

Suffolk Care Collaborative's Unified Approach to Expanding Tobacco Cessation Services

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About the Tobacco Cessation Coalition (TCC)

The Suffolk County TCC is a group of tobacco use experts, charged with reducing tobacco use among residents in Suffolk County, NY, including those with behavioral health needs. The Coalition is achieving this by working with providers to implement evidence-based best practices and by connecting the community to resources to help them successfully quit their tobacco use. Within the Delivery System Reform Incentive Payment (DSRIP) program, the TCC is implementing initiatives to address all relevant tobacco goals.

Tobacco Cessation Coalition Initiatives

1. Tobacco Cessation at Primary Care Practices (Project 3bi): Assist in the creation of tobacco cessation protocols (such as the 5 A's of tobacco control) that are integrated in primary care practice electronic health records (EHR).

2. Facilitation of Referrals to NYS Smokers' Quitline (Projects 2biv & 3bi): Encourage practice sites and hospitals to implement a process that facilitates referrals to the NYS Smokers' Quitline.

3. Tobacco Free Campus at Behavioral Health Site Initiative (Projects 3ai & 4aii): Partner with the Office of Mental Health (OMH) and community-based tobacco cessation programs in Suffolk County to assist sites to become tobacco free campuses.

4. Community Engagement & Population-wide Prevention Initiative (Project 4bii): Combine efforts with the Chronic Disease Prevention, and Management project by providing tobacco cessation education materials to both clinicians and the public.

5. Facilitation of Treating Tobacco Dependence Train the Trainer Program in Suffolk County: Collaborate with the "Learn to Be Tobacco Free Program" through the Suffolk County Department of Health to co-facilitate Train the Trainer courses.

Tobacco Cessation Coalition Partners

The Coalition consists of stakeholders from the Center for Tobacco Control, the Tobacco Action Coalition, Suffolk County Department of Health, NYS Smokers' Quitline and other healthcare providers in the community.



Tobacco Free Campus Initiative Methodology

About the Tobacco Free Campus at Behavioral Health Site Initiative

The American Lung Association estimates that secondhand smoke causes approximately 7,330 deaths from lung cancer and 33,950 deaths from heart disease each year.¹ In New York, smoking prevalence is 33.7% among adults with mental health conditions compared to 14.3% among adults who do not have mental health conditions.² It should be noted that nearly 1 in 5 adults in the United States have some type of mental health condition.³ The Tobacco Free Campus at Behavioral Health Site Initiative was expanded to all contracted Behavioral Health Organizations (BHOs). To execute this initiative, the SCC has partnered with Northwell's Center for Tobacco Control and the Tobacco Action Coalition.

Tobacco Free Campus Initiative Goals

- To create a healthier and safer environment for all clients, staff and visitors.
- To protect clients, staff and visitors from the dangers of second hand smoke and tobacco use.
- To ensure tobacco dependence is addressed with all clients.
- To assist in the creation or expansion of existing Tobacco Free Campus Policies.
- To provide technical assistance to Behavioral Health Facilities during their transition to Tobacco Free Campuses.

Initiative Components

- Tobacco Free Campus Toolkit
- Current State Assessment
- Technical Assistance
 - Policy Development & Implementation
 - On Site Staff Education
 - SCC Learning Center Online Education
- Patient Education Materials

Identified Trends

- Most BHOs have existing smoke free and tobacco policies.
- BHOs are updating existing policies to meet current clinical recommendations.
- BHOs are incorporating new language in policies to address current electronic nicotine delivery systems.
- BHOs are offering new trainings and education for staff on motivational interviewing and prescribing pharmacotherapy.



Next Steps

- Reassess and track the progress of Cohort 1 (8 BHOs, 10 individual sites) who are currently implementing the initiative.
- Launch Cohort 2 (8 BHOs, 19 individual sites) in February, 2018.

References

- New York State Behavioral Risk Factor Surveillance System, 2013. Bureau of Chronic Disease Evaluation and Research, New York State Department of Health. <https://www.health.ny.gov/statistics/brfss/>
- "New CDC Vital Signs: Smoking among those with Mental Illness." Centers for Disease Control and Prevention. CDC, 06 Jan. 2014. Web. 31 May 2016. <https://www.cdc.gov/tobacco/disparities/mental-illness-substance-use/index.htm>
- U.S. Department of Health and Human Services. The Health Consequences of Smoking-50 Years of Progress: A Report of the Surgeon General. 2014. <https://www.surgeongeneral.gov/library/reports/50-years-of-progress/index.html>

Contact Information

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Site Dashboard

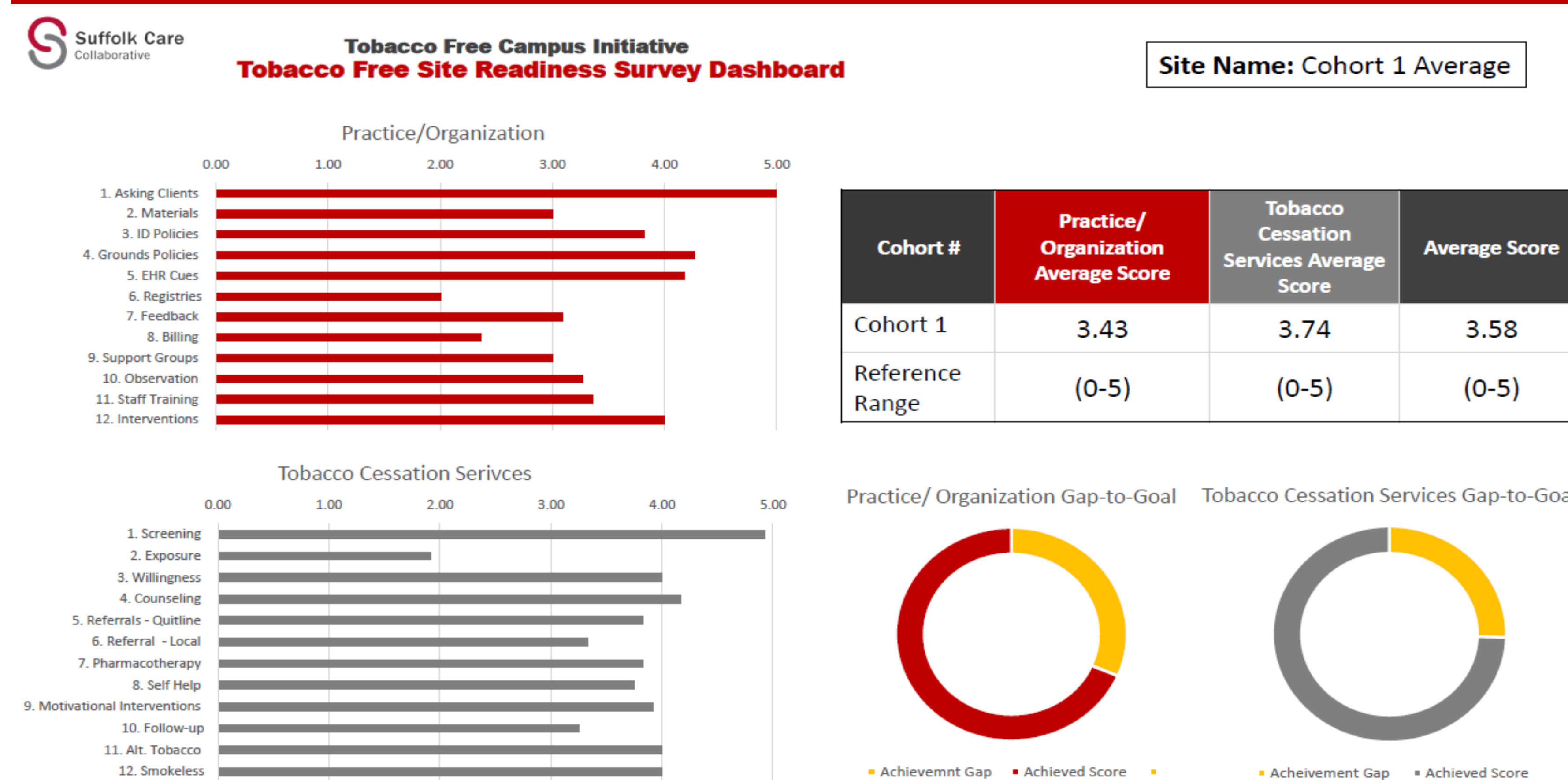


Figure 1. Site Dashboard. Facility champions from each of the behavioral health sites completed a Site Readiness Survey. Dashboards are used to inform and create action plans to accomplish goals.