



**400 West Main Street, Suite 300
Riverhead, New York 11901
631-369-0104 or www.fsl-li.org**

Family Recovery Center

FSL's Family Recovery Center (FRC) offers confidential substance abuse disorder treatment to adolescents and adults seeking services voluntarily and by mandate. Treatment is also provided to family and significant others whose lives have been affected by addiction.

FRC Walk-In Hours: Tuesday 2pm - 3pm and Wednesday 3:30pm - 4:30pm

Alison LaMonica, LCSW-R, Program Director
631-772-3215 or alamonica@fsl-li.org

Mental Health Clinic

FSL is one of the foremost providers of mental health services on Long Island. Our broad spectrum of programs, designed for children, teens, and adults, treat all aspects of psychiatric illness and emotional distress. Treatments include supportive services, advocacy, referral, entitlement assistance, and community sponsored self-help programs. The goal is to reduce mental health symptoms, strengthen and build self-sufficiency, and improve quality of life.

Sharnisha Wheeler, LCSW-R, Program Director
631-998-0001 or swheeler@fsl-li.org

C.A.I.R. - Community Advocacy Information and Referral

C.A.I.R. provides free walk-in or phone-in help for individuals and families experiencing a wide variety of needs, such as temporary emergencies involving insufficient food, utility shutoffs, potential loss of housing or other essential resources. CAIR staff offers community advocacy, supportive counseling, and linkage to other FSL programs, as well as government and community agencies.

C.A.I.R. Walk-in Hours: Monday 2pm - 5pm and Tuesday, Wednesday, Friday 9am - Noon

Veronica Fioriglio, Case Manager-CAIR
631-591-7577 or Veronica.Fioriglio@fsl-li.org

Family Service League, founded in 1926, is a Long Island non-profit human service organization providing a safety net for people in need. Touching the lives of 50,000 people annually, addressing some of the most prevalent and pressing human needs challenges facing our communities, FSL delivers tangible help and crisis intervention across a spectrum of service areas including mental illness, drug and alcohol abuse, homelessness, early education, job training, computer literacy, trauma counseling, at-risk youth, family counseling and senior support services. In all, FSL offers over 60 programs at 22 locations throughout Long Island.

