

Walk For Your Heart Health

Lecture Series:

“Walk For Your Heart Health”

Dates:

July 20 & 27, 2017

Time:

10:00am-12:00pm

Place:

Patchogue Family YMCA

255 West Main Street
Patchogue, NY 11772

Presented By: The Patchogue Family YMCA



Join us at the Patchogue YMCA where you can walk the indoor track with us from 10am-12pm.

Free blood pressure screenings and educational handouts will be provided.

We look forward to **walking** with you!

Event is open to all members of the community
and is **FREE** of charge.

Registration Information:

Call 654-7240 or email DKnapp-SanGiovanni@bmhmc.org

