



Family Service League Caregiver Support Groups

Family Service League offers support groups designed to help people caring for a frail or elderly relative to cope with the inherent stress of their situation. Attendees will learn new coping skills for stress, gain a better understanding of their role and options, and receive help securing any assistance that may be available.

ALL SERVICES ARE FREE OF CHARGE

Funding provided by the Suffolk County Office for Aging and the US Department of Health & Human Services through the NYS Office for Aging

Caregiver Support Group Locations - Call to Register

Riverhead Family Center
208 Roanoke Avenue
Riverhead
First Wednesday monthly at 5pm
631-369-0104

San Simeon
61700 Route 48
Greenport
Wednesdays at 3:15-4:15pm
631-591-9310

East Hampton Clinic
316 Accabonac Road
East Hampton
Every other Friday at 1:30 pm
631-324-3344

Middle Country Library
575 Middle Country Road
Selden
631-591-9309
2nd Friday of each month at 11am

John Jermaine Library
201 Main Street
Sag Harbor
Fridays at 1pm
631-324-3344

Bristol Assisted Living East Northport
760 Larkfield Road
East Northport, NY 11731
2nd Tuesday of each month at 6 – 7:30pm
631-724-6300

Commack Community Center
74 Hauppauge Road
Commack, NY 11725
1st and 3rd Thursday at 11:30am – 1pm
631-724-6300

Brentwood Public Library
34 2nd Avenue
Brentwood, NY 11717
531-724-6300
3rd Thursday of each month at 7 – 8pm