

FOOD Sense

A MONTHLY FOOD
CO-OP FOR EVERYONE



December 2025 Newsletter

*** PLEASE NOTE:** For order deadlines and pick-up dates, please contact your participating host site.

HOW TO ORDER A PACKAGE:

To pay with SNAP EBT, credit, or debit card:

1. Visit foodsense.foodbankcny.org and select your participating pick-up site.
2. Select the items you would like to purchase.
3. Pay with EBT, credit, or debit card!

To pay with cash or need further assistance:

1. Call (800) 444-1562 or use our Food Finder tool at fbcny.org/findfood to find a Food \$en\$e site near you.
2. Contact your local site coordinator to order and pre-pay with cash.



ORDER ONLINE:

foodsense.foodbankcny.org

A program of:



DECEMBER PACKAGE (\$20.50)

Chicken Thighs, 1.68 lbs. (avg)
Ground Beef, 1 lb.
Marinated Pork, 1 lb.
Eggs, 1 dozen
Toasted Oats Cereal, 15 oz.
Milk 1%, 32 oz.
Plain Bagels, 14 oz.
Strawberries, 1 lb.
Pancake Mix, 6.75 oz.
Pears, 15 oz.
Onions, 2 lbs.
Potatoes, 3 lbs.

JANUARY PACKAGE (\$20.50)

Italian Sausage, 1 lb.
Chicken Kabob Pieces, 1 lb.
Meatballs, 1 lb.
Fish Sticks, 1 lb.
Cheese Ravioli, 13 oz.
Pasta Sauce, 24 oz.
Spaghetti, 1 lb.
Mixed Vegetables, 1 lb.
Carrots, 1 lb.
Peaches, 15 oz.
Fresh Produce #1
Fresh Produce #2

JANUARY SPECIALS:

- **Pork Tenderloin, 1.65 lb. (avg) for \$5.50:** The pork tenderloin are all-natural, contain no artificial ingredients, and are vacuum-sealed to extend shelf life.
- **American Cheese Sliced, 5 lbs. for \$12.50:** The sliced American cheese is not individually wrapped.
- **Chicken Wings, 5 lbs. for \$9.50:** The chicken wings are ready for the air-fryer or grill and are individually quickly frozen.
- **Hashbrowns, 4 lbs. for \$5.00:** The Hashbrowns are oval shaped and air-fryer or oven ready.
- **Shrimp Scampi, 24 oz. for \$6.50:** The shrimp scampi is a complete meal with shrimp, linguini pasta, and vegetables in a creamy sauce.
- **Stuffed Shells, 48 oz. for \$7.50:** The stuffed shells are frozen and have 18 shells per special.



SIGN UP FOR OUR E-NEWSLETTER FOR EXCLUSIVE RECIPES!

To learn more or find a site near you, visit fbcny.org/fs or call (800) 444-1562.

FEATURED RECIPE

FOOD *Sen\$e*

Breakfast Meat & Potato Scramble

Serves 4

Ingredients:

**Ingredient in Food \$en\$e package*

- 1 lb. chicken thighs, diced*
- ½ lb. ground beef *
- 1 lb. potatoes, diced*
- 1 onion, chopped*
- 4 eggs*
- 2 tbsp vegetable or olive oil
- Salt & pepper



Directions:

1. In a large skillet, heat 1 tbsp oil. Cook chicken and ground beef until browned. Remove and set aside.
2. Add remaining oil, diced potatoes, and onion. Cook until golden and tender about 10-12 min.
3. Add meat back to the pan. Stir well.
4. Beat eggs, season with salt and pepper, and cook in the same pan or separately.
5. Plate the hash and top with scrambled eggs.



ORDER ONLINE:
foodsense.foodbankcny.org



SHARE FEEDBACK:
fbcny.org/feedback



E-NEWSLETTER SIGN-UP:
fbcny.org/fs-newsletter