





## **VETERANS HEALTH ALLIANCE OF LONG ISLAND MENTAL HEALTH ASSOCIATION OF NASSAU COUNTY**



## **YOU SERVED YOU EARNED SERVICES FOR LONG ISLAND VETERANS AND THEIR FAMILIES**

FOR MORE Information about the Veterans Health Alliance of Long Island please feel free to contact us at any time! [516-489-2322](tel:5164892322) - Jeffrey McQueen EXT. 1202 [Jmcqueen@mhanc.org](mailto:Jmcqueen@mhanc.org)  
Brent Russell EXT .1312 [Brussell@mhanc.org](mailto:Brussell@mhanc.org) or Rhea Spina ext. 1260 [Rspina@mhanc.org](mailto:Rspina@mhanc.org)

[www.veteranshealthalliance.org](http://www.veteranshealthalliance.org)



## **VETERANS HEALTH ALLIANCE OF LONG ISLAND**

### **RESOURCE GUIDE: (REV. 11/2016)**

***“You Served You Earned”***

The Veterans Health Alliance of Long Island is comprised of representatives from state and county government, the VA medical center, veterans' organizations, mental health and substance abuse providers, universities, and individual veterans, who all have a personal interest in supporting Long Island veterans.

The mission of the Veterans Health Alliance of Long Island is to build a friendly veteran community by  
***“Promoting the health and well-being of Long Island veterans and their families through advocacy and a broad array of services.”***

This guide outlines the range of services provided by the Veterans Health Alliance of Long Island, pertinent information about your local VA hospital, County Veterans Service Agency and VET Centers as well as other resources that range from alternative healing to employment, education, food and housing.

Resources have been arranged in alphabetical order and \*specify the services provided. Some of the services included in this guide are free of charge. Others may be covered by private insurance, TRICARE, government benefits, or other forms of payment.

---

### **SERVICES PROVIDED BY THE VETERANS HEALTH ALLIANCE OF LONG ISLAND**

*Please call for more information*

Jeffrey McQueen  
Director of Veteran Services, VHALL, PFC Dwyer Peer Support Project – Nassau /Vet2Vet  
(516) 489-2322 ext. 1202  
[JMcQueen@mhanc.org](mailto:JMcQueen@mhanc.org)

Rhea Spina  
Project Coordinator, Veterans Health Alliance of Long Island  
(516) 489-2322 ext. 1260  
[Rspina@mhanc.org](mailto:Rspina@mhanc.org)

Brent Russell  
Program Coordinator, PFC Dwyer Peer Support Project -Nassau/Vet2Vet  
(516) 489-2322 ext. 1312  
[Brussell@mhanc.org](mailto:Brussell@mhanc.org)

## **Peer support**

Both individual and group peer support is offered to veterans and their family members. Weekly peer support groups are offered to veterans and community events are hosted for the families by fellow military family members. Peer support can also be provided 1:1 or via the telephone, with all information being completely confidential.

## **Alliance Meetings**

Alliance members gather at bimonthly meetings to discuss current events related to veterans' issues and to network with other veterans groups on Long Island. Guest speakers lecture on topics such as substance abuse, traumatic brain injury, the concerns of older veterans, up and coming therapeutic techniques etc.

## **Training Opportunities**

Staff of the Veterans Health Alliance is available to train community organizations and providers as needed on such veteran related topics as: **Understanding the Psychological Impact of War-Zone Exposure and Coming Home, Addressing Moral Injury to Reduce Military Suicide, Military Culture, Mental health First Aid, Holistic/Wellness, The Importance of Identifying Military Children in Our System and Tools for Helping, Understanding the Military Impact on our Families, Using the NYSCRI Military Assessment and Military Assessment for Significant Others Training.** To arrange a training please call New York State Office of Mental Health, Long Island Field Office Veteran Liaison Erin Rostron at 631-767-2508.

## **Conferences**

Annual March Veterans Mental Health Conference held at Adelphi, packed with Keynote Speakers, educational workshops.

Aging Veterans Conference – designed to highlight the needs of aging veterans and their families.

## **Events**

In addition to the various training opportunities offered at the alliance, VHALI continuously works to coordinate alternative activities that we believe support overall well-being (Reckless with Red, Weekend Wellness Retreats, Fishing Trips, Holiday Parties, Participation in local town marathons and events, Collaborative Relationships with the Boy Scouts, and much more).

## **Awareness**

### **“BE ONE IN A MILLION” Campaign**

In an attempt to spread awareness, foster a knowledgeable and compassionate community of support, and elicit forward progress and change, VHALI is setting out to spread the word concerning the challenges and needs our LI veterans face. We do this with hopes of raising funds to further support our mission of service.

Long Island dollars for Long Island Veterans.

\$1 to Join the Movement, Be One In A Million, Scan to join!



# **VA MEDICAL CENTER (NORTHPORT)**

The VA in Northport offers a wide range of services, including health care assessments and treatment, emergency inpatient and outpatient care, medication and supplies, mental health, substance abuse, dental, rehabilitation, employment, aging, military sexual trauma and women's services. Veterans from every generation are encouraged to register with the VA in order to receive these services. Below is some important information about your local VA medical Center.

**VA Medical Center**  
**79 Middleville Rd.**  
**Northport, NY 11786**  
**(631) 261-4400**  
[\*\*www.northport.va.gov\*\*](http://www.northport.va.gov)

**Important Numbers to Know:**  
**Mental Health Clinic: 631-266-6077 Ext 6077**  
**Agent Orange Registry: Ext 2657**  
**Homeless Veteran Program: Ext 2204**  
**Military Sexual Trauma Coordinator: Ext 7012**  
**Coordinator: Amanda Sokolowski**

The VA conveniently has several satellite locations. Visit or call (631) 754-7978 for more information about the services provided at each of the locations listed below:

**Patchogue Community Clinic**  
4 Phyllis Drive  
Patchogue, NY 11772

**Valley Stream Clinic**  
99 South Central Avenue  
Valley Stream, NY 11580

**Bay Shore Clinic**  
132 East Main Street  
Bay Shore, NY 11706

**Riverhead Clinic**  
300 Center Drive  
Riverhead, NY 11901

**East Meadow Clinic**  
2201 Hempstead Turnpike  
East Meadow, NY 11554  
Building Q

## **VET CENTERS**

**Babylon Vet Center**  
100 West Main Street  
Babylon, NY 11702  
**(631) 261-4400 ext. 6231 or (631) 661-3930**

[\*\*www.vetcenter.va.gov\*\*](http://www.vetcenter.va.gov)  
**Nassau Vet Center**  
**970 South Broadway**  
**Hicksville, NY 11801**  
**(516) 348-0088**

The Vet Centers provide psychotherapy to veterans who have experienced war related trauma. Counseling is also available for family members. Eligibility is based on military service during war or hostile actions. The Vet Centers have hours of operation to conveniently accommodate the schedules of working veterans and their family members. **All services are confidential and free of charge.**

**Services Provided:** **Emotional Support, Individual, Group and Family Support, Counseling for Military Sexual Trauma and Bereavement, Medical Referrals.**

# **VETERANS SERVICE AGENCIES**

Your county Veteran's Service Agency can help veterans and their dependents file for compensation, pension and education benefits from the U.S. Department of Veterans Affairs. They also assist veterans with enrolling for medical services.

## **NASSAU COUNTY VETERANS SERVICE AGENCY**

**<http://www.nassaucountyny.gov/1945/Veterans-Service-Agency>**

**2201 Hempstead Turnpike  
East Meadow, NY 11554  
Building Q  
(516) 572-6565**

## **SUFFOLK COUNTY VETERANS SERVICE AGENCY**

**H. Lee Dennison Building  
100 Veterans Highway  
Hauppauge, NY 11788  
3rd Floor  
(631) 853-VETS**

**[www.suffolkcountyny.gov/veterans](http://www.suffolkcountyny.gov/veterans)**

---

## **ADDITIONAL SERVICES AVAILABLE TO VETERANS AND FAMILY MEMBERS**

### **ADELPHI UNIVERSITY**

**[www.adelphi.edu](http://www.adelphi.edu)**

**1 South Ave  
Garden City, NY 11530  
(516) 877-3412**

Adelphi University is a member of the post 9/11 GI Bill, Yellow Ribbon Program, part of the *Service members Opportunity Colleges* (SOC) Consortium and the Concurrent Admissions Program (ConAP). Benefits can be applied toward enrollment in any associate, bachelors, credit certificate, masters or doctoral programs. Applications specific to student veterans or students in the military are available. See website for details.

### **Services Provided: Education**

### **DOWLING COLLEGE**

**<http://www.dowling.edu/>**

**150 Idle Hour Boulevard  
Oakdale, NY 11769  
(631) 244-3000**

The Dowling Student Veterans club is a chapter of the Student Veterans of America and looks to provide assistance and guidance to incoming and current veteran students. We also help with veterans with job placement and any other outside agencies to make sure we get the most for our students. It is also open to any Dowling student interested in the US military and the soldiers that served in it.

President: Brian Zepmeisel Email: [bxz7@dowling.edu](mailto:bxz7@dowling.edu)

### **Services Provided: Education**

**SAINT JOSEPH'S COLLEGE (PATCHOGUE)****www.sjcnv.edu****155 West Roe Boulevard****Patchogue, NY 11772****Erin D'Eletto, Director of Military and Veteran Services****(631) 687-2678 / edeletto@sjcnv.edu**

St. Joseph's College is a member of the post 9/11 GI Bill Yellow Ribbon Program, part of the Service members Opportunity Colleges (SOC) Consortium and core SOCAD-4. St. Joseph's College offers a variety of military benefits including special tuition rates for service members and off-site course offerings for active military and veterans

**Services Provided: Education****SUFFOLK COMMUNITY COLLEGE****http://www.sunysuffolk.edu/****MICHAEL J. GRANT CAMPUS****1001 CROOKED HILL ROAD, BRENTWOOD, NY 11717****Services Provided: Education****NASSAU COMMUNITY COLLEGE****http://www.ncc.edu/****1 Education Drive****Garden City, NY 11530****Center for Veterans Affairs (516) 572-9775 - ext. 24944**

The Center for Veterans Affairs assists students in obtaining the education benefits to which they are entitled to from the Department of Veterans Affairs. In addition, the Center provides information and referrals to various services designed to help veterans make a smooth and productive transition from military to college life. Services include: how to apply to the College, utilizing financial resources including Post 9/11 GI Bill, counseling referral, and assistance with scheduling.

**Services Provided: Education****THE ARCH PROGRAM: ACCEPTING RECOVERY****COMING HOME AT BRIDGE BACK TO LIFE CENTER, INC.****www.bridgebacktolife.com****4271 Hempstead Turnpike****Bethpage, New York 11714****(516) 520-6600**

The ARCH Program offers trauma-informed, integrated treatments for substance use disorders and related behavioral health challenges for veterans in outpatient settings in New York City and Long Island. Specific services offered include: individual and group therapies, focused recovery groups (including DWI, Relapse Prevention, Power and Control), specialized military wellness and resilience services (including Mindfulness, Yoga, Acupuncture, Spiritual Counseling, and Identity Workshops), inter-generational peer support and community reintegration, trauma-focused therapies, family-focused interventions, and experiential modalities (including art therapy, expressive techniques, trauma-informed drama therapy, and others).

**Services Provided:** **Emotional Support, Family Support, Substance Abuse/Addiction, Peer Support, Alternative Treatment**

**CONCERN FOR INDEPENDENT LIVING**

**312 Expressway Drive South  
Medford, NY 11763  
Phone: (631) 758-0474  
Fax: (631) 758-0467  
Email: [info@concernhousing.org](mailto:info@concernhousing.org)**

**<http://www.concernhousing.org/>**

Concern for Independent Living provides contracted case management services for Long Island veterans with HUD-VASH vouchers. This program utilizes housing first approach to ensure rapid rehousing and stabilization within the community.

**FAMILY AND CHILDREN'S ASSOCIATION:**

**HICKSVILLE CHEMICAL DEPENDENCY PROGRAM**

**<http://www.familyandchildrens.org/Hicksville-Counseling-Resource-Center>**

**180 Broadway, 2nd Floor  
Hicksville, NY 11801  
(516) 935-6858**

Outpatient substance abuse treatment program that provides individual, group and family treatment for substance users and their families. All services are available in both English and Spanish.

**Housing** – The Veterans Residence, located in West Hempstead, opened in 2006 as a cooperative partnership with the Veterans Administration, the Nassau County Veterans Service Agency, the United Veteran Beacon House, Inc., and Family and Children's Association. This residence provides permanent housing for up to eight honorably discharged veterans seeking quality, affordable, and substance-free accommodations in the community. The partnering agencies provide a variety of services to residents, including assistance with job placement and transportation. **Capacity: 8 beds**

**Referral Sources** - Beacon House, Nassau County Veterans Service Agency, Northport Veterans Administration Medical Center, Veterans Administration

**Type of Veteran Serviced**- Veterans who have demonstrated a history of compliance with recommended VA or community-based treatment related to health, mental health, substance abuse and vocational issues will be considered for the program. Veterans with chemical dependency histories must have documented completion of one year sobriety prior to being considered. Veterans with a diagnosed mental illness must have demonstrated six months of psychiatric stability including medication compliance. Must be capable of managing their own medication.

**Type of Veteran Not Serviced** - Veterans with a history of sex offense arrests and convictions, Veterans with felony convictions within the past three years, Veterans who have a history of suicidal ideation or gestures within the past three years, Veterans who received a dishonorable discharge from military service

**Services Offered** - Permanent housing for veterans who were honorably discharged and are seeking quality, affordable, and substance-abuse free accommodations in the community.

**Services Provided: Emotional Support, Family Support, Substance Abuse/Addiction, Housing**

**FAMILY RESIDENCES AND ESSENTIAL ENTERPRISES (F.R.E.E.)**

**<http://www.familyres.org/>**

**108 Hoffman Lane**

**Islandia, NY 11749**

**(631) 234-8694**

FREE has had a long-standing, collaborative relationship with vocational counselors at the Northport VA. We have been able to gain job opportunities for Veterans within the FREE network; to include employment as drivers for Rides Unlimited, within Swept Free, our maintenance business and in our Residential Programs. Our Human Resources Department has been particularly accommodating toward veterans, and will fast-track the on-boarding process.

For employment opportunities at FREE, please contact Frank Arnone, Assistant Vice President, Employment Services and Affirmative Business Development  
E-mail – FARMONE@FAMILYRES.ORG; Tel (631) 234 8694

**Services Provided: TBI, Employment, Housing**

**FAMILY SERVICE LEAGUE**

***Restoring Hope, Rebuilding Lives***

**[www.fsl-li.org](http://www.fsl-li.org)**

**208 Roanoke Avenue**

**Riverhead, NY 11901**

**(631) 369-0104**

**1444 Fifth Ave**

**Bay Shore NY**

**(631) 647-3100**

Emergency assistance funds for military and their families. For this program, eligibility is limited to those who served active duty in Operation Enduring Freedom, Operation Iraqi Freedom and New Dawn. We also have mental health and chemical dependency clinics throughout Suffolk County.

**Service Provided: - Financial Assistance, Mental Health, Chemical Dependency**

**HISPANIC COUNSELING CENTER**

**344 Fulton Avenue**

**[www.hispaniccounseling.org](http://www.hispaniccounseling.org)**

**Hempstead NY 11550**

**(516) 538-2613**

**Provides clinical treatment, counseling and substance abuse services. Services available in Spanish.**

**INTERFAITH NUTRITION NETWORK: NEW GROUND**

**[www.the-inn.org](http://www.the-inn.org)**

**211 Fulton Ave**

**Hempstead, NY 11550**

**(516) 486-8506**

Catherine Martin INN provides communal, long term housing for male veterans in recovery from substance abuse for one year. Program focuses on education and skills for future independence.

**Services Provided: Housing, Substance Abuse/Addiction**

**IRAQ AND AFGHANISTAN VETERANS OF AMERICA**  
**(212) 982-9699**

[www.ava.org](http://www.ava.org)

Advocates on behalf of veterans who served in the wars in Iraq and Afghanistan. The IAVA supports veterans in health, education, employment and building a lasting community for vets and their families.

**Services Provided: Veterans Services**

**ISLAND HARVEST: A FOOD BANK FOR LONG ISLAND**  
**40 Marcus Blvd**  
**Hauppauge, NY 11788**  
**(631) 873-4775**

[www.islandharvest.org](http://www.islandharvest.org)

**Bethpage**  
**15 Grumman Road West**  
**(631) 873-4775**

**Uniondale**  
**(516) 805-4782**

Operates a mobile food pantry called **Operation HOPE**. Operation HOPE delivers a one time, one month supply of food to Long Island Veterans and military families in need. Food is delivered by a veteran who is sensitive to the needs of other veterans and military families.

**Services Provided: Food and Provisions**

**LAW**

**HOFSTRA VETERANS LEGAL ASSISTANCE PROJECT**  
**516-463-7302**

**NASSAU SUFFOLK LAW SERVICES**  
**Nassau 1 Helen Keller Way – 5<sup>th</sup> floor**  
**Hempstead, NY 11550**  
**516-292-8100**

[www.nslawservices.org](http://www.nslawservices.org)

**Suffolk 1757 Veterans Hwy. Suite 50**  
**Islandia, NY 11749**  
**631-232-2400**

Nassau Suffolk Law Services is committed to helping people in need vindicate their rights under the law. They provide free legal services in thousands of cases each year.

**TOURO LAW**  
**225 Eastview Drive**  
**Central Islip**  
**631-761-7080**  
**Ken Rosenblum**

The clinic provides free legal assistance to homeless, sheltered and at-risk veterans, with a view to removing barriers to their full reintegration into the community, in areas such as debt, bankruptcy, income tax, bankruptcy, landlord-tenant, foreclosure, traffic tickets, warrant recall, and now, thanks to the county grant, driver's license restoration.

**LONG ISLAND CARES:**

**THE HARRY CHAPIN FOOD BANK**  
**10 Davids Drive**  
**Hauppauge, NY 11788**  
**(631) 582-FOOD**

**SOUTH SHORE SERVICE CENTER**  
**163-1 North Wellwood Avenue**  
**Lindenhurst, NY 11757**  
**(631) 991-8106**

[www.licares.org](http://www.licares.org)

**NASSAU SERVICE CENTER**  
**84 Pine Street**  
**Freeport, NY 11510**  
**(516) 442-5221**

**HARRY CHAPIN FOOD BANK  
AND HUMANITARIAN CNTR.**  
**220 Broadway**  
**Huntington Station, NY 11746**  
**(631) 824-6384**

**First stop pantry program:** A minimum of 3 day supply of meals for individuals and families. In addition to nutritious meals, information on government entitlement programs, benefits and other assistance is provided as well as self care items, household supplies and pet food.

**Mobile pantry program:** LI Cares delivers nutritious meals to disabled veterans who are homebound and unable to receive food from their local pantries.

**LONG ISLAND CENTER FOR RECOVERY**  
**320 West Montauk Highway**  
**Hampton Bays, NY 11946**  
**Aynisa Leonardo, LCAT, ATR-BC**  
**631-728-3100**

<http://www.longislandcenterrecovery.com>

Long Island Center for Recovery offers specialized addiction treatment for first responder professionals such as law enforcement, firefighters, military, Veterans, EMT's and Correctional officers.

This first responder therapeutic addiction treatment program is dedicated to the exceptional needs of our uniformed professionals, treating not only the addiction but also the underlying issues that are often associated to such high-demand professions, namely stress, anxiety, depression, and Post Traumatic Stress Disorder (PTSD). In treating PTSD, Long Island Center for Recovery utilizes Rapid Resolution Therapy® (RRT), a revolutionary psychotherapeutic approach developed by Dr. Connelly, to resolve emotional and behavioral

difficulties. The aim of RRT is to eliminate the negative emotional or behavioral influence of traumatic events; and unlike other forms of treatment, clients do not re-live past events or experience any pain. Accepts major insurances.

**LONG ISLAND STATE VETERANS HOME AT STONY BROOK** [www.listateveteranshome.org](http://www.listateveteranshome.org)  
**100 Patriots Road**  
**Stony Brook, NY 11790**  
**(631) 444-8500**

Provides nursing home and adult day care services for Long Island's veterans, regardless of period of service (war or peace time service), service connected disability or location in which you served our nation. The LISVH also accepts the spouse or widow of qualifying veterans, as well as Gold Star Parents who require skilled nursing or adult day health care.

**Services Provided: Health Services, Emotional Support, Family Support**

**NEW BEGINNINGS COMMUNITY CENTER** [www.nbli.org](http://www.nbli.org)  
**12 Platinum Court**  
**Medford, NY, 11763**  
**(631) 286-6166**

Outpatient rehabilitation center for individuals with traumatic brain injury. Multiple therapies offered including physical and occupational therapy, speech therapy, and transportation to a day treatment program. Tri-Care accepted along with insurance and private pay. Free support groups for survivors, family and friends.

**Services Provided: Traumatic Brain Injury, Family Support**

**NEW YORK STATE DEPARTMENT OF LABOR** [www.labor.ny.gov](http://www.labor.ny.gov)  
**301 West Old Country Road**  
**Hicksville, NY 11801**  
**(516) 934-8519 (M, T, W) Lou**  
**(516) 792-4122 (Th, F)**

**160 South Ocean Ave**  
**Patchogue, NY 11772**  
**(631) 687-4857**

A veterans' employment representative offers assistance with job training and employment opportunities.

**Services Provided: Employment/Vocational**

**NEW YORK STATE SMALL BUSINESS DEVELOPMENT CENTER & VETERANS BUSINESS OUTREACH CENTER** [www.nyssbdc.org](http://www.nyssbdc.org)  
**Farmingdale State College**

**2350 Broadhollow Road (Rt. 110)  
Farmingdale, NY 11735-1021  
(631) 370-8892 Dave**

Provides one-on-one free counseling, business training and mentoring to help veterans start and grow their own small business.

**Services Provided: Employment/Vocational**

**NORTH SHORE CHILD & FAMILY GUIDANCE CENTER**  
**480 Old Westbury Road  
Roslyn Heights, NY 11577  
(516) 626-1971**

[www.northshorechildguidance.org](http://www.northshorechildguidance.org)

Provides outpatient clinical treatment and counseling; substance abuse counseling; trauma, bereavement individual, family and group services for all children ages birth – 24 and their families.

**Services provided: Emotional Support, Children Services, Family Support, and Counseling for Military Sexual Trauma and Bereavement, Substance Abuse/Addiction**

**PHOENIX HOUSE**  
**998 Crooked Hill Road  
PO Box 3001, Building 5  
Brentwood, NY 11717  
(631) 306-5776**

[www.phoenixhouse.org](http://www.phoenixhouse.org)

The Military Services Program offers residential and outpatient substance abuse and mental health treatment services as well as family therapy and couples counseling. Assistance with accessing VA benefits and vocational training and educational counseling are also available.

**Services provided: Emotional Support, Family support, Substance Abuse/Addiction, Veterans Services, Employment/Vocational services**

**ROSEN FAMILY WELLNESS CENTER  
OF NORTH SHORE HOSPITAL**  
**400 Community Drive  
Manhasset, NY 11030  
(516) 562-3260**

[www.northshorelij.com/NSLIJ/rosen](http://www.northshorelij.com/NSLIJ/rosen)

**MILDRED & FRANK FEINBERG  
DIVISON OF THE UNIFIED BEHAVIORAL HEALTH CENTER**  
<https://www.northshorelij.com/find-care/locations/mildred-and-frank-feinberg-division-unified-behavioral-health-center-military>  
**132 E. Main St.  
Bay Shore, NY 11706  
(631) 647-2530**

Provides counseling for individuals, couples, children and family of active duty service members, reservists, and veterans of Operations Iraqi Freedom (OIF), Enduring Freedom (OEF), and New Dawn (OND). The Rosen Center also offers parenting, wellness and child resilience workshops.

**Call to discuss fee.**

**Services provided:** **Emotional Support, Children's Services, Family Support, Counseling for Military Sexual Trauma and Bereavement**

**SAMARITAN VILLAGE**

**Administrative Headquarters  
138-02 Queens Boulevard  
Briarwood, NY 11435-2647  
(718) 206-2000**

<http://samaritanvillage.org/people-we-serve/veterans>

**Substance Abuse Treatment for Men and Women Veterans – 1-800-532-HELP (4357) OR (718) 657-6195  
Supportive Services for Veteran Families Program – (212) 586-1270**

Samaritan Daytop Village is nationally recognized for its work with military veterans and provides comprehensive services for today's returning male and female service members. A pioneer in veteran-specific treatment for more than 30 years, we currently administer three residential treatment facilities exclusively for veterans struggling with chemical dependency, post-traumatic stress disorder and other life challenges.

**SEAFIELD – The Honor and Resiliency Program**

<http://www.seafieldcenter.com/home>

**Various Locations Island wide  
Inpatient & Outpatient  
Michael Bahrenburg, CASAC  
Phone: 516 661-6932  
mbahrenburg@seafieldcenter.com  
Karen Moloney, CASAC  
Phone: 631 438-7208  
[kmoloney@seafieldcenter.com](mailto:kmoloney@seafieldcenter.com)**

Seafield Center and Seafield Services are committed to provide trauma informed and addictions treatment with a specialized concentration on the needs of our Uniformed Service Members. All Seafield staff are trauma informed. Seafield is a veteran owned business dedicated to serving the needs of this special population and their families.

**SEMPER 4 VETERANS**

<http://www.semper4veterans.org/>

**P.O. Box 468  
Glen Cove, NY 11542  
[Semper4Veterans@gmail.com](mailto:Semper4Veterans@gmail.com)**

Semper4Veterans primary goal is to provide assistance for veterans, military families in Long Island in need of food, clothing, transportation fees, urgent rent assistance, and other necessary livable expenses. Since 2009 S4V has provided meals to 1000's of veterans in need.

**Services Provided:** **Food and Provisions, Transportation**

## **SOCIAL SECURITY DISABILITY**

**1(800) 772-1213**

Veterans who are unable to do substantial work due to a disability may be entitled to Social Security Disability. (SSD) Receiving payment from the VA due to a service-connected illness does not preclude the veteran from also receiving SSD. In special cases, even those on Active Duty Status, receiving military payments may be eligible for SSD.

## **THE SOLDIERS PROJECT**

**Email: [longisland@thesoldiersproject.org](mailto:longisland@thesoldiersproject.org)**  
**(516) 284-7531**

**[www.thesoldiersproject.org](http://www.thesoldiersproject.org)**

Licensed mental health professionals offering free confidential unlimited therapy for anyone who has served since 9/11, any family member or loved one of a Post 9/11 veteran, Active Duty Service Members, Reservist or National Guard Member. .

**Services provided:** **Emotional Support, Children's Services, Family Support, Counseling for Military Sexual Trauma and Bereavement**

## **SUFFOLK COUNTY UNITED VETERANS (DIVISON OF ASSOCIATION FOR MENTAL HEALTH AND WELLNESS)**

**32 Mill Rd.  
Yaphank, NY 11980  
(631) 924-1601**

**[www.mhaw.org/scuv/](http://www.mhaw.org/scuv/)**

Provides a range of services to homeless and at-risk veterans of any age and era. Agency has strong commitment to Veterans with post-service behavioral health challenges including PTSD, TBI and other mental health conditions as well as substance abuse.

### **Services Provided:**

**1) Emergency, Transitional and Permanent Housing: (631) 924-1601**

**2) PFC. Joseph Dwyer Veterans Peer Support – Individual and group peer support**  
**Contact: (631) 852-8387 [vetpeertopeer@suffolkcountyny.gov](mailto:vetpeertopeer@suffolkcountyny.gov)**

**3) Supportive Services to Veterans Families: Outreach and early intervention services for Veterans and their families who are at risk of homelessness. This includes financial, legal, benefits management, employment, housing and case management services. (631) 924-1601**

**4) Veterans Families Food Pantries – Yaphank and Riverhead (631) 924-1601**

**S: US – Services for the Underserved**  
**600 Albany Ave  
Suite 1 Amityville, NY 11701  
631-227-0777**

**<http://sus.org/our-services/veterans/>**

Supportive services available to low income veteran families in Nassau and Suffolk Counties. Financial planning, rehousing services.

**SSVF** <http://www.eoc-suffolk.com/veterans-services-long-island.php>  
**Suffolk 631-289-2601 x 124**  
**Katelyn Vaiana**  
**Or**  
**50 Clinton Street**  
**2nd Fl. Suite 6**  
**Hempstead, NY 11550**  
**(516) 543-7908**  
**(516) 543-1351**

The Supportive Services for Veteran Families (SSVF) Program provides housing and support services to eligible low-income Veteran families who are homeless, or who are about to be homeless.

Supportive services available include: Personal Financial Planning Services, Income Support Services Legal Services through Touro College Jacob D. Fuchberg Law Center, Housing Counseling, Vocational and Rehabilitation Services through the New York State Department of Labor, Employment Training Assistance through the Suffolk County One-Stop Employment Center Case Management Services

**TOWN OF OYSTER BAY VETERANS SERVICES DIVISION** [www.oysterbaytown.com](http://www.oysterbaytown.com)  
**Town Hall South**  
**977 Hicksville Road**  
**Massapequa, NY 11758**  
**(516) 797-7875**

Provide assistance to veterans and their families who reside in the 36 communities that comprise the Town of Oyster Bay. Assistance with locating local resources and maneuvering government agencies to help address veteran's issues

**Services Provided:** Veterans Services

**UNITED VETERANS BEACON HOUSE** [www.uvhb.com](http://www.uvhb.com)  
**1715 Union Blvd**  
**Bay Shore, NY 11706**  
**(631) 665-1571**

Provides emergency, transitional & permanent housing to veterans in need with specialized programs for female veterans and aging male veterans. Homes are located in both Nassau and Suffolk Counties. UVBH provides benefits assistance and linkage with the VA, Social Services, Department of Labor. Manages a food pantry, thrift shop & medical locker.

**Services Provided:** Housing, Veterans Services

**UNITED WAY OF LONG ISLAND /MISSION UNITED** [www.unitedwayli.org](http://www.unitedwayli.org)  
**819 Grand Blvd.**  
**Deer Park**  
**631-940-3712**

Supports United States military veterans and their families as they re-acclimate to civilian life. Mission United focuses on employment services, case coordination and emergency assistance, education, and connection to available resources.

**VIETNAM VETERANS OF AMERICA**  
**#82 Nassau County Chapter**  
**(516) 677-5354**

<http://vvachapter82.org>

An organization comprised of Vietnam Era Veterans. Provides information and assistance with benefits and applications, advocates for veterans' issues and provides camaraderie. Meetings held at Hicksville VFW Hall.

**Services Provided:** Veterans Services, Peer support

**VIETNAM VETERANS OF AMERICA NEW YORK STATE COUNCIL** <http://nyvietnamvets.org/>  
**(518) 338-8147**

Coordinates activities of New York State chapters to advocate for the social, economic, educational and physical welfare of Vietnam Era Veterans.

**Services Provided:** Veterans Services, Peer support

**WELLNESS**



**AIRBORNE TRI TEAM**

<http://www.airbornetriteam.org/>

**Ronald Hurtado**  
[ronh.airbornetriteam@gmail.com](mailto:ronh.airbornetriteam@gmail.com)

Airborne Tri Team is a not-for-profit organization specifically designed for mentally and physically challenged war veterans. The central focus of Airborne Tri Team is to provide war veterans with opportunities, physical challenges and goal-oriented physical achievements to maximize their potential and increase their self-esteem – all by being a part of a team. Self-esteem is fundamental and promotes the development of physical, social and emotional well-being. Airborne Tri Team encompasses this essential element of well-being in activities such as sports and fitness to promote social and motor development.

**LOTUS RIVER HEALING**

<http://www.lotusriverhealing.com/>

**Lotus River Healing**  
**2188-116 Nesconset Hwy**  
**Stony Brook, NY 11790**

Lotus River Healing is a virtual center for learning and healing, where people can find the tools and supports they need to move forward with a sense of empowerment, self-awareness, balance, and connection.

Lotus River Health offers a set of informed, integrated, and proven approaches to learning, insight, and growth. From individuals to families to organizations, our mission is to offer services that empower others with a greater sense of AGENCY in choosing their own paths forward to fulfillment and actualization.

**THE MASSAGE APPROACH**

**Located in the Vitality Center**

**66 Austin Blvd**

**Commack, NY 11725**

**(631) 864 – 2784**

**Diana Maslauskas L.M.T.**

**[diana@themassageapproach.com](mailto:diana@themassageapproach.com)**

**<http://themassageapproach.com>**

The Massage Approach provides natural alternatives for stress and pain relief. Dedicated to working with veterans.

**MILITARY RESILIENCE PROJECT**

**Michael DeFalco, Aynisa Leonardo**

**[aleonardo@milresilience.com](mailto:aleonardo@milresilience.com)**

**<http://www.milresilience.com/>**

The Military Resilience Project's mission is to develop and support comprehensive and integrative models of behavioral health treatment that promote resiliency and recovery for military members, their families, military units, and our communities.

**PROJECT 9 LINE**

**25 Union Ave.**

**Islip, NY 11751**

**631.841.1141**

**[contactus@project9line.org](mailto:contactus@project9line.org)**

**Patrick Donohue**

**<http://project9line.org>**

Project9line is a 501C3 non-profit organization to help Veterans with reintegration back to civilian life and help those Veterans suffering from Post-Traumatic Stress Disorder (PTSD). Mission - Empowering Veterans with Reintegration through Art, Entrepreneurship and LOVE. At Project9line, the focus is to bridge the communication gap between Veterans and civilians. Through Outreach, Communication, and Purpose they enable veterans to express themselves uniquely through forms of art. Through networking, workshops, and career development programs they assist veterans in achieving their entrepreneurial goals. Through LOVE, we give meaning, inspiration and motivation to the lives of Veterans.

**TEAM RWB**

**Nick Auletta**

**Community Outreach Director**

**Team RWB Long Island**

**[nick.auletta@teamrwb.org](mailto:nick.auletta@teamrwb.org)**

**<https://www.teamrwb.org/>**

Team RWB's mission is to enrich the lives of America's veterans by connecting them to their community through physical and social activity.

**VETERANS YOGA PROJECT**  
**info@veteransyogaproject.org**

<http://www.veteransyogaproject.org/>

Veterans Yoga Project is an educational and advocacy organization dedicated to improving the health and well-being of military veterans. Working in partnership with veterans, active-duty military personnel, student veteran's organizations, and other non-profit organizations, Veterans Yoga Project supports recovery and promotes resilience among veterans, their families, and their communities. Veterans Yoga Project is an IRS-recognized 501(c) (3) charitable organization.

## **IMPORTANT HOTLINES**

### **VA NATIONAL VETERANS CRISIS HOTLINE**

**1 (800) 273-TALK**

24 Hour hotline available for veterans in times of a mental health crisis

[www.mentalhealth.va.gov](http://www.mentalhealth.va.gov)

### **VA NATIONAL CAREGIVERS SUPPORT LINE**

**1 (855) 260-3274**

Licensed social workers are available to listen to concerns, answer questions and connect you to resources such as the caregiver support coordinator at the VA in Northport.

Support is available Monday – Friday 8am – 8pm

[www.caregiver.va.gov](http://www.caregiver.va.gov)

### **VA NATIONAL CALL CENTER FOR HOMELESS VETERANS**

**1 (877) 424-3838**

Homeless veterans or those at-risk for homelessness can access help 24/7 from trained counselors. This service is intended to assist homeless veterans, their families and community service providers to prevent veteran homelessness. This service is free and confidential.

### **VA NATIONAL WOMEN VETERANS HOTLINE**

**1 (855) 829-6636**

This hotline is staffed by knowledgeable VA employees who can provide information about various benefits including health care services, homelessness, education and claims for female veterans.



## **THE VETERANS HEALTH ALLIANCE OF LONG ISLAND WISHES TO RECOGNIZE THE FOLLOWING FOR THEIR SUPPORT:**

*Nassau County Office of Mental Health,  
Chemical Dependency and Developmental Disabilities Services  
New York State Office of Alcoholism and Substance Abuse Services (Long Island Field Office)  
New York State Office of Mental Health (Long Island Field Office)*