



COMMUNITY HEALTH WORKERS AND CHRONIC CONDITIONS TRAINING PROGRAM

The **Community Health Workers and Chronic Conditions Training Program** includes five modules on the importance of self-management, reviews strategies for supporting clients in chronic disease self-management efforts, and provides an overview of specific chronic conditions including high blood pressure/prehypertension and hypertension, prediabetes, diabetes and asthma. After each topic-specific module, a live webinar with a subject matter expert is scheduled to provide additional chronic disease education, share strategies for supporting care coordination, and answer topic-related questions.

To access the modules:

1. Visit <https://chwtraining.mcdph.org/> and click on the “Register now” box on the home page.
2. Complete the required registration form and click “Register now” to create a training account. (**Note:** This program is **FREE** for NY residents. The \$80 Individual Registration Fee will be adjusted to \$0 during the registration process for individuals in NY.) Click “Finish.”
3. After registering, you will receive an email from “MCD Public Health” that contains your username and password login information. A brief “Welcome” module is available to introduce you to the training. Certificate of Completions are available upon completing the full program.

Module Topic: Please complete module PRIOR to Live Webinar	Module Topic Live Webinar:	Module Description:
1) Chronic Conditions Overview	September 13 th 1p-2:30p	Covers barriers and cultural differences and improving communication with members of community and health care teams.
2) High Blood Pressure Prehypertension Hypertension	September 13 th 1p-2:30p	Covers the facts about blood pressure, accurate blood pressure measurement, and the importance of managing high blood pressure including medications and client blood pressure self-monitoring.
3) Prediabetes	October 11 th 1p-2:30p	Covers the early signs and risks of developing diabetes, lifestyle changes that can lower risk, and how to support and encourage clients to participate in diabetes prevention programs.
4) Diabetes	November 8 th 1p-2:30p	Covers type two diabetes, daily management including checking glucose levels and how to support self-management and referring patients to self-management programs.
5) Asthma	December 6 th 1p-2:30p	Covers asthma facts, causes, diagnosis, monitoring asthma control, and asthma management including medications, environmental triggers, asthma action planning and supporting children in school.
6) Arthritis & Chronic Disease Self-Management Program*	January 31 st 2018 (*Live Webinar ONLY) 1p-2:30p	Covers the impact of arthritis on adults age 18 and over and the benefits that chronic disease self-management programs (CDSMP) can have in improving arthritis symptoms and quality of life. Information on how organizations can support CDSMP delivery and patient engagement.

For questions regarding the above trainings, please contact Jan Kaelin-Kee at janice.kaelin-kee@health.ny.gov.