

**Mission:**

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.

**Ron DeSantis**

Governor

**Scott A. Rivkees, MD**

State Surgeon General

**Vision:** To be the Healthiest State in the Nation

## FLORIDA DEPARTMENT OF HEALTH IN COLLIER COUNTY COVID-19 UPDATE

NOVEMBER 16, 2020

### COVID-19 INFORMATION

For your safety, and the safety of staff, all services are currently by appointment only. Contact 239-252-8200 Naples or 239-252-7300 Immokalee.

The Florida Department of Health in Collier County (DOH-Collier) is here to assist you with questions and concerns regarding COVID-19.

Contact the DOH-Collier Call Center Monday-Friday, 9am-5pm, at 239-252-6220.

You may also contact the State COVID-19 Call Center 24/7 at 1-866-779-6121 or email [COVID-19@flhealth.gov](mailto:COVID-19@flhealth.gov).

Online COVID-19 information can be found at <https://floridahealthcovid19.gov/> or at [www.CDC.gov](http://www.CDC.gov).

### A MESSAGE FROM DOH-COLLIER

Many traditional Thanksgiving activities can be high-risk for spreading viruses, including COVID-19. There are several safe ways to celebrate Thanksgiving. Incorporating healthy holiday habits can help keep you and your family safe.

While celebrating Thanksgiving, it is important to remember COVID-19 is still in our community. Ways to celebrate Thanksgiving at home include:

- Have a small dinner with only the people who live in your household.
- Have a virtual dinner and share recipes with friends and family.
- Shop online rather than in person.
- Watch sports events, parades, and movies from home.

It is important to avoid the following:

- Visiting the homes of others, unless you can wear a mask or cloth face covering and socially distance.
- Large gatherings; per the State Surgeon General's Public Health Advisory avoid gatherings of 10 or larger.
- Sharing food, cups, forks, spoons, knives, and serving utensils.
- Crowded indoor events.

- Attending crowded parades, runs, or other events.

Brighten your holiday season by making health and safety a priority with these healthy holiday habits!

For more information regarding virus spreading risk at holiday celebrations, visit  
<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html>.

## SLOW THE SPREAD OF COVID-19

### Cover Up, Collier!

Collier County remains under a mask mandate as passed by the Board of County Commissioners. This mandate has been extended until April 13, 2021.

Watch this Public Service Announcement regarding face masks featuring members of our community:  
<https://vimeo.com/458664579>

The use of masks has been proven to reduce the spread of COVID-19. Remember that wearing a mask does not replace other protective measures such as staying at least 6 feet away from others (social distancing), washing your hands frequently, avoiding touching your eyes, nose, and mouth, as well as your face mask.

### DOH-Collier Mobile Testing Unit

In partnership with Collier County, DOH-Collier has acquired a mobile unit to provide COVID-19 testing, education, and outreach to underserved areas of Collier County including Immokalee and Golden Gate City.

In addition to ongoing testing throughout the county as well as multi-lingual education and outreach, providing even more access to testing will help to slow the spread of COVID-19. Testing by the mobile unit is offered on a rotating basis.

This week the mobile unit will be located at:

Tuesday, November 17	Thursday, November 19	Saturday, November 21
South Park 418 School Drive Immokalee, 34142	Everglades Community Church 101 Copeland Ave. Everglades City, 34139	Tony Rosbough Little League Park 1213 Little League Road Immokalee, 34142
3:00pm-7:00pm	9:00am-1:00pm	9:00am-1:00pm

Please note: Heavy rain, gusty winds, lightning etc... may postpone or cancel testing.

### DOH-Collier Immokalee COVID-19 Testing Location

DOH-Collier's Immokalee site is undergoing construction. COVID-19 testing is now located at:  
**1500 Lake Trafford Road, Immokalee, FL 34142.**

All other services continue by appointment only at the DOH-Collier Immokalee site located at 419 N. First Street, Immokalee, 34142.

### I Tested Positive for COVID-19. Now What?

If you tested positive for COVID-19, you need to stay home and isolate per the guidance provided by public health officials. This means no trips to the store or other outings, even if you do wear a face

mask. If you think or know you had COVID-19, and had symptoms, you can be with others 10 days since symptoms first appeared and 24 hours has passed with no fever without fever-reducing medication and symptoms have improved. If you tested positive with no symptoms of COVID-19, you can be with others after 10 days have passed since your test date. Follow this link to stay up-to-date: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>.

### **Testing Information**

If you suspect you might have COVID-19, call your primary care provider, urgent care, or DOH-Collier at 239-252-6220 for an appointment. Remember: residents *and* visitors are responsible for keeping our piece of paradise safe and healthy. DOH-Collier offers additional testing options six days per week throughout the county. Information can be found at:

<http://collier.floridahealth.gov/newsroom/2020/06/0601testinginformation.html>.

### **Public Health Advisory**

The Florida Department of Health recommends all individuals wear masks in any setting where social distancing is not possible, unless a child is under the age of two years. Elderly and vulnerable populations should limit interactions outside the home, and all individuals should refrain from participating in gatherings of more than 10 people.

Read the full Public Health Advisory issued by the State Surgeon General here:

<https://floridahealthcovid19.gov/wp-content/uploads/2020/08/DOH-Public-Health-Advisory-for-COVID19-7-20-2020.pdf>

### **Daily Health Questions**

Keeping our community safe is everyone's responsibility. Ask yourself these questions daily.

1. Do you or anyone in your household have symptoms of COVID-19? Symptoms include fever of 100.4 or above, cough, shortness of breath, difficulty breathing, chills, muscle pain, sore throat, congestion, runny nose, nausea, new loss of taste or smell.
2. Have you or anyone in your household traveled outside the country or to affected areas in the United States?
3. Have you had direct contact (within 6 feet for more than 15 minutes) with anyone who has tested positive for COVID-19?
4. Is there anyone in your household under instructions to isolate due to COVID-19?

### **MENTAL HEALTH RESOURCES**

Are you feeling stressed/depressed/anxious/unsure of the future? Do you need support or someone to talk to? If you are in need of mental health services, contact one of the agencies below:

- National Suicide Prevention Hotline: 1-800-273-TALK (8255)
- Substance Abuse and Mental Health Services Administration (SAMHSA): 1-800-985-5990 or text TalkWithUs to 66746.
- SAMHSA Crisis Text Line: Text HOME to 741-741
- Florida Blue is providing free emotional support resources for all Floridians, even if they are not covered by Florida Blue insurance. Any Floridian – even if uninsured or under another insurance plan – can receive support in managing feelings of stress, anxiety, grief, or fear related to the COVID-19 pandemic. Call 1-833-848-1762.

### **STAY INFORMED**

For up-to-date information on COVID-19 and other public health related matters, please visit the following:

DOH-Collier website: <http://collier.floridahealth.gov/>

DOH-Collier Twitter: [@HealthyCollier](https://twitter.com/HealthyCollier)

Florida Department of Health website: <http://www.floridahealth.gov/>

Florida Department of Health COVID-19 website: <https://floridahealthcovid19.gov/>

Florida Department of Health Twitter: [@HealthyFla](https://twitter.com/HealthyFla)