



# Janson Family ShopRite of Patchogue Dietitian's Calendar June 2017

Sara Turnasella, RDN

CELEBRATE  
June Dairy  
Month



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 	29  MEMORIAL DAY	30  Healthy Seafood Demo 2 - 4 PM	31 Sara is out of the office and in the community planning events. To partner on events, send her an e-mail!	1 Cooking Class for Adults sign-up required 6:30 PM	2 <i>Did you know?</i> Cows have no upper teeth! 	3 KidsFit sign-up required 11 AM
4 	5 By Appt. Only 10 - 12 PM & 2 - 4 PM Walking Club 5 PM	6 Grass Fed Beef Demo 1 - 3 PM By Appt. Only 5 - 7 PM	7 Head Start Nutrition Talk 10 - 12 PM By Appt. Only 2 - 4 PM	8 By Appt. Only 1 - 3 PM Simple Produce Demo 5 - 7 PM	9 By Appt. Only 9 - 10 AM LIU Post Preceptor Meeting 12 - 3 PM	10 
11 <i>Did you know?</i> The average American consumes about 33lbs of cheese per year!	12 By Appt. Only 10 - 12 PM & 2 - 4 PM Walking Club 5 PM	13 Calcium Challenge! Fun games, samples, & more! 1 - 4 PM	14 	15 Eagle Elem. Taste Club! (private event) 2:30 - 4:30	16 Canaan Elem. Taste Club! (private event) 2:30 - 4:30	17 Kids Baking sign-up required 11 AM
18 HAPPY FATHER'S DAY!	19 By Appt. Only 10 - 12 PM & 2 - 4 PM Walking Club 5 PM	20 By Appt. Only 1 - 3 PM & 4 - 7 PM	21 YMCA Fresh Herbs Cooking Demo 1 PM	22 Cooking Class for Adults sign-up required 6:30 PM	23 By Appt. Only 9 - 12 PM Plant Milk Demo 2 - 4 PM	24 
25 	26 By Appt. Only 10 - 12 PM & 2 - 4 PM Walking Club 5 PM	27 By Appt. Only 1 - 3 PM Fun with Frozen Foods! Demo 5 - 7 PM	28 Check out new products on the Dietitian's Gondola, located in front of pharmacy!	29 Cooking Class for Adults sign-up required 6:30 PM	30 	1 8 - 5 KidsFit sign-up required 11 AM

All hours, dates/times of appointments, and events are subject to change without notice.

For any questions, details about events, or to schedule an appointment, please call

(631) 286-5000 ext. 3001 or e-mail: [Sara.Turnasella@wakefern.com](mailto:Sara.Turnasella@wakefern.com)

Color Code:

Store Demo/Tasting

School Event (out of office)

Community Event (out of office)

Store Kid Event

Store Cooking Class

Walking Club (out of office)

Store Lecture

Store Table Event