



The Wake Forest SOS Support Group will provide peer led support for those who are left behind in the wake of a suicide of a loved one.

Suicide grief has many unique features that can be very difficult. By sharing our experiences and listening to the experiences of others going through similar circumstances we can find some healing on this sometimes lonely, painful, and confusing journey.

Where: Wake Forest Christian Church
701 S Main St
Wake Forest NC 27587

The SOS support group is held in the Fellowship Hall, a free-standing building located in the middle of the parking lot in back of the church.

When: On the 3rd Wednesday of the month. 6:30pm-8:00pm.
The support group will not meet when weather conditions are dangerous to driving.

Contact: Janis Matthews
919-594-3405
janismatthews72@yahoo.com

Group: This group is open.

Facilitator: Peer

Cost: None