

This Week In Our Church

Monday, January 27

9:00 AM - 10:00 AM	Miriam Dancers	Sanctuary
10:15 AM - 11:15 AM	Parkinson's Exercise Class	Fellowship Hall
1:00 PM - 2:30 PM	Chronic Pain Workshop	Fellowship Hall Meeting Room
2:00 PM - 3:30 PM	Rebekah Circle	Fellowship Hall Lobby
2:30 PM - 5:00 PM	West Valley Chorale	Choir Room
7:00 PM - 9:00 PM	West Valley Wind Ensemble	Fellowship Hall

Tuesday, January 28

7:00 AM - 8:00 AM	Men's Prayer Group	Prayer Room
9:30 AM - 10:30 AM	Tai Chi Essentials Class	Fellowship Hall
10:30 AM - 11:30 AM	Tai Chi Class	Fellowship Hall
1:00 PM - 2:30 PM	Sew Happy Circle	Fellowship Hall Meeting Room
4:30 PM - 6:00 PM	TOPS	Choir Room

Wednesday, January 29

8:45 AM - 11:00 AM	Gleaning	Meet at church
9:30 AM - 10:30 AM	Staff Meeting	Conference Room
10:45 AM - 11:15 AM	Bulletin Review Meeting	Conference Room

Thursday, January 30

11:00 AM - 12:00 PM	Cancer Support	Prayer Room
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Friday, January 31

9:00 AM - 9:30 AM	Bulletin Stuffers	Conference Room
10:00 AM - 11:00 AM	Shepherd's Bells Rehearsal	Bell Choir Room
11:00 AM - 1:00 PM	Alpha Class	Fellowship Hall
1:00 PM - 3:00 PM	Choir Rehearsal	Choir Room

Saturday, February 1

Food Bank Donations		
Souper-Bowl Donations		
Communion		
4:00 PM - 5:00 PM	Sweet Hour of Prayer Service	Chapel

Sunday, February 2

Food Bank Donations		
Souper-Bowl Donations		
Communion		
9:00 AM - 10:15 AM	Spirited Traditional Service	Sanctuary
10:00 AM - 10:45 AM	Fellowship Hour	Fellowship Hall
10:45 AM - 11:30 AM	Informal Praise Service	Sanctuary

Large Print Bulletins Available From Ushers

If you would like personal prayer after the service, you are welcome to come to the Prayer Room. Our prayer ministers will meet you there. You can either tell them specifically what you would like prayer for, or simply give them your name, and they will pray for you.



The Alpha Class  
question of the week

Why Did Jesus Die?

Friday, January 31  
11:00 – 1:00

Join us as we explore  
and search for answers  
Free Lunch  
Pastor Deborah—Facilitator

Classes with lunch included  
will continue on Fridays from  
11:00 - 1:00 for those who  
are interested

If you have not attended prior  
sessions, please sign up.



Our hearts are saddened at the news of the death of Darrell Wood. May our Shepherd's Love and prayers reach out to his family at this time. Arrangements are pending .

UMW CELEBRATION

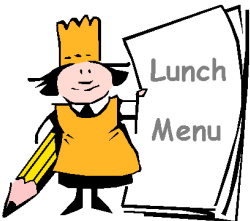
Join us for cake and coffee in Fellowship Hall after the 9:00 AM service on Sunday, to celebrate the United Methodist Women.



SANDWICH SUNDAY!

Please come and help make sandwiches!

On Sunday, January 26, from 8:30 until 11:00 AM in Fellowship Hall. All sandwiches feed the homeless who utilize the Justa Center in Phoenix. Thank you for volunteering to help feed the hungry.



ALPHA HELP NEEDED

We are excited that we already have 41 people signed up for this event. Lunch is served every week to help create a relaxing and receptive environment. If you would to help with lunches, for which we have budgeted, please call Pat Burke at 623-748-3751.

## "HOW TO BE A FRIEND TO MY FRIEND WITH DEMENTIA"

Join us as Sun Health Memory Care navigator, Marty Finley, M.Ed. presents how to maintain a relationship with a friend who has dementia. Learn practical tips on what to do and say and how to still be a friend.

**DATE:** Monday, February 3, 2020  
**TIME:** 1:30 - 3:00 PM  
**WHERE:** SHUMC, Fellowship Hall

Register at [sunhealthwellness.org](http://sunhealthwellness.org) or call 623-207-1703.



## ARE YOU INTERESTED IN BECOMING A MEMBER OF SHEPHERD OF THE HILLS UMC?

Join us for *Exploring Membership Class*  
**Sunday, February 16, 2020**  
**at 2:00 PM in Fellowship Hall**

Your hosts will be your Pastors. We will spend a little time sharing refreshments and getting to know you. We will look at the United Methodist beliefs and perspectives. Attendees will receive a packet of helpful information and we will go through the vows of membership and what they mean. We will answer your questions and take your photo. Those who attend and are ready can join the following Saturday or Sunday at the service of your choice.

Register by calling the office at 623-584-2280 or write "Exploring" on the Prayer and Presence card or sign up on the sign up sheet available by the church office or at the outdoor Kiosk after church service.

## CITRUS GLEANERS NEEDED



We have over 180 trees to glean from now through March 25. We need more volunteers to be able to fulfill our commitment this year.

**No tree or ladder climbing involved!** We have tools to collect the fruit. If you can make a difference in our community by helping us glean this year, please sign up at the kiosk or let the office know. We really need and appreciate your help.

Contact Pam Rice at 801-540-6573 or Kathy Culliton at 435-730-4466 or the church office.

## HEARTSAVERS



February is National Heart Month. Be a Heartsaver—learn CPR. It's a life skill! SHUMC has 26

trained Heartsavers. If you are interested or have questions, please contact Esther Vallet, Parish Nurse.



## FOOD BANK DONATIONS



Next weekend, February 1 and 2, is the Food Bank Collection. Please bring non-perishable items to benefit the Valley View Community Food Bank. God bless you for your donations.

## SOUPER-BOWL WEEKEND



The Super Bowl is Sunday, February 2.

We are having a Souper-Bowl. In addition to our regular food bank collection, we are asking for donations of soup or soup making ingredients like beans, rice, noodles, etc. to be given to the Valley View Community Food Bank. Thank you for your generosity.



A book entitled *The Guardians* by John Grisham, was borrowed from the desk in the library before it could be cataloged. Please return it to the library so it can be cataloged into the system. Thank you.

## MARK YOUR CALENDAR!

The Rummage Sale dates are confirmed and are November 5, 6 and 7, 2020. Set up will begin October 30, 31 and November 2, 3 and 4. If you have items to donate, drop offs are Tuesdays at the container on the right. For pick ups, call Mary Ann Harris at 623-544-7135.



*United  
Methodist  
Women*



## SEW HAPPY CIRCLE

The Sew Happy Circle will meet on Tuesday, January 28 at 1:00 PM in the Fellowship Hall Meeting Room. Contact Marian Hamman at 623-243-7666.

## UMW MONTHLY LUNCHEON

All women are cordially invited to our next monthly luncheon to be held Thursday, February 6 at 11:30 AM. In honor of Black History Month, our program speaker will be our District Vice President, Eva Ndavu. She and her husband spent time in Africa and she would like to share her "African Experiences."

Sign ups begin this weekend, January 25 and 26 and on February 1 and 2 at the Kiosk. The price is \$8.00 and Rebekah Circle will be hostesses.



If you will be celebrating your 50th wedding anniversary in 2020, or if you have not been recognized for this milestone at SHUMC, you are invited to participate in the Golden Anniversary Celebration on Sunday, February 16, 2020.

If you plan to take part in this event, please call Sondra Southard at 402-239-5235 or Julie Killebrew at 602-316-7995.