

# South Country Library

*presents*



## ALZHEIMER'S CAREGIVER SUPPORT GROUP

This **free** support group links caregivers, family and friends of individuals with Alzheimer's disease and other dementias with other caregivers to provide information and support. Support groups offer a safe haven for caregivers to share their feelings, talk through issues, develop coping strategies, and learn about community resources.

**2<sup>nd</sup> Monday of the Month**  
**1:00pm – 2:30pm**  
**South Country Library**  
22 Station Road  
Bellport, NY 11713  
(631) 286-0818

*For more information or to register, please call:*  
*(516) 586-1507 or [WHHH@parkerinstitute.org](mailto:WHHH@parkerinstitute.org)*

*Sponsored by:*



\*This initiative is supported, (in part), by a grant from the New York State Department of Health.