

### For Parents and Caregivers

#### FREE Parenting Workshops

*Topic: Let's Talk About Temperament*

Understanding your child's temperament can help you choose parenting strategies that nurture his or her development and strengthen family relationships. **Cost: FREE**

Contact Sandra "Sam" Sinanan for more information or to sign up: 425.888.2777 ext. 1226 or [sandra.sinanan@encompassnw.org](mailto:sandra.sinanan@encompassnw.org).

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| <b>Tuesday, Mar. 6</b><br>6:30-8:00 pm<br>Snoqualmie Valley YMCA<br>35018 SE Ridge St.<br>Snoqualmie, WA 98065 | <b>Thursday, Mar. 15</b><br>6:30-8:00 pm<br>Sammamish Community YMCA<br>831 228th Ave. SE<br>Sammamish, WA 98075 |
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#### Parent Talks

*Topic: Children's Nutrition*

Parent Talks are informal discussions held at different branches of the King County Library System. Each month, between Story Times, we will have tips and information on a variety of topics about parenting and raising young children. Stop by to chat with other parents who are going through the same things as you and your family. **Cost: FREE**

Contact Sandra "Sam" Sinanan for more information or to sign up: 425.888.2777 ext. 1226 or [sandra.sinanan@encompassnw.org](mailto:sandra.sinanan@encompassnw.org).

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| <b>Thursday, Mar. 8</b><br>10:00-11:30 am<br>North Bend Library<br>115 East 4th St.<br>North Bend, WA 98045 | <b>Wednesday, Mar. 14</b><br>10:00-11:30 am<br>Snoqualmie Library<br>7824 Center Blvd. SE<br>Snoqualmie, WA 98065 | <b>Tuesday, Mar. 20</b><br>10:00-11:30 am<br>Fall City Library<br>33415 SE 42nd Pl.<br>Fall City, WA 98024 |
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| <b>Thursday, Mar. 22</b><br>10:00-11:00 am<br>Duvall Library<br>15508 Main St. NE<br>Duvall, WA 98019 | <b>Wednesday, Mar. 28</b><br>10:00-11:00 am<br>Carnation Library<br>4804 Tolt Ave.<br>Carnation, WA 98014 |
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#### Parents' Night Out

Enjoy a night off while your children ages 2-10 do crafts, make friends, and enjoy a meal in the care of our trained staff. **Cost: \$20 per child**

Contact Julie Forslin for more information: 425.888.2777 ext. 1210 or [julie.forslin@encompassnw.org](mailto:julie.forslin@encompassnw.org).

**Saturday, Mar. 10**  
4:00-8:00 pm  
Encompass Early Learning Center  
1407 Boalch Ave. NW  
North Bend, WA 98045



Register for programs online at  
[encompass.campmanagement.com/enroll](http://encompass.campmanagement.com/enroll)

### Support Groups



#### CONNECTIONS

Connections offers resources, information and social support for families with children receiving pediatric therapy services or who have concerns about their child's development. Free limited childcare is available on a first come, first served basis. **Cost: FREE**

Contact Sandra "Sam" Sinanan for more information or to sign up: 425.888.2777 ext. 1226 or [sandra.sinanan@encompassnw.org](mailto:sandra.sinanan@encompassnw.org).

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| <b>Thursday, Mar. 1</b><br>10:00-11:30 am<br>Carnation Elementary<br>4950 Tolt Ave.<br>Carnation, WA 98014 | <b>Tuesday, Mar. 27</b><br>9:30-11:00 am<br>Cascade Covenant Church<br>13225 436th Ave. SE<br>North Bend, WA 98045 |
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#### Kinship Connection Support Group

Are you caring for a child or grandchild of a relative or friend? Are you a foster parent? Join us! You'll get to meet other parents like you and share your stories. Free childcare available; please RSVP for childcare. **Cost: FREE, \$5 for lunch (available at noon)**

Contact Laura Lewis for more information or to sign up: 425.888.3347 ext. 3407 or [laura.lewis@encompassnw.org](mailto:laura.lewis@encompassnw.org).

**Tuesday, Mar. 27**  
10:30 am-12:00 pm  
Sno-Valley Senior Center  
4610 Stephens Ave.  
Carnation, WA 98014



Sibshops offers peer support, guidance, and information to typically-developing siblings of kids with special needs in a lively, recreational setting. Sibshops offers a variety of fun activities and great opportunities to celebrate their contributions and talk with peers who "get it." Open to children in K-5th grade. **Cost: \$20 per child**

Contact Sandra "Sam" Sinanan for more information or to sign up: 425.888.2777 ext. 1226 or [sandra.sinanan@encompassnw.org](mailto:sandra.sinanan@encompassnw.org).

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| <b>Friday, Mar. 9</b><br>3:00-6:00 pm<br>Cascade Covenant Church<br>13225 436th Ave. SE<br>North Bend, WA 98045 | <b>Wednesday, Mar. 14</b><br>2:30-5:30 pm<br>Sammamish Community YMCA<br>831 228th Ave. SE<br>Sammamish, WA 98075 | <b>Friday, Mar. 16</b><br>3:30-6:30 pm<br>Cherry Valley Elementary<br>26701 NE Cherry Valley Rd.<br>Duvall, WA 98019 |
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**encompass**  
Children. Families. Community.

# March 2018

## Family Enrichment Program Calendar

| SUNDAY | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY                                       | FRIDAY                             | SATURDAY                                 |
|--------|---|--|--|--|------------------------------------|--|
| 25     | 26  | 27   | 28   | 1<br>Connections (C)<br>10:00-11:30 am         | 2                                  | 3  |
| 4      | 5   | 6<br>Parenting Workshop (Sno)<br>6:30-8:00 pm                                      | 7  | 8<br>Parent Talks (NB)<br>10:00-11:30 am       | 9<br>Sibshops (NB)<br>3:00-6:00 pm | 10<br>Parents' Night Out<br>4:00-8:00 pm |
| 11     | 12<br>SUMMER CAMP<br>REGISTRATION<br>OPENS 8:30 AM! | 13   | 14<br>Parent Talks (Sno)<br>10:00-11:30 am<br>Sibshops (Sam)<br>2:30-5:30 pm | 15<br>Parenting Workshop (Sam)<br>6:30-8:00 pm | 16                                 | 17                                       |
| 18     | 19  | 20<br>Parent Talks (FC)<br>10:00-11:30 am  | 21   | 22<br>Parent Talks (D)<br>10:00-11:00 am       | 23                                 | 24                                       |
| 25     | 26  | 27<br>Connections (NB)<br>9:30-11:00 am<br>Kinship Connection<br>10:30 am-12:00 pm | 28<br>Parent Talks (C)<br>10:00-11:00 am                                     | 29   | 30                                 | 31                                       |

Register for programs online at  
[encompass-campmanagement.com/enroll](http://encompass-campmanagement.com/enroll)

**Location Abbreviations:** C = Carnation D = Duval FC = Fall City NB = North Bend Sam = Sammamish Sno = Snoqualmie  
See reverse for complete event details, including locations and topics.