

EMPLOYEE HEALTH & WELLNESS
RESOURCES
Relevant to Crime Labs/Forensic Science Service Providers and
Medical Examiners/Coroners

1. [Amy M. Jeanguenat, Itiel E. Dror. *Human Factors Effecting Forensic Decision Making: Workplace Stress and Well-being*. Journal of Forensic Sciences, Vol. 63, No. 1. 2018.](#)
2. [Thomas J. Holt, Kristie R. Blevins, David R. Foran, Ruth Waddell Smith. *Examination of the Conditions Affecting Forensic Scientists' Workplace Productivity and Occupational Stress*. National Institute of Justice, 2016.](#)
3. [DOJ Office of Victims of Crime "Vicarious Trauma Toolkit" \(published in 2017\)](#)
 - a. [VTT Organizational Readiness Guide \(ORG\) – self-assessment tool for victim services, EMS, fire services, or law enforcement](#)
 - b. [Helping DOJ Office of Victims of Crime "Helping Victims of Mass Violence & Terrorism: Planning, Response, Recovery, and Resources ---Toolkit"](#)
4. [SAFEGUARD Program](#) (National Center for Missing & Exploited Children)
5. [SHIFT Program](#) (*Supporting Heroes in Mental Health Foundational Training*) The Innocent Justice Foundation in partnerships with the Department of Justice's Office of Juvenile Justice and Delinquency Prevention (OJJDP), Internet Crimes Against Children (ICAC) Task Force Commanders
6. [Love 146](#)
 - a. Children's Bureau, Administration for Children & Families, HHS: [Burnout/Secondary Trauma Resources](#)
 - b. [Professional Quality of Life Scale \(PROQOL\), Compassion Satisfaction and Compassion Fatigue, Version 5 \(2009\) – Self Score](#)
 - c. [Professional Quality of Life Scale \(PROQOL\), Compassion Satisfaction and Compassion Fatigue, Version 5 \(2009\)](#)
7. Lois James, Charles Samuels, and Fiona Vincent. [*Evaluating the Effectiveness of Fatigue Management Training to Improve Police Sleep Health and Wellness: A Pilot Study*. 2017](#)
8. [BJA's National Training and Technical Assistance Center \(NTTAC\)](#)
 - a. [Webinar on The NCMEC Safeguard Program: A Model for Developing Your Resiliency Program](#) (September 13, 2017) by Lanae J. Holmes
9. [Valor Officer Safety and Wellness Program \(BJA grant award\)](#)
 - a. [Safeguarding Officer Mental Health Before and After Mass Casualty Incidents](#)
 - b. [Impact of Stress On Police Officers' Physical And Mental Health](#)
10. [Blue Courage](#) (BJA partnership)
11. [DOJ COPS National Officer Safety and Wellness Group](#)
12. [NIJ Officer Safety Health & Wellness Strategic Plan \(2016-2021\).](#)
13. [International Critical Incident Stress Foundation, Inc. \(ICIFS\)](#)

14. [American Red Cross: Disaster Relief and Recovery Services – Recovering Emotionally](#)
15. [H.R.2228 - Law Enforcement Mental Health and Wellness Act of 2017 115th Congress](#) (2017-2018)
16. [CDC, NIOSH Health Hazard Evaluation: “Evaluation of Forensic Crime Lab Employees’ Chemical Exposures, Job Stress, and Work Related Health Concerns.](#) (Aug 2016)
17. [CDC, NIOSH Health Hazard Evaluation: “Evaluation of Potential Employee Exposures at a Medical Examiner’s Office”.](#) (June 2013).
18. [CDC, NIOSH Health Hazard Evaluation: “Evaluation of Potential Employee Exposures During Crime and Death Investigations at a County Coroner’s Office”.](#) (June 2013).
19. [CDC, NIOSH Health Hazard Evaluation: “Evaluation of Law Enforcement Agents’ Potential Exposures during a Raid of a Clandestine “Spice” Lab”.](#) (March 2016)
20. [CDC, NIOSH Health Hazard Evaluation: “Evaluation of Fire Fighters’ Mental Health Symptoms and Exposure to Traumatic Events, Job Stress, and Bloodborne Pathogens”.](#) (Oct 2017)
21. [SWGMDI Publication: Principles for Critical Stress Management in MDI Settings: Critical Event Debriefing and Recommendations for Development](#) (June 2012)
22. [How Ohio's internet investigators cope with the stress of having to view child pornography](#) (Jan 2018)
23. [The Importance of Diversity and Inclusion in the Forensic Sciences](#) (2018)