

FOOD *sense*

A MONTHLY FOOD
CO-OP FOR EVERYONE



November 2025 Newsletter

*** PLEASE NOTE:** For order deadlines and pick-up dates, please contact your participating host site.

HOW TO ORDER A PACKAGE:

To pay with SNAP EBT, credit, or debit card:

1. Visit foodsense.foodbankcny.org and select your participating pick-up site.
2. Select the items you would like to purchase.
3. Pay with EBT, credit, or debit card!

To pay with cash or need further assistance:

1. Call (800) 444-1562 or use our Food Finder tool at fbcny.org/findfood to find a Food \$en\$e site near you.
2. Contact your local site coordinator to order and pre-pay with cash.



ORDER ONLINE:

foodsense.foodbankcny.org

A program of:



NOVEMBER PACKAGE (\$20.50)

Pork Tenderloin, 1.87 lbs. (avg)
Chicken Wings, 1.75 lbs. (avg)
Meatballs, 1 lb.
Flounder Fillets, 1 lb.
Stuffing Mix, 6 oz.
Instant Potatoes, 13.3 oz.
Gravy, 10.5 oz.
Corn, 15 oz.
Sweet Potatoes, 15 oz.
Cranberry Sauce, 11.75 oz.
Mushrooms, 8 oz.
Carrots, 2 lbs.

DECEMBER PACKAGE (\$20.50)

Chicken Thighs, 1.68 lbs. (avg)
Ground Beef, 1 lb.
Marinated Pork, 1 lb.
Eggs, 1 dozen
Milk 1%, 32 oz.
Toasted Oats Cereal, 15 oz.
Plain Bagels, 14 oz.
Pancake Mix, 6.75 oz.
Strawberries, 1 lb.
Pears, 15 oz.
Fresh Produce #1
Fresh Produce #2

DECEMBER SPECIALS:

- **Bone-In Hams, 7.5 lbs. (avg) For \$13.50:** The bone-in ham is fully cooked and averages 7.5 lbs.
- **Mozzarella Sticks, 3 lbs. for \$12.00:** The mozzarella sticks are par-cooked and ready for the oven.
- **Chicken Garlic Meal, 24 oz for \$6.50:** The pasta is in a garlic sauce with broccoli, carrots, corn, and seasoned white meat chicken
- **Pantry Box, 8 items for \$12.00:** The pantry box includes baking mix (40 oz.), macaroni & cheese (7 oz.), Peaches (15 oz.), elbow macaroni (1 lb.), strawberry spread (19 oz.), pasta sauce (24 oz.), au gratin potatoes (4.7 oz.), and peanut butter (16 oz.).
- **Meatloaf Mix, 2 lbs. for \$11.00:** The meatloaf is an equal blend of beef, pork and veal. vacuum-sealed and frozen.
- **Lasagna Roll-ups, 42 oz. for \$6.50:** The cheese lasagna roll-ups are stuffed with ricotta and Romano cheese and are over 2.5 lbs.



**SIGN UP FOR OUR
E-NEWSLETTER
FOR EXCLUSIVE
RECIPES!**

To learn more or find a site near you, visit fbcny.org/fs or call (800) 444-1562.

FEATURED RECIPE

FOOD *Sense*

Pork Tenderloin with Stuffing & Roasted Carrots

Serves 4

Ingredients:

**Ingredient in Food Sense package*

- 1 pork tenderloin*
- 6 oz. stuffing mix*
- 2 c. water or broth (for stuffing)
- 2 tbsp. butter
- 1 lb. carrots, peeled and cut into sticks*
- 2 tbsp. olive oil
- Salt and pepper to taste
- Garlic powder, thyme, or rosemary for extra flavor



Directions:

1. Preheat oven to 400°F.
2. In a saucepan, bring 2 cups of water or broth to a boil.
3. Add 2 tbsp butter and stuffing mix.
4. Stir, cover, and remove from heat. Let sit for 5 minutes, then fluff with a fork.
5. Rub pork tenderloin with salt, pepper, and herbs.
6. Sear in a hot skillet with a little oil for 2–3 minutes per side until browned.
7. Toss carrot sticks with olive oil, salt, and pepper.
8. Spread on a baking sheet, with seared pork at the center.
9. Bake pork and carrots for 20–25 minutes, or until pork reaches 145°F internal temperature.
10. Let pork rest for 5 minutes before slicing and serve with stuffing and carrots.



ORDER ONLINE:
foodsense.foodbankcny.org



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fbcny.org/feedback



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