

2019 MD Wellness Retreat

Friday, August 9th – Telford Auditorium

Timing	Session	Target Audience
8:00 AM - 9:00 AM	Breakfast & Burnout Prevention	All Staff: Clinical leaders, Ancillary leaders, Caregivers, NCH physicians, Residents, C-Suite
10:00 AM - 11:00 AM	Transforming Physician Resistance to Change	All Leaders: Clinical leaders, Ancillary leaders, NCH physician Leaders, C-Suite
11:30 AM – 12:30 PM	Lunch & Burnout Prevention (repeat of 8 AM - 9 AM)	All Staff: Clinical leaders, Ancillary leaders, Caregivers, NCH physicians, Residents, C-Suite, Board of Directors
1:00 PM – 2:00 PM	Quadruple Aim – Corporate Strategy for Burnout Prevention	MEC Members, Medical Group Leadership, C Suite, Board of Directors
2:00 PM – 3:00 PM	Review NCH 2019 MD Engagement Survey Results & Next Steps	MEC Members, Medical Group Leadership, C Suite, Board of Directors

Friday, August 9th – Naples Grande Resort

Timing	Session	Target Audience
5:30 PM – 6:30 PM	Cocktails & Dinner	All Providers, C-Suite, Significant Others
6:30 PM – 8:00 PM	Burnout Proof Workshop: Lower stress levels, Build more life, Creating the Ideal job	All Providers, C- Suite, Significant Others

Saturday, August 10th – Naples Grande Resort

Timing	Session	Target Audience
7:30 AM – 8:00 AM	Breakfast	All Providers, Residents, PA's, Nurse Practitioners, C Suite
8:00 AM - Noon	Burnout Proof, 1 Minute Mindfulness, Mindful Leadership, Leadership Power Tools	All Providers, Residents, PA's, Nurse Practitioners, C Suite
Noon	Box Lunch	All Providers, Residents, PA's, Nurse Practitioners, C Suite