



Do not let your hearts be
troubled
and do not be afraid.

intentional

in · ten · tion · al
Adjective: Done on purpose; deliberate.



Trinity Presbyterian Church
Arlington, Virginia

Service for the Lord's Day
Sunday, May 10, 2026

Sixth Sunday of Easter
Worshipping in the Sanctuary
11:15 AM



Service for the Lord's Day

May 10, 2026
Sixth Sunday of Easter

*Welcome.
We are glad that you are here.
As an inclusive community of faith, we welcome you just as you are.
We celebrate that God's love and grace extend to all, and affirm that each person has sacred worth.
So take a moment.
Breathe.*

This service is livestreamed and recorded. People in the first eight pews might be visible on camera.

Welcome

Prelude

Invention 13, BWV 784
Matt Wheeler, harpsichord

J.S. Bach

Announcements

Please take this time to sign and pass the red Friendship Pad.

Call to Worship

Please stand as you are able.

Liturgist: O Divine Voice,
All: You sing and the universe comes into being;

Liturgist: O Divine Breath,
All: You breathe and all things spring to life;

Liturgist: O Divine Word,
All: You call and creation is sustained;

Liturgist: O Divine Flesh,
All: You are born among us,
and the Creator is clothed in creation;

Liturgist: O Divine Spirit,
All: You fill all that has been formed;

Liturgist: O Divine Life,
All: You are the pulse of all that is.

Hymn

Mothering God, You Gave Me Birth
Congregation

#7

1 Mothering God, you gave me birth
in the bright morning of this world.
Creator, source of every breath,
you are my rain, my wind, my sun.

3 Mothering Spirit, nurturing one,
in arms of patience hold me close,
so that in faith I root and grow
until I flower, until I know.

2 Mothering Christ, you took my form,
offering me your food of light,
grain of life, and grape of love,
your very body for my peace.

Call to Confession

Please be seated.

Prayer of Confession

Liturgist: Jesus said: "If you love me, you will keep my commandments."

**All: Eternal God,
we confess that often we have failed to be an obedient church:
we have not done your will;
we have broken your law.**

Liturgist: Jesus said: "You shall love the Lord your God
with all your heart and with all your soul and with all your mind"
and "you shall love your neighbor as yourself."

**All: We have rebelled against your love;
we have not loved our neighbors;
we have not heard the cry of the needy.
Forgive us, we pray.
Free us for joyful obedience,
That we may follow your way with boldness. Amen.**

Silent Confession

Words of Assurance & Faith

Liturgist: Hear now God's assurance of pardon...

Friends, rejoice in the good news of the gospel.
All: In Jesus Christ we are forgiven. Thanks be to God!

Response to Grace

Please stand as you are able.

Be Not Afraid
Congregation

#243

Be not afraid; sing out for joy! Christ is risen, alleluia! (Repeat)

Passing of the Peace & Greeting

Children's Message

Children are invited to attend Godly Play after the message or to remain in the sanctuary during worship.
Please be seated.

Blessing of the Children

All: You are God's beloved child; with you God is well pleased.

Anthem

If Ye Love Me
Trinity Singers

Thomas Tallis

Old Testament Reading

Bless our God, O peoples; let the sound of his praise be heard, who has kept us among the living and has not let our feet slip. For you, O God, have tested us; you have tried us as silver is

Psalm 66:8-12

tried. You brought us into the net; you laid burdens on our backs; you let people ride over our heads; we went through fire and through water; yet you have brought us out to a spacious place.

NRSVUE

New Testament Reading

Now who will harm you if you are eager to do what is good? But even if you do suffer for doing what is right, you are blessed. Do not fear what they fear, and do not be intimidated, but in your hearts sanctify Christ as Lord. Always be ready to make your defense to anyone who demands from you an accounting for the hope that is in you, yet do it with gentleness and respect. Maintain a good conscience so that, when you are maligned, those who abuse you for your good conduct in Christ may be put to shame. For it is better to suffer for doing good, if suffering should be God's will, than to suffer for doing evil. For Christ also suffered for sins once for all, the

1 Peter 3:13-22

righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight lives, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

NRSVUE

Gospel Reading

"If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to be with you forever. This is the Spirit of truth, whom the world cannot receive because it neither sees him nor knows him. You know him because he abides with you, and he will be in you. "I will not leave you orphaned; I am coming to you. In a little while the world will no longer see me, but you

John 14:15-21

will see me; because I live, you also will live. On that day you will know that I am in my Father, and you in me, and I in you. They who have my commandments and keep them are those who love me, and those who love me will be loved by my Father, and I will love them and reveal myself to them."

NRSVUE

Liturgist: This is the Word of the Lord.

All: Thanks be to God.

Sermon

Intentionally Christian: Not Intimidated

Rev. Judith Fulp-Eickstaedt, Pastor

Hymn

Though I May Speak

#693

Please stand as you are able.

Congregation

1 Though I may speak with bravest fire,
and have the gift to all inspire,
and have not love, my words are vain,
as sounding brass, and hopeless gain.

3 Come, Spirit, come, our hearts control;
our spirits long to be made whole.
Let inward love guide every deed;
by this we worship, and are freed.

2 Though I may give all I possess,
and striving so my love profess,
but not be given by love within,
the profit soon turns strangely thin.

Life of the Church, Joys, & Concerns

Please be seated.

Prayers of the People

The Lord's Prayer

All: Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our debts,
as we forgive our debtors;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom and the power
and the glory, forever. Amen.

Invitation to Stewardship

www.trinityarlington.org/give

Offertory & Reflection

Offertoire
Matt Wheeler, organ

César Franck

Prayerful Setting of Intentions

Please take this moment of silence to set an intention for the week ahead. Your intention might be a response to today's worship, or it may be something that has been on your heart – a desire for change, an inner nudging, a move toward deeper discipleship. Write your intention down or note it on your phone and take it with you as you go.

Prayer for the Coming Week

Loving God,
In whom all things live and move and have their being,
Help me to choose life in you,
that I may faithfully keep the commands of Jesus,
follow the promptings of the Holy Spirit,
and witness to the hope that is within me,
sharing Christ's love in the world.
Let me see opportunities to share hope and love this week. Amen.

Hymn

Please stand as you are able.

Now Thank We All Our God

Congregation

#643

1 Now thank we all our God
with heart and hands and voices,
who wondrous things hath done,
in whom this world rejoices;
who, from our mothers' arms,
hath blessed us on our way
with countless gifts of love,
and still is ours today.

2 O may this bounteous God
through all our life be near us,
with ever joyful hearts
and blessed peace to cheer us;
and keep us in God's grace,
and guide us when perplexed,
and free us from all ills
in this world and the next.

3 All praise and thanks to God,
who reigns in highest heaven,
to Father and to Son
and Spirit now be given:
the one eternal God,
whom heaven and earth adore,
the God who was, and is,
and shall be evermore.

Benediction

Postlude

Sonata in F Major, Op. 10, No. 2, mvt. 1
Matt Wheeler, piano

L.v. Beethoven

You are invited to stay and listen to the postlude or move to the gathering space for fellowship.

As you depart, please be mindful of those who remain in the sanctuary to listen.

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Intentional Through the Week at Home and in Small Groups

What does it mean to keep Christ's commandments (To love God and love neighbor)?

My intention for this week is:

Morning Prayer for the Week

Remind me, God,
that I am always your child.
Help me to seek You every day,
to acknowledge that I need Your wisdom and guidance.
As I go through this day, keep me on the right path,
walking with you. Amen.

Evening Prayer for the Week

God, I put my trust in you.
When I am tangled in the web of life,
do not let my feet slip.
When I go through fire and water,
Bring me out to a spacious place.
Surround me with your steadfast love,
This night and always. Amen.

Readings for the Week John 14:15-21

(Read daily, and look for opportunities to discuss or contemplate these words)

Questions for Reflection

1. When Jesus says, "I will not leave you orphaned," he is talking about the gift of the Holy Spirit. How do you experience the Holy Spirit walking with you daily?
2. What questions do you have about the Holy Spirit?

Intentional in Community

Consider using these reflection questions with a small group or prayer partner.

Our Thoughts and Prayers

Please pray for the following friends and families of Trinity

Joys:

- + Celebrating the engagement of **Luke Bultena** and **Cameron Pedretti**.
- + Celebrating the return of Sean Long, son of Petey and Richard Long, from military duty in the Middle East.
- + Celebrating the birth of **Blake Thomas Bodner**, son of **Ben and Sara Bodner**, grandson of **Sue Bodner**, born on April 8.
- + Celebrating the birth of **Ellie Baker Scholl**, daughter of **Ali and Ethan Scholl** and granddaughter of **Marilyn and Russ Scholl**, born on March 23.
- + **Lucy Driskill** and her friend **Sarah Watchman** are on a six-month hike of the Appalachian Trail. We will keep the congregation posted on their journey.

Concerns:

- + Prayers for **Gabe Paulraj** for successful healing and recovery after recent orthopedic leg surgery.
- + Prayers for the family and friends of **Suparmin Sunjoyo, Nugroho Mbeo's** father, who passed away on April 18.
- + Prayers for **Nancy Long**, sister of **Dan Campbell**, for healing and strength for dementia requiring 24/7 care.
- + Prayers for **Anna Marie Yates**, mother of **Alice Yates**, for her comfort and care, as she has been battling myelodysplastic syndrome; please also pray for wisdom in care-giving decisions.
- + Prayers for **Stephanie Irving**, aunt of **Cameron Pedretti**, with pancreatic cancer.
- + Prayers for **Jack Lutz**, brother of **Ted Lutz**, for his declining health and as decisions are being made about his future care.
- + Prayers for **Jean Meek**, in rehab at The Jefferson, after surgery for a broken leg.
- + Prayers for the family and friends of **Marjorie Douglas, Sandi Parker's** mom, who passed away on March 30.
- + Prayers for **Marilyn Scholl** as she is currently trying several alternative health practices to shrink or eradicate her breast cancer to avoid surgery.
- + Prayers for **Nanci**, friend of **Donna Parry**, who is recovering at home following open heart surgery on Monday, March 30.
- + Prayers for **Ike Eickstaedt, Pastor Judith's** father-in-law, in skilled nursing, healing from a hematoma.
- + Prayers for **Sandy Montgomery**, recovering at home after surgery for a broken ankle.
- + Prayers for all our military personnel currently deployed in the Middle East and beyond.
- + Prayers for **Beth Geiseman**, recovering after surgery for breast cancer and anticipating a second surgery.
- + Prayers for **Paul Sullivan**, who has stopped cancer treatments and is in palliative care at home.
- + Prayers for **Laura Mendelson**, mother of **Ellen Cathopoulos**, recovering from breast cancer surgery.
- + Prayers for **Ansley Calhoun** following surgery for a broken leg.
- + Prayers for relatives of **Randy Benn - Martie** (cancer), **Doug** (cancer), and **Jennifer** (bone infection).
- + Prayers for **Jean Chubb**, mother of **Nathan Chubb**, in treatment for pancreatic cancer.
- + Prayers for **Cathy**, a friend of **Pastor Judith**, in treatment for pancreatic cancer.

- + Prayers for **Theresa Dike**, a colleague of **Clay Guthridge**, who is recovering from a cerebral event. Theresa is walking and regaining some speech.
- + Prayers for those who are managing the needs of both children and aging parents.
- + Prayers for **Marilyn Brookens**, who is in a memory care facility in Iowa. Please send all correspondence to: Marilyn Brookens, c/o Alan Ostergren, 2506 7th Ave. Ct. SW, Altoona, IA 50009.
- + Prayers for love, stamina, and moments of joy for all who are caregivers and for those they care for.
- + Prayers for those in difficult family relationships: for mutual love, compassion, and understanding.
- + **Bill Plitt**, in treatment for multiple myeloma.
- + **Rowan Smith**, three-year-old great-nephew of **Laurie Setzer**, with cancer. Please pray for strength as cancer spots were recently found on his brain, and the doctors have given him 3-6 months to live.
- + **Jason Ferguson**, brother of **Janae Ferguson**, has a recurrence of cancer. Pray for another remission.
- + **Barry Schneider**, **Troy Schneider's** uncle, has ALS.
- + **Jackie Alling**, living at Vitality Assisted Living.
- + **Lani**, **Nene Pisigan's** cousin, and the mom of two young children, has a recurrence of cancer.
- + **Nene Pisigan's** parents in the Philippines are with long-term illness and financial hardship.
- + **Ron Shimabukuro**, friend of **Yvonne McIntire**, is recovering at home.
- + **Brooks Bare**, for strength, comfort, healing, and patience during his incarceration.
- + Prayers for those whose family members have died in ICE custody or during immigration enforcement actions.
- + Prayers for our country, that people who disagree can choose respectful and non-violent means of protest.
- + Immigrants and refugees all over the world are displaced by war, violence, poverty, and natural disasters.
- + Prayers for the innocent victims of war.
- + We pray for a lasting peace in Israel and Palestine and for the day when the people living in Israel and Palestine can live together without hostility, oppression, or fear.
- + **Fakhira Haloun**, a Palestinian Israeli and friend of **Priscilla Hoffman-Stowe**, and for all living through the trauma of the ongoing violence in Gaza and the wider region.
- + **Daoud and Jihan Nassar**, for safety and to retain ownership of their land in the West Bank.
- + For peace in Ukraine and an end to the Russian invasion of Ukrainian regions.
- + Genocide in Sudan and the conflict in the eastern Democratic Republic of Congo.
- + Prayers for wisdom for our leaders as they handle the situations in Venezuela and Cuba, and for the people who live there.

Trinity Presbyterian Church helps sponsor the missionary work of those who serve in the international field. We are currently supporting **Mark Adams** and **Miriam Maldonado** (husband and wife) on the US/Mexico border, and we continue to seek new ecumenical global partners to support as the PCUSA has shifted its model for international engagement.

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