

Practicing in All Circumstances

Teachings by Lama Drimed Lodro

Schedule:

July 5th and 19th

10:00 a.m.-12:00 p.m. and 2:00 p.m.-4:00 p.m. PST

In response to the COVID-19 pandemic and the great sufferings and hardships experienced by many in these troubled times, Lama Drimed will give teachings on the text by Dodrub Tenpai Nyima entitled “Transforming Felicity and Adversity into the Spiritual Path.” This teaching explains how every experience of our lives, whether good or bad, can be taken as an opportunity for Buddhist practice and transformation. Dodrub Tenpai Nyima, an extraordinary realized master, reveals this topic in a simple, straightforward and inspiring teaching, and Lama Drimed will offer practical advice for how to bring this into our daily lives.

English Translations of the Text:

The translator will mainly be reading from B. Alan Wallace’s translation entitled “Transforming Felicity and Adversity into the Spiritual Path,” which can be found in the book Meditation, Transformation, and Dream Yoga by Venerable Gyatrul Rinpoche, Snow Lion Publications.

The text has also been translated by Lotsawa House and is available here (link to: <https://www.lotsawahouse.org/tibetan-masters/dodrupchen-III/transforming-suffering-and-happiness>). It is entitled, “Transforming Suffering and Happiness into Enlightenment.”

Dial by your location

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Meeting ID: 997 0106 0746

Find your local number: <https://zoom.us/j/adbPAOXgTh>