



**JUNE 22, 2018**  
**8:30am – 4:30pm**



# Treating Tobacco Dependence

*Suffolk County Department of Health Services*  
**"Learn To Be... Tobacco Free"** Program in cooperation with  
*NYS OASAS and the Suffolk Care Collaborative (SCC)*

Attendance at this one day training will enable participants to:

- Describe the three aspects of nicotine dependence
- Provide appropriate motivational counseling
- Assist clients/consumers to make a quit plan
- Learn behavior change strategies
- Discuss the 7 FDA approved medications to treat nicotine dependence
- Integrate relapse prevention into treatment plan
- Provide cessation programs on site

**Light breakfast and lunch to be provided by SCC**

**Faculty:**

Laura Giardino, MS, CNP  
Linda Zajicek, MS, CNP  
Deborá RippeL, MA  
Kathleen Flynn-Bisson, MA, CHES

**6.75 CASAC Credits**



**Location:**  
**Suffolk Care Collaborative**  
**1393 Veterans Memorial Highway**  
**Hauppauge, NY 11788**

**Registration Deadline: June 15, 2018**

**FAX: 631-853-2958    PHONE: 631-853-4017**  
Confirmation Letter with Directions Will Be Sent

Email: [Wanda.Ortiz@suffolkcountyny.gov](mailto:Wanda.Ortiz@suffolkcountyny.gov) OR  
Remit to: Wanda Ortiz SCDHS, Office of Health Education,  
P.O. Box 6100, Bldg. C016, William J. Lindsay County  
Complex, Hauppauge, NY 11788

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Name:	Phone:
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Agency:	Position: