

FOOD *sense*

A MONTHLY FOOD
CO-OP FOR EVERYONE



August 2026 Newsletter

*** PLEASE NOTE:** For order deadlines and pick-up dates, please contact your participating host site.

HOW TO ORDER A PACKAGE:

To pay with SNAP EBT, credit, or debit card:

1. Visit foodsense.foodbankcny.org and select your participating pick-up site.
2. Select the items you would like to purchase.
3. Pay with EBT, credit, or debit card!

To pay with cash or need further assistance:

1. Call (800) 444-1562 or use our Food Finder tool at fbcny.org/findfood to find a Food \$en\$e site near you.
2. Contact your local site coordinator to order and pre-pay with cash.



ORDER ONLINE:

foodsense.foodbankcny.org

A program of:



AUGUST PACKAGE (\$20.50)

Chicken Breast, 1.6 lbs. (Avg)
Marinated Pork, 1 lb.
Ground Beef, 1 lb.
Flounder, 1 lb.
Instant Potatoes, 13.3 oz.
Carrots, 1 lb.
Strawberries, 1 lb.
Elbow Macaroni, 1 lb.
Applesauce, 15 oz.
Corn, 15 oz.
Grape Tomatoes, 1 pint (NYS Grown)
Onions, 2 lbs. (NYS Grown)

SEPTEMBER PACKAGE (\$20.50)

Meatballs, 1 lb.
Chicken Breast, 1.5 lb (Avg)
Fish Sticks, 1 lb.
Italian Sausage, 1 lb.
Pasta Sauce, 24 oz.
Italian Vegetable Blend, 1 lb.
Green Beans, 1 lb.
Spaghetti, 1 lb.
Mandarins, 11 oz.
Pears, 15 oz.
Fresh Produce #1
Fresh Produce #2

SEPTEMBER SPECIALS:

- **Pork Tenderloin, 1.65 lb. (Avg) for \$5.50:** The pork tenderloin are all-natural, contain no artificial ingredients, and are vacuum-sealed to extend shelf life.
- **Smash Burger Patties, 2 lbs. for \$12.50:** The Smash Burger Patties are 8- 4 oz. patties made of 100% beef.
- **Waffle Cut Fries, 4 lbs. for \$5.00:** The waffle cut fries weigh 4 lbs. and are oven or air fryer ready.
- **Chicken Wings, 5 lbs. for \$9.50:** The chicken wings are ready for the air-fryer or grill and are individually quickly frozen.
- **American Cheese Sliced, 5 lbs. for \$12.50:** The sliced American cheese is not individually wrapped.
- **Breaded Shrimp, 3 lbs. for \$14.00:** The shrimp are butterflied, breaded, and 21-25 per pound.



SIGN UP FOR OUR E-NEWSLETTER FOR EXCLUSIVE RECIPES!

To learn more or
find a site near you,
visit fbcny.org/fs or
call (800) 444-1562.

FEATURED RECIPE

FOOD *sense*

Roasted Chicken, Carrots, Onions & Tomatoes

Serves 4

Ingredients:

**Ingredient in Food \$en\$e package*

- 1.6 lbs. chicken breast, cut into chunks*
- 1 lb. sliced carrots*
- 1 large onion, cut into wedges*
- 1 pint grape tomatoes*
- 2 tbsp olive oil
- 1 tsp garlic powder
- 1 tsp Italian seasoning
- Salt and pepper



Directions:

1. Preheat oven to 425°F.
2. Line a baking sheet with foil or parchment paper.
3. Toss chicken, carrots, onions, and tomatoes with olive oil and seasonings.
4. Spread everything in a single layer on the baking sheet.
5. Bake for 25-30 minutes, stirring once halfway through, until the chicken reaches 165°F and the vegetables are tender.
6. Serve as is, or with prepared instant potatoes on the side.



ORDER ONLINE:
foodsense.foodbankcny.org



SHARE FEEDBACK:
fbcny.org/feedback



E-NEWSLETTER SIGN-UP:
fbcny.org/fs-newsletter