

NCEF BLUEPRINT PARTNER

YOUTH MENTAL HEALTH TRAINING

SHINING A LIGHT ON YOUTH MENTAL HEALTH

WEDNESDAY, MAY 28
5:30-7:30 PM
YMCA of Collier County | Naples
5450 YMCA Road
Naples, FL 34109

About Our Event!

This training will review common behavioral health concerns and trends among youth, while discussing how to identify and address concerns. Learn how to incorporate "prevention talks" into daily conversations and encourage healthy forms of emotion management and expression. **Food and childcare will be provided.**

Register Now

*Register by May 26th.
Advanced registration is required.

Mental Health Statistics

- **1 in 5 adolescents experience a mental health condition**
- **Anxiety disorders are the most common among youth, affecting 32% and significantly impacting their lives**
- **Suicide is the second leading cause of death among youth**
- **Around 1 in 10 children under the age of 5 experience mental health issues**
- **FYSAS**
  (Florida Youth Substance Abuse Survey), 2024
  - 12.8% of Collier County middle schools students report they have made a suicide plan; 14.1% state they have seriously considered attempting suicide
  - 41.2% of middle and high school students in Collier report they have felt depressed or sad MOST days of the past year

A special thanks to David Lawrence Centers for leading this important training.

DLC David Lawrence Centers for Behavioral Health | FSU Center for Child Stress & Health | Golisano Children's Hospital Lee Health | healthcare network | NAMI National Alliance on Mental Illness Collier County | Nicklaus Children's Health System