

**Weekly Church Calendar for September 23 - September 30**

**Monday, September 23**

9:00 AM	Miriam Dancers	Sanctuary
10:15 AM	Parkinson's Exercise Class	Fellowship Hall
2:30 PM	West Valley Chorale	Choir Room
7:00 PM	West Valley Wind Ensemble	Fellowship Hall

**Tuesday, September 24**

7:00 AM	Men's Prayer Group	Prayer Room
10:30 AM	Tai Chi	Fellowship Hall
1:00 PM	Sew Happy Circle	Fellowship Hall Meeting Room
1:30 PM	Education Committee	Conference Room
4:30 PM	TOPS	Choir Room

**Wednesday, September 25**

9:30 AM	Staff Meeting	Conference Room
10:45 AM	Bulletin Review	Conference Room
1:00 PM	Miriam Circle (set-up 11:30 AM)	Fellowship Hall

**Thursday, September 26**

11:00 AM	Cancer Support Group	Prayer Room
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**Friday, September 27**

9:00 AM	Bulletin Stuffers	Conference Room
1:00 PM	Choir Rehearsal	Choir Room

**Saturday, September 28**

4:00 PM	Worship Service	Chapel
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**Sunday, September 29**

9:00 AM	Worship Service	Sanctuary
9:30 AM	Sandwich Making for Justa Center	Fellowship Hall
10:00 AM	Fellowship Coffee Hour	Fellowship Hall
10:45 AM	Worship Service	Sanctuary

**Monday, September 30**

9:00 AM	Miriam Dancers	Sanctuary
10:15 AM	Parkinson's Exercise Class	Fellowship Hall
1:00 PM	"Laughter For the Health Of It" Presentation	Fellowship Hall
2:30 PM	West Valley Chorale	Choir Room
7:00 PM	West Valley Wind Ensemble	Fellowship Hall

**Large Print Bulletins Available From Ushers**

If you would like personal prayer after the service, you are welcome to come to the Prayer Room. Our prayer ministers will meet you there. You can either tell them specifically what you would like prayer for, or simply give them your name, and they will pray for you.



**A Memorial Service for Pam Wood will be held on Friday, October 4, 2019 at 10:00 AM in the Sanctuary, with Pastor Deborah Lerner officiating.**

**An inurnment will be held in the Columbarium at 9:30 AM. A reception in Fellowship Hall will follow the service.**

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**A Memorial Service for Jean Young will be held Saturday, October 12, 2019, at 11:00 AM in the Chapel, with Pastor Stephanie Soon officiating.**

**A reception in Fellowship Hall will follow the service.**



**SANDWICH SUNDAY**

**September 29**

**9:30—11:00 AM**

**Fellowship Hall**

Mark your calendar and help us make sandwiches for the Justa Center.

Last month we made 330 sandwiches!



**EXPLORING MEMBERSHIP**

Are you interested in joining SHUMC? Do you have questions about what it means to be a member? Have questions about United Methodist Belief and Practice?

Join us for a light lunch and conversation on Sunday, October 13 at 11:30 AM in Fellowship Hall.

**The Missions Committee project for September is collecting twin sheets, bath towels and wash towels for the Justa Center. These items may be gently used.**



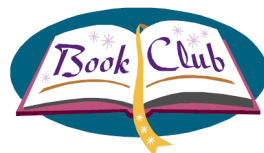
## Laughter for the Health of It



Do you want to learn how to become happier and healthier through laughter? It has been proven that laughter has many physical and emotional benefits.

Karen Richards, from Area Agency on Aging, will show you how to laugh for the health of it! Sign up by the kiosk or church office.

The presentation will be  
**Monday, September 30, 2019**  
**1:00 PM** in Fellowship Hall.



## BOOK CLUB

You are cordially invited to join in the fun of reading and meeting new friends.

**Wanted:** People who like to read a variety of books and enjoy discussing them.

**When:** Third Thursday of each month at 10:00 AM (except December).

**Where:** SHUMC Conference Room.

**Reading List:**

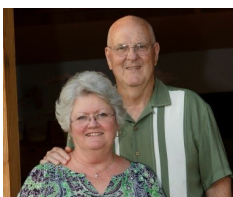
**October 17 - *Where the Crawdads Sing***  
by Delia Owens

**November 21 - *The Secret Diary of Henriek Groen 83 1/4 Years Old.***

If you have questions, please call the church office at 623-584-2280 and leave a message for Darlene Bradner or Mary Jane Banfield.

## 50 Ways to Pray

Wanting new ways to pray? This might be just the class for you. Bill and Linda White will be leading a 6-week class using the book *50 Ways to Pray* by Teresa A. Blythe. You can purchase the book for \$12.50 in the office. The classes will meet **Thursdays, at 10:30**



**AM beginning October 10.**

Please bring a pen or pencil and a notebook to journal in. If you have any questions, you can contact them at 623-688-7417 or email [blwhite32@cox.net](mailto:blwhite32@cox.net).

## PICTORIAL DIRECTORY

We are planning a new pictorial directory and Lifetouch will be here in October.



**Two additional days for appointments have been added: Now available is Friday, October 11 and Saturday, October 12. Lois Byrd will be in Fellowship Hall between services or you can call her at 989-329-8292.**

The photo sessions will be October 1 through 5, beginning at 11:00 AM, with the last appointment at 6:00 PM.



## SEW HAPPY CIRCLE

The Sew Happy Circle will meet Tuesday, September 24 at 1:00 PM in the Fellowship Hall Meeting Room.

## SUMMER MOVIES ARE HERE!

Free movies will be shown at 1:30 p.m. in the Fellowship Hall on select Wednesdays. Free snacks will be served. All are welcome so bring your friends and neighbors for summer movie fun in a cool environment. Movies are shown with closed captioning and digital stereo sound.



OCTOBER 2 - *PLACES IN THE HEART* starring Sally Field.

OCTOBER 16 - *TOOTSIE* starring Dustin Hoffman, Jessica Lange, Teri Garr, Dabney Coleman, Charles Durning, Bill Murray, and Geena Davis.

## CARDS & MORE

### CARDS!



Handmade cards for all seasons and reasons will be sold Sunday, October 13 between worship services in the courtyard.

## United Methodist Women

Our first luncheon of the new season will be Thursday, October 3 at 11:30 AM. The cost is \$8.00. It will feature "make it yourself" taco salad, drinks and dessert. All women at Shepherd are invited to join us. Signup will be September 21 and 29 at the Kiosk.



Our program will be a baby shower for the airmen and women at Luke Air Force Base. We have received a list of needed items you might want to bring to help complete the layettes that are distributed when the babies come. The list was printed in the ENews and is also available by the office.

The Layette Program and Bundles for Babies will gladly accept monetary donations as well. We hope you will come and help us support our Military Neighbors.

## MIRIAM CIRCLE

Miriam Circle will meet Wednesday, September 25 at 1:00 PM in the Fellowship Hall. Our program will be short reviews of UMW reading program books. We will be taking cash donations for Valley View Food Bank (our monthly project). Everyone is welcome. Contact person is Peggy Pollay, 623-546-3948.

## PRAYER SHAWL MINISTRY



The Prayer Shawl Ministry is in need of knitters or crocheters to help with making prayer shawls or lap covers. See Marlene Northup or call her at 626-975-5367.

This ministry is also in need of yarn donations. About two skeins of yarn makes one shawl. There is a basket by the church office for your yarn. If possible, please provide two skeins of the same color.

Thank you for the yarn donations from the last week and helping to ensure this ministry will continue. Bless You.