



# PEER LEADER TRAINING FOR CHRONIC DISEASE AND DIABETES SELF MANAGEMENT PROGRAMS

## WANTED: Volunteer Peer Leaders

Join us to be certified as a workshop leader for an evidence-based program designed to help others with chronic disorders and diabetes, manage their own health, stay active, and take charge!

### Do these qualities describe you?

- Enjoys helping people
- Wants to make a difference
- Open-minded
- Non-judgmental & respects different opinions
- Comfortable speaking in front of small groups

### Why not become a Peer Leader?

- You will enhance your health and health of community.
- No previous teaching or healthcare experience needed.
- You **MUST** attend all four days to become certified in Chronic Disease and an additional day for the Diabetes.
- There is **NO FEE!** You will receive all materials needed.
- After completing training you will be able to co-lead the six week workshop in your community.

Don't miss a chance to be a part of this life changing Program!



## Chronic Disease Training

**4 Days**

**September 26 & 27**

**October 3 & 4, 2018**

## Diabetes Cross Training

**October 10, 2018**

**Time:**

**9:00am to 4:30pm**

**Location**

**Amityville HRH  
Center**

**1080 Sunrise Hwy**

**Amityville, NY  
11701**

**\*REGISTRATION REQUIRED**

**CONTACT**

**JANET DEMARZO**

Program Coordinator

631-979-9235 ext. 16

[betterchoices@rsvpsuffolk.org](mailto:betterchoices@rsvpsuffolk.org)