

Do you know of a promising lifestyle intervention that aims to manage high blood pressure?



Please tell us about this program!

The Centers for Disease Control and Prevention's (CDC) Division for Heart Disease and Stroke Prevention (DHDSPP) contracted with TTI Health Research and Economics (TTi) to identify and evaluate evidence based-lifestyle interventions for controlling high blood pressure and preventing cardiovascular disease.

We are seeking nominations for interested programs that meet the following **eligibility criteria**:

- 1) Are field-based lifestyle interventions for hypertension management or cardiovascular disease prevention
- 2) Have been fully implemented for at least 8 to 12 months and collecting outcome data for at least 6 months
- 3) Have ongoing monitoring of program implementation
- 4) Have been collecting, monitoring and measuring blood pressure and other biometric measures and outcomes for at least 6 months
- 5) Are located within the United States of America

If selected, the nominated programs will:

- ✦ Be invited to participate in a one-hour telephone interview to assess program implementation, data collection, and outcomes;
- ✦ Be eligible for selection to participate in a rapid evaluation, consisting of a two-day site visit and follow-up, to take place in the spring/summer of 2019;
- ✦ If selected for a site visit, receive a final evaluation report on their program's effectiveness.

Submission deadline: November 9, 2018

INSTRUCTIONS FOR NOMINATIONS

If your organization meets the eligibility criteria listed above and you are interested in nominating your program, or a partner program, please follow these steps:

- 1) Draft a brief memo or letter that can be sent via email regarding your organization's interest.

The nomination memo/letter should describe:

- ✦ Your program's core components and characteristics
- ✦ The geographic location covered and population served
- ✦ Intended short-term and long-term outcomes of the program
- ✦ How blood pressure and other outcome data are measured, recorded and stored for this program
- ✦ How accessible the data will be for use in this project
- ✦ How long the blood pressure data has been collected for this program
- ✦ How long the program itself has been fully implemented
- ✦ Any previous evaluations conducted for this program

- 2) Submit nominations or any additional questions to:

Ashlea Zimmerman, MPH
TTi – Project Manager

azimmerman@tti-research.com
Fax: 888-391-5380

Frequently Asked Questions:

Q: How do I nominate a program?

A: To nominate a program for review, please submit the information described in the "Instructions for Nominations" section to Ashlea Zimmerman at azimmerman@tti-research.com, or fax to 888-391-5380, by November 9, 2018.

Q: Can I nominate my own program?

A: Yes! Provide us with the information described below and email or fax it to Ashlea Zimmerman (see above).

Q: When will programs know if they have been selected?

A: All nominated programs will receive notice of whether they are selected to participate in a one-hour phone interview by November 26, 2018. From there, some programs will be invited to undergo further evaluation in the spring/summer of 2019.

