



# Caregiver Support Group

in partnership with the  
Patchogue YMCA



**Presented by:**  
**Alzheimer's Association**  
**Long Island Chapter**

Second Thursday of EACH month  
6:30pm - 7:30pm  
Patchogue YMCA  
255 West Main Street  
Patchogue, NY 11772

To register, call our 24/7 Helpline at 800.272.3900.  
Visit [www.alz.org/longisland](http://www.alz.org/longisland) to learn more about  
caregiver programs and resources including  
ALZConnected®, our online community.

*This program is supported in part by a grant from the New York State Department of Health.*

**Build a support system with  
people who understand.**

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.