



Jewish Family Service Programs and Activities- Fall 2016

JFS Life Transitions, beginning Wednesday, September 14th at 4 pm Support group, meeting weekly, for unemployed facing the emotional challenges of finding employment at the *Stamford JFS office, 733 Summer Street, 6th Floor*. Contact Anne Birchenough at [203-921-4161](tel:203-921-4161) or abirchenough@ctjfs.org.

An Evening of Scotch Tasting and Food with JFS, Wednesday, September 21st at 7:30 pm at the home of Sherry and Marc Silver. Join Joshua Hatton, expert on the world's finest and rarest single malt scotch whiskies, for a tasting with a light Kosher supper and ride home, if necessary. The cost per person is \$200. Please RSVP by September 12th to [203-921-4161](tel:203-921-4161) or visit www.ctjfs.org.

"How to Be a Successful Blended Family", Thursday, September 22nd at the *Stamford J, 1035 Newfield Avenue, Stamford* from 7:00 – 9:00 pm. For families who are co-parenting, step-parenting or parenting alone including same sex, interfaith and interracial families. Bob Abrams, Jewish Educator and member of a blended family, will be joined by Eve Moskowitz, LCSW, Director of Clinical Service, JFS and Dr. Lee Combrinck-Graham, JFS Psychiatric Consultant to address the issues that arise. For more information, please contact Eve Moskowitz at [203-921-4161](tel:203-921-4161) or emoskowitz@ctjfs.org.

Let's Talk- Thursdays, 11 :00 am Free at the *Stamford JCC, 1035 Newfield Avenue*. Seniors talk about common interests and concerns, facilitated by a Jewish Family Service counselor. Contact Anne Birchenough at [203-921-4161](tel:203-921-4161) or abirchenough@ctjfs.org.

Let's Talk- Thursdays, 1:00 pm Free at the *Westport Senior Center, 21 Imperial Avenue, Westport*. Seniors talk about common interests and concerns, facilitated by a Jewish Family Service counselor. Contact Anne Birchenough at [203-921-4161](tel:203-921-4161) or abirchenough@ctjfs.org.

SNAP Enrollment Workshops For adults and seniors, JFS will be providing information and eligibility assistance for the Supplemental Nutrition Assistance Program (SNAP-formerly food stamps). **The second Wednesday of every month at 2:30 pm in the Stamford office (733 Summer Street, 6th Floor), SNAP Enrollment Workshops** will be presented monthly. For additional information or to register, please contact Rebekah Kanefsky, JFS Case Manager at [203-921-4161](tel:203-921-4161) or email rkanefsky@ctjfs.org.

SNAP Enrollment Workshops For adults and seniors, JFS will be providing information and eligibility assistance for the Supplemental Nutrition Assistance Program (SNAP-formerly food stamps). **The second Tuesday of every month at 11:00 am in the Westport office (431 Post Road East), SNAP Enrollment**

Workshops will be presented monthly. For additional information or to register, please contact Rebekah Kanefsky, JFS Case Manager at [203-921-4161](tel:203-921-4161) or email rkanefsky@ctjfs.org.

Visit the JFS exhibit at the **5th Annual Stamford Health Wellness & Sports Expo 2016 on Sunday, October 16th** at Chelsea Piers CT in Stamford. Check out all the exhibitors, new technology and activities. The admission and parking is free. Please check www.ctjfs.org for more details.

SAVE THE DATE: 5th Annual Saul Cohen-JFS Lecture Thursday, November 17th at 7:30 PM Open to the community at no charge at the Ferguson Library in Stamford. Call JFS at 203-921-4161 or visit www.ctjfs.org for more information.

Contact:

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