

Brought to you by the LEARN TO BE... TOBACCO FREE Program
Pre-registration is required. Please call the numbers listed below.
Registration remains open for each class until the second session.

MONDAY

Sachem Public Library

150 Holbrook Road, Holbrook

Dates: October 28 November 4, 18, 25 December 2, 9

Reunion: December 30, 2019

Time: 6:00 – 7:00 PM

Contact: Debora 631-853-2928

Good Samaritan Hospital

Radiation Oncology Infusion Center

1000 Montauk Highway, West Islip

Dates: December 2, 9, 16, 23, 30 January 6

Reunion: January 27, 2020

Time: 6:00 – 7:00 PM

Contact: Linda 631-853-3187

THURSDAY

Brentwood Public Library

34 Second Avenue, Brentwood

Dates: October 31 November 7, 14, 21 December 5, 12

Reunion: January 2, 2020

Time: 6:00 – 7:00 PM

Contact: Linda 631-853-3187

St. Charles Hospital

200 Belle Terre Road, Port Jefferson

Dates: November 7, 14, 21 December 5, 12, 19

Reunion: January 9, 2020

Time: 6:00 – 7:00 PM

Contact: Debora 631-853-2928

Support Group

In order to attend the support group, you must have attended and completed a full program (6 weeks) of smoking cessation classes. Both support groups begin at 5:30 PM

1st Wednesday of every month

Health Department

725 Veteran's Memorial Highway

William Lindsay Complex, Bldg. C016

Hauppauge, NY 11788

New York State Quitline: 1-866-697-8487

3rd Wednesday of every month

Riverhead Library

330 Court St.

Riverhead, NY 11901