



HANDS ACROSS LONG ISLAND

BECAUSE NO ONE GETS THROUGH LIFE ALONE

HANDS ACROSS LONG ISLAND (HALI) was formed in 1988 as a grassroots, multi-service, organization managed and operated by, and for, psychiatric survivors. Today, we are the largest and most successful peer-run, multi-service mental health organization in NY State, helping over 3,500 people each year. We serve those 18 years of age or older.

Mission Statement

HALI is a peer community providing the opportunity for recovery from mental illness through collaborative creative efforts.

Values Statement

Hands Across Long Island, Inc. strongly believes in the capacity of people to excel. People are the bedrock of the organization, and with vision and passion, we invest in human potential - in ourselves, in community leaders, and in individuals and communities dedicated to transforming themselves. We value the efforts of people to shape their own path of self-determination, and we help them create their own opportunities where barriers often exist.

Community Wellness and Recovery Center (CWRC)

The CWRC seeks to assist all Suffolk County residents to develop, maintain and improve their health and wellness. We offer classes, presentations, activities and special events that promote health and personal wellness at our Central Islip location. Extending beyond HALI's agency walls, we help individuals connect with wellness opportunities in the community. The CWRC focuses on providing services that address the Eight Dimensions of Wellness: Physical, Emotional, Social, Occupational, Intellectual, Financial, Spiritual and Vocational. Each month we offer a series of special events and workshops, which are free and open to all. Topics include: yoga, mental health, physical health issues, creative arts, poetry, computer lab, ESL, and many more. Meals are provided. All our services are geared to accommodate the ever-changing needs of our community. Free space is available for community meetings, workshops, and groups etc. For transportation, information please call 631.234.1925x378.

HALI Mobile Shower Unit

The unit enables homeless individuals to access a hot shower and free clean clothing and food as available within the townships of Babylon, Islip, Huntington, Riverhead and Brookhaven. Advocacy Services are available to link adults residing in Suffolk County with resources and services including benefits and entitlements, legal services and referrals to social services. The goal is to help individuals make a successful transition into the community and linkages.

HALI Café Soup Kitchen

Soup served on Fridays from 11:00am-12:30pm – computer access with FREE Wi-Fi, movies, food, hot showers, coffee and snacks throughout the day.

Housing

Currently HALI provides Supported Housing to over 150 individuals in Nassau & Suffolk Counties. In addition to providing a rental subsidy, HALI case managers provide regular visits with the tenants to assist them with a multitude of activities from daily living skills, to employment. The housing is available through Single Point of Access (SPA) referrals for individuals with mental illness who are able to live independently while maintaining their recovery activities.

Advocacy

With the provision of both inpatient and outpatient advocacy, this program complements traditional mental health treatment programs for individuals with serious and persistent mental illness. It is intended to promote consumers' rights and access to mental health, health, social services, residential and other support service programs. Peer Advocates help individuals in obtaining entitlements. Assistance in completing forms for other services, i.e. housing applications, is also offered. Completing an Advanced Directive to specify your preferred treatment in the event of hospitalization is another service Advocates provide.

Self-Help

HALI's self-help, mutual support groups offer emotional support and practical help with an experience, challenge or concern that is common to all members. Currently HALI facilitates several self-help groups at HALI, and inpatient settings.

Food Farmacy

The Food Farmacy is a NEW pilot program developed to help individuals struggling with co-occurring health issues who can benefit from comprehensive physical and dietetic evaluations; plus, network support from all his/her providers. Services include complete physical evaluation his/her primary care physician; individualized nutritional prescription by a licensed Dietician; weekly monitoring of vital signs; ongoing health monitoring and health education by a nurse team; plus, weekly cooking skills development training and daily support by a social work team. **NOTE: Individuals will need to meet a certain criterion before enrolling into this program.

CALL FOR MORE INFORMATION: phone: 631.234.1925, fax: 631.234.7258

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