



December 18, 2018  
8:30am – 4:30pm



# Treating Tobacco Dependence

*Suffolk County Department of Health Services  
"Learn To Be... Tobacco Free" Program in cooperation with  
NYS OASAS and the Suffolk Care Collaborative (SCC)*

Attendance at this one day training will enable participants to:

- Describe the three aspects of nicotine dependence
- Provide appropriate motivational counseling
- Assist clients/consumers to make a quit plan
- Learn behavior change strategies
- Discuss the 7 FDA approved medications to treat nicotine dependence
- Integrate relapse prevention into treatment plan
- Provide cessation programs on site

Light breakfast and lunch to be provided by SCC



**Location:**  
Suffolk Care Collaborative  
1393 Veterans Memorial Highway  
Hauppauge, NY 11788

**Faculty:**  
 Laura Giardino, MS, CNP  
 Linda Zajicek, MS, CNP  
 Debora Rippel, MA  
 Kathleen Flynn-Bisson, MA, CHES

6.75 CASAC Credits

**Registration Deadline:** December 7, 2018

**FAX:** 631-853-2958 **PHONE:** 631-853-4017  
Confirmation Letter with Directions Will Be Sent

Email: [Wanda.Ortiz@suffolkcountyny.gov](mailto:Wanda.Ortiz@suffolkcountyny.gov) OR  
Remit to: Wanda Ortiz SCDHS, Office of Health Education,  
P.O. Box 6100, Bldg. C016, William J. Lindsay County  
Complex, Hauppauge, NY 11788

**PLEASE PRINT**

Name:		Phone:	
Address:		Email:	
Agency:		Position:	