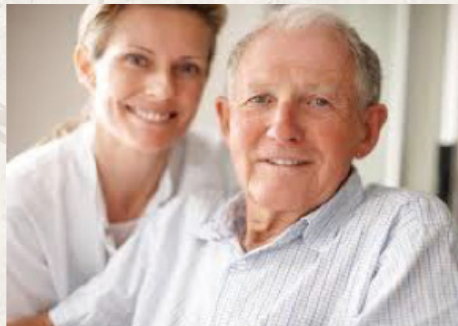


FREE 6-week Diabetes Education workshop series

Better Choices Better Health

Feel **BETTER**, be in **CONTROL**, do the things **YOU** want to do.



Do you have Diabetes? Are you unsure about how to best handle this ongoing health condition?

JOIN US! Discover new, practical ways to live better & healthier. Learn the tools to manage and take control of your health.

Workshop Dates: Tuesdays -- 10:00am to 12:30pm
2018 - June 19, 26, July 3, 10, 17, 24

Location: Commack Public Library,
18 Hauppauge Rd, Commack NY 11725

REGISTER NOW, classes are filling quickly!
FREE to ATTEND once registration is confirmed.

Call Jane Juran at Cornell Cooperative Extension of Suffolk County 631-727-7850 ext. 340
Please leave a message and someone will get back to you to confirm registration.

To locate more Diabetes Education Classes refer to our website:
<http://ccesuffolk.org/family-health-and-wellness/diabetes>

***If you are insured by Medicaid ask us how to receive a gift card!**

Please contact the Cornell Cooperative Extension of Suffolk County office if you have any special needs.



Cornell Cooperative Extension | Suffolk County

Family Health and Wellness Program

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.

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