishment to sample beverages in one day... this is similar except you get one week to check out local FOL bookstores and their book collections! There are fun prizes as well, so check out the details and participate!!

Meanwhile, step into our bookstore and see what treasures we have for sale - and know that your purchase benefits kids, adults, and families with a menu of amazing programs all at our own Lakeside Library! Want to volunteer with us? Want to donate time, gently used books, or resources? Ask at the bookstore! We will be very excited to have you partner with us!



*Some people are bookworms, who read like their lives depend on it. Others are bookbees, who buzz between multiple unfinished books. Many are bookbears, who read the majority of books in the winter months. I'm personally a bookdragon, who hoards books like they're a treasure. We're all just part of a happy little bookish zoo.*