

January 5 to January 11, 2020

Sunday Jan. 5	Monday Jan. 6	Tuesday Jan. 7	Wednesday Jan. 8	Thursday Jan. 9	Friday Jan. 10	Saturday Jan. 11
FOOD BANK DONATIONS	9:00 - 10:00 AM Miriam Dancers - Sanctuary	7:00 - 8:00 AM Men's Prayer Group Prayer Room	9:30—10:30 AM Staff Meeting - Conference Room	11:00AM - 6:00PM Lifetouch Photography - Narthex	9:00 - 9:30 AM Bulletin Suffers - Conference Room	11:00AM-12:30PM Robert Grant Memorial Service - Chapel
COMMUNION SUNDAY	10:15 - 11:15 AM Parkinson's Exercise Class - Fellowship Hall	9:30 - 10:30 AM Tai Chi Essentials Class - Fellowship Hall	10:00 - 11:00 AM Three Simple Rules Class - FHMR	11:00AM - 12:00 PM Cancer Support - Prayer Room	10:00 - 11:00 AM Shepherd's Bells Rehearsal - Bell Choir Room	Memorial Service Reception - Fellowship Hall
9:00 -10:15AM Spirited Traditional Service - Sanctuary	2:30 - 5:00 PM West Valley Chorale Rehearsal Choir Room	10:30 - 11:30 AM Tai Chi Class - Fellowship Hall	10:45 - 11:00 AM Bulletin Review Meeting - Conference Room	1:00 - 3:00 PM Singing Shepherds Rehearsal - Choir Room	11:00AM - 1:00 PM Alpha Training - Fellowship Hall	4:00 - 5:00 PM Sweet Hour of Prayer Service - Chapel
10:00 -10:45 AM Fellowship Hour - Fellowship Hall	7:00 - 9:00 PM West Valley Wind Ensemble - Fellowship Hall	11:00AM - 6:00PM Lifetouch Photography - Narthex	11:00AM - 6:00PM Lifetouch Photography - Narthex		1:00 - 3:00 PM Choir Rehearsal - Choir Room	
10:45 -11:30 AM Informal Praise Service & Communion - Fellowship Hall		12:30 - 1:30 PM Family Life Committee - FHMR	12:00 - 1:30 PM Taking Down of the Greens - Sanctuary			
		3:00 - 5:00 PM Parkinson's Support Group - Fellowship Hall	1:30 - 2:30 PM Worship Committee - Conference Room			
		4:30 - 6:00 PM TOPS - Choir Room				

Large Print Bulletins Available From Ushers

If you would like personal prayer after the service, you are welcome to come to the Prayer Room. Our prayer ministers will meet you there. You can either tell them specifically what you would like prayer for, or simply give them your name, and they will pray for you.

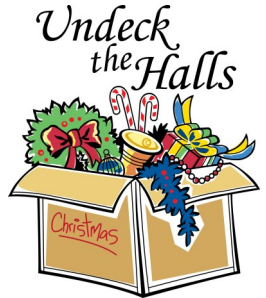
LAST CHANCE! CHURCH PICTORIAL DIRECTORY

Life Touch Photography will be here to take photos of those who were unable to have their pictures taken for the directory during October.



They will be in the Narthex Tuesday, January 7, Wednesday, January 8 and Thursday, January 9 from 11:00 AM until 6:00 PM. If you have questions, please contact Lois Byrd at 989-329-8292.

Come and help us take down and put away all the Christmas decorations.



We will meet in the Sanctuary on Wednesday, January 8, 2020 at 12:00 Noon.

MEMORIAL SERVICES



A Memorial Service will be held for Robert Grant on Saturday, January 11, 2020 at 11:00 AM in the Chapel. A reception will follow in Fellowship Hall.

A Memorial Service will be held for Susan Bowman on Wednesday, January 15, 2020 at 11:00 AM in the Chapel.



ARE YOU INTERESTED IN BECOMING A MEMBER OF SHEPHERD OF THE HILLS UMC?

Join us for our *Exploring Membership Class*
Sunday, February 16, 2020 at 2:00 PM in Fellowship Hall

Your hosts will be your Pastors. We will spend a little time sharing refreshments and getting to know you. We will look at the United Methodist beliefs and perspectives. Attendees will receive a packet of helpful information and we will go through the vows of membership and what they mean. We will answer your questions and take your photo. Those who attend and are ready can join the following Saturday or Sunday at the service of your choice. Register by calling the office at 623-584-2280 or write "Exploring" on the Prayer and Presence card or sign up on the sign up sheet available by the church office or at the outdoor Kiosk after church service.

Is There More to Life Than This?

Who Is Jesus?

How Can I
Make the Most
of the Rest of
my Life?

Why & How
Should I Read
the Bible?

How Does God Guide Us?



Friday, January 17th – 11:00 – 1:00
Join us for an Introduction
to the **Alpha Course**
Lunch provided

*Classes with lunch included
will continue on
Fridays from 11:00 – 1:00
for those who are interested.*

***Please sign up and join us!
Bring a friend!***

THREE SIMPLE RULES

DO NO HARM DO GOOD
STAY IN LOVE WITH GOD

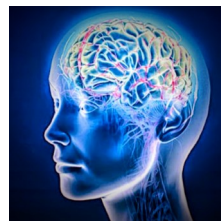
We will have the opportunity to hear Pastor Deborah preach on these topics, but also to attend a class to discuss what these statements mean. Rev. Richard Northup will lead the classes, which include a video and discussion, starting Wednesday, January 8 at 10:00 AM in the Fellowship Hall Meeting Room. The class will last 1 to 1 1/2 hours and will continue for 6 weeks. Books will be available in the office. Be sure to sign up.

Living a Healthy Life with Chronic Pain 6 week workshop

The Area Agency on Aging will again be presenting this informative and interactive workshop. Attendance is limited to 18 people, so please sign up early if you are interested. Everyone is welcome.

The workshop will begin on Monday, January 13 at 1:00 PM in the Fellowship Hall Meeting Room. Questions may be addressed to Sharon Stewart at 623-225-5663.

Sign up by the outdoor Kiosk or by the church office.



“Normal Aging vs Dementia”

Forgot where you put your reading glasses? Having a harder time remembering some things? There is a difference the changes we experience with normal aging and what may be cause for concern.

Join us as Sun Health Memory Care navigator, Marty Finley, M.Ed. presents “Normal Aging vs Dementia.” Come and learn the difference.

DATE: Thursday, January 23, 2020
TIME: 9:30 - 11:00 AM
WHERE: SHUMC, Fellowship Hall

Register at sunhealthwellness.org or call 623-207-1703.



FAMILY LIFE DINNER **Friday, January 24, 2020**

The Family Life Committee will present the January dinner on Friday, January 24, 2020 at 5:30 PM in Fellowship Hall. Doors will open at 5:00 PM.

The buffet menu will be chicken lasagna, fruit salad, tomato/cucumber/asparagus/mozzarella salad, sweet potatoes, Italian green beans and assorted desserts and coffee.

The entertainment will be an evening of Dixieland Jazz presented by Sun City Stomperz, featuring Dan Reed.

Tickets may be purchased for \$15.00 at the office or the outdoor Kiosk before and after services starting this weekend, January 4 and 5.

Deadline to buy tickets is Sunday, January 19.

BOOK CLUB

You are cordially invited to join in the fun of reading and meeting new friends.

Wanted: People who like to read a variety of books and enjoy discussing them.

When: Third Thursday of each month at 10:00 AM

Where: SHUMC Conference Room.

Reading List:

January 16 - *The Girls of Atomic City*
by Denise Kiernan

MARY RUTH CIRCLE

Mary Ruth Circle will meet on Tuesday, January 21 at 9:30 AM at the home of Margaret Kantz, located at Grandview Health and Rehab Center in the Sonoran Lounge on the 2nd floor. All are welcome to join us. For more information, contact Sandy Bradley at 623-546-4476.

Tai Chi

The Tai Chi class meets every Tuesday in Fellowship Hall. A flyer, with the class schedule and fees, is available on the table in front of the office.



If you will be celebrating your 50th wedding anniversary in 2020, or if you have not been recognized for this milestone at SHUMC, you are invited to participate in the Golden Anniversary Celebration on Sunday, February 16, 2020.

Bring a wedding photo to be displayed and the Family Life Committee will be taking your picture and serving cake in honor of the special day. Watch the ENews and the newsletter for more details.

