

## Follow-up after Hospitalization for Mental Illness (7 days & 30 days)

Measure Type: HEDIS (claims) / Age Cohort: 6 years and older



### Measure Definition

An outpatient visit, intensive outpatient visit or partial hospitalization with a **mental health practitioner\***. First measure is within 7 days after discharge\*\* the second measure is within 30 days after discharge. **A visit within 7 days fulfills both measures.** Include outpatient visits, intensive outpatient visits or partial hospitalizations that occur on the date of discharge.

\*Mental health practitioner: [Reference List](#)

\*\*An acute inpatient discharge with a principal diagnosis of mental illness (F20.0 – F39, F42 – F43.9, F44.89, F53, F60.0 – F63.9, F68.10 – F68.8, F84.0 – F84.9, F90.0 – F94.9)

### Documentation Required

- Follow-up visit within 7 days
- **Note: A visit within 7 days fulfills both measures.** If visit occurs within 8 - 30 days of discharge this fulfills only the 30 day measure.

Applicable Follow-up Visit CPT/HCPCS Codes: 90791, 90792, 90832 – 90845, 90847 – 90853, 90867 – 90876, 98960 – 98962, 99078, 99201 – 99220, 99241 – 99245, 99341 – 99350, 99383 – 99387, 99393 – 99404, 99411, 99412, 99495 (this code only for 30-day indicator) 99496, 99510, G0155, G0176, G0177, G0409 – G0411, G0463, H0002, H0004, H0031, H0034 – H0037, H0039, H0040, H2000, H2001, H2010 – H2020, M0064, S0201, S9480, S9484, S9485, T1015

### Role of Care Management

- Verify recent mental health admission and discharge with patient
- Ensure follow-up visit within 7 days of inpatient mental health admission with mental health practitioner
- Provide support for recovery process
- Identify & Address barriers to adherence

### Role of PCP Practice

- Ensure patient has scheduled visit with mental health provider within 7 days of discharge

## Measure References



### Measure: Follow-up after Hospitalization for Mental Illness (7 days & 30 days) [Back to Measure](#)

#### Mental Health Practitioner:

- An MD or DO who is certified as a psychiatrist or child psychiatrist by the American Medical Specialties Board of Psychiatry and Neurology or by the American Osteopathic Board of Neurology and Psychiatry; or, if not certified, who successfully completed an accredited program of graduate medical or osteopathic education in psychiatry or child psychiatry and is licensed to practice patient care psychiatry or child psychiatry, if required by the state of practice.
- An individual who is licensed as a psychologist in his/her state of practice, if required by the state of practice.
- An individual who is certified in clinical social work by the American Board of Examiners; who is listed on the National Association of Social Worker's Clinical Register; or who has a master's degree in social work and is licensed or certified to practice as a social worker, if required by the state of practice.
- A registered nurse (RN) who is certified by the American Nurses Credentialing Center (a subsidiary of the American Nurses Association) as a psychiatric nurse or mental health clinical nurse specialist, or who has a master's degree in nursing with a specialization in psychiatric/mental health and two years of supervised clinical experience and is licensed to practice as a psychiatric or mental health nurse, if required by the state of practice.
- An individual (normally with a master's or a doctoral degree in marital and family therapy and at least two years of supervised clinical experience) who is practicing as a marital and family therapist and is licensed or a certified counselor by the state of practice, or if licensure or certification is not required by the state of practice, who is eligible for clinical membership in the American Association for Marriage and Family Therapy.