

Finding Your Calm in the Storm: Recognizing, Preventing, and Healing Secondary Trauma in Professionals Working with Young Children and Families

Friday, September 27, 2019
8:30-4:30
3800 E. Hampden Ave, Englewood, CO 80113



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*The Mariposa Center for Infant,
Child, and Family Enrichment*



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Join us for a day of education and self-care!

Working with young children and families is a unique experience – rewarding, sustaining, and stressful. Professionals who do this work are exceptional in their capacities to empathize, advocate, and often, relate from personal experiences. Sometimes professionals find themselves struggling with profound emotional and physical responses to the families' stressors and crises, while maintaining professional expectations to help, heal, and contain.

This experiential training will cover:

**Understanding trauma & resilience *Assessing professional satisfaction *Burnout *Secondary trauma
*Prevention/self-care *Reflective practice*

Professionals from many disciplines encouraged to attend:

*Early Intervention Providers In-home/Center-based childcare providers Nursing/Medical professionals
Lactation consultants Mental health professionals ECE/ECSE teachers/paraprofessionals OT/PT/SLPs
Social workers/GALs/CASAs Child and family administration Professionals seeking Endorsement in IMH*

COST:

\$50 for those working in Arapahoe & Douglas Counties and City of Aurora/\$100 all others

REGISTER NOW!

Questions: emily@mariposacenterdenver.com OR sarah@mcnameeassociates.com



*We are very thankful to **Developmental Pathways** for their generous sponsorship of this event allowing us to keep registration costs low for attendees that work/provide services in Arapahoe and Douglas Counties, as well as the City of Aurora!*