



Medical Volunteerism for CCMS Members

Dear CCMS Members:

In the Summer of 2018, CCMS created a subcommittee to communicate medical volunteering opportunities to our members. I believe that volunteering either locally or internationally can reinforce the reasons why we went into medicine, decrease burnout, and increase fulfillment in life. I have personally volunteered internationally and gained a sense of satisfaction, humbleness, and thankfulness for what my family and I have.

In our profession there is no greater feeling than helping someone who is in dire need without expecting anything in return. I often feel the frustration of our broken healthcare system, having to fight with the insurance companies or convincing patients about adhering to their medications. It is completely different in a medical mission. Often, mothers walk for hours to reach the medical team to get help for their ill children. I have seen and diagnosed diseases that I had only read about in medical journals. The need for help is real.

We do not have to leave town to volunteer and help. In Naples the uninsured seek medical help at the Neighborhood Clinic, Florida Lions Eye Clinic, Medical Reserve Corps, PLAN, PANIRA Clinic, and Senior Friendship Center. Volunteers can provide a little time here and there, to as much as they can. The need is great, for example the Neighborhood Clinic had about 26,957 patient visits in 2017 with the help of over 700 volunteers. In 2017, PLAN coordinated 3,820 specialty medical appointments with volunteer physicians in the physicians' own offices, an average of 318 appointments per month.

For international opportunities, the CCMS subcommittee vetted NOVA Southeastern University, Christian Medical & Dental Association, and Jewish Voice. These organizations have strong experience in international missions and have developed strong protocols of safety.

Attached is the contact information for all these fantastic volunteering opportunities. Please consider volunteering as it is then that we truly appreciate the gift that we possess, to help restore health to the ill. Do your own vetting to determine which one is the best for you.

Sincerely,
Cesar De Leon, DO, MHA, CCMS Past President

Subcommittee members: Dr. Rebecca Smith, Programs Committee Chair; Dr. Howard Freedman; Dr. Karysse Trandem

Local Opportunities

Florida Lions Eye Clinic



Florida Lions Eye Clinic's mission is to provide state-of-the-art, no cost refractive, medical and surgical eye care as well as optical and glasses for the growing number of medically indigent people in Southwest Florida.

Their goal is to improve the quality of life of those who cannot afford eye care by diagnosing and treating visual and related ocular medical conditions. They've helped thousands of clients and have provided over \$750,000 worth of services to the community each year.

Join and volunteer at Florida Lion Eye Clinic to give back to the people of your local community.

Contact Information

10322 Pennsylvania Avenue
Bonita Springs, Florida 34135-1976
E-mail info@flec.org
Phone 239-498-3937
Fax 239-947-9996
www.flec.org

Medical Reserve Corps, Collier Co.



The Medical Reserve Corps is an organized group of volunteer health professionals who can respond to local disasters and may assist with other community public health needs.

MRC is comprised primarily of local practicing and retired medical and public health professionals. Volunteers have helped in local response to hurricanes by staffing our Special Needs Shelter during hurricanes.

You also can be apart of this organization and be the help needed to respond and assist with many community needs.

Contact Information

Carl Alvarez
Collier County Medical Reserve Corps
P.O. Box 429
Naples, FL 34106-0429
Phone 239-252-8216
E-mail CCHD_GEN_INFO@doh.state.fl.us
www.ccmrc.org/index.html



Neighborhood Health Clinic

Neighborhood Health Clinic is an organization that is able to deliver quality medical and dental care to low-income, working but uninsured Collier County adults .

With the help of 700 volunteers Neighborhood Health Clinic successively had about 26,957 patient producers in the year 2017 alone. You can add yourself to the mix and allow your skills to help many more.

With your support you can help the Neighborhood Health Clinic live out their mission of *"Hope and Healing for Those in Need"*.

Contact Information

88 12th St N
Naples, FL 34102
Clinic/Patient 239-529-2255
Development Office 239-261-6600
E-mail info@neighborhoodhealthclinic.org
www.neighborhoodhealthclinic.org/get-involved/volunteer

PANIRA Clinic



PANIRA's mission is to provide quality medical care and equal access to anyone in the community regardless of age, gender, race, ethnicity, income, education, geographic location, disability, or sexual orientation in a manner that is comprehensive, current and culturally competent.

PANIRA provides express care to children from 12 months to adults. They provide individualized care and treat every patient with care and compassion. PANIRA is designed to be affordable, convenient, and accessible to all.

Their vision is to be the Integrated Community Health Center of Excellence, exceeding quality standards, becoming the medical home of choice for individuals and families in SW Florida.

Volunteer and help PANIRA keep our community healthy.

Contact Information

5039 Tamiami Trail E
Naples, FL 34113
Phone 239-529-5580
Fax 239-529-5580
E-mail paniraclinic@gmail.com
www.panirahealthcareclinic.org

PLAN of Collier County



PLAN is an organization built on making a significant difference in the health of our community by providing a safety net and increasing access to quality healthcare for all low-income, uninsured adult residents of Collier County.

PLAN believes that “A small effort from many physicians results in a huge impact in increasing access to health care”, and with your help they can do so.

PLAN provides physician volunteers with an organized, integrated system that coordinates: requested specialty referral consultations; all related appointments such as surgeries, imaging or certain laboratory tests; and all follow-up consultations.

Other benefits include Comprehensive Local Support, Immunity Protection, Eligibility Screening, Flexibility, Equitable Distribution, and Acknowledgement.

Contact information

2671 Airport Rd S, Ste 202

Naples, FL 34112

Phone 239-776-3016

Fax 239-435-1297

E-mail info@plancc.org

www.plancc.org

Senior Friendship Center



The Senior Friendship Health Center is equipped by experienced volunteer physicians, dentists and nurses, which is one of the ways they are different from other community clinics. What is also unique is the fact that their demographic is limited to adults over the age of 50. Their modern clinic facility offers a variety of specialty lines under one roof: gynecology, dermatology, ophthalmology, orthopedics, cardiology, endocrinology, pulmonology and more.

The Senior Friendship Health Center is a brick in the foundation of confidence, health, employment and financial security for our patients. They help patients get their health and subsequently their lives back on track.

Volunteering here will bring such a light to your community and helps the ever so growing organizations demands.

Contact Information

2355 Stanford Court, Unit 701

Naples, Florida 34112

Phone 239-566-7425

E-mail info@SrFHC.org

friendshipcenters.org/locations/collier-county

Youth Haven



Youth Haven's mission is to protect and empower children and strengthen families in Southwest Florida through comprehensive care and community collaboration.

Youth Haven is Southwest Florida's emergency residential shelter for boys and girls ages 6-18 who have been removed from their homes due to abuse, neglect or abandonment. Youth Haven provides a number of vital services through three main comprehensive programs: The Emergency & Residential Shelter; the Homeless Teen & Transitional Living Program (HTTLP); and the Counseling Center.

Volunteer with the Life Skills Classes in our Homeless Teen & Transitional Living Program (HTTLP) – to present on any number of topics that would benefit our teens transitioning into independent adulthood: career or internship opportunities, physical health, mental health, sexual health, etc. Contact Youth Haven to discuss other volunteer opportunities.

Contact Information

Debi Mahr, Director of the Homeless & Transitional Living Program

E-mail info@youthhavenswfl.org

Phone 239-774-2904 ext. 135 / Cell 239-784-1550

Fax 239-947-9996

www.youthhavenswfl.org/

Travel Opportunities

NOVA Southeastern University



Nova Southeastern University College of Osteopathic Medicine coordinates and participates in international medical outreach programs that provide health care to underserved international communities.

The mission of the outreach programs is to provide access to medical care in underserved and vulnerable countries to improve the health and wellness of those populations most in need.

NSU-COM offers one and two week medical outreach trips for volunteer physicians, nurses, medical students, and other medical and non-medical individuals.

Sample trip locations:

India - Approximate cost \$1800.00

Jamaica - Approximate cost \$1400.00

Ecuador - Approximate cost \$1700.00

Contact Information

Phone 954-262-1897

E-mail em1036@nova.edu

osteopathic.nova.edu/community/international-programs/medical_outreach.html

Christian Medical & Dental Associations



CMDA are dedicated to both domestic and international missions. Through their various missions, they provide opportunities for healthcare professionals to use their skills to meet the needs of others around the world and share the gospel with them.

About 750 members are serving overseas as long-term missionaries. Each year, more than 1,000 CMDA members serve overseas on one to two-week primary care medical and dental teams to 25 different countries. About 100 healthcare professionals volunteer in medical education exchanges to about 22 countries. Their Continuing Medical and Dental Education Conference has around 700 participants each year.

Join the experience at CMDA and give back to those that can not afford adequate healthcare.

Contact Information

P.O. Box 7500

Bristol, Tennessee 37621

Phone 888-230-2637

Fax 423-844-1005

E-mail main@CMDA.org

cmda.org/center-for-medical-missions

Jewish Voice



Jewish Voice carries out its mission through a many-faceted ministry that includes humanitarian medical outreaches, large-scale international festivals, congregation planting and leadership training, television, print media, digital channels, and speaking engagements.

Their first medical clinic was in Gondar, Ethiopia in 1999 where they treated 7,000 patients. Now they treat an average of over 11,000 patients per short-term medical mission trip. Those numbers are growing. Since 1999, they have served over 340,000 patients.

Join in this expedition and provide for those who need it and give the gift of life to others.

Contact Information

P.O. Box 31998

Phoenix, AZ 85046-1998

Phone 602-971-8501

Fax 602-971-6486

www.jewishvoice.org/go/medical-outreaches

Know a worthy medical mission or healthcare volunteer opportunity? Email suggestions to [CCMS](#) for review by the medical missions ad-hoc committee.