

Mobile Medical Clinic Schedule

Provided by the Children's Board Family Resource Centers

***WE DO NOT PROVIDE SPORTS PHYSICALS**

Well-Child Exams and Immunizations

St. Joseph's Children's Hospital Mobile Medical Clinic offers well-child physicals and immunizations at *no cost* for children who are age 18 or younger and:

- Are enrolled in Medicaid **OR**
- Have no health insurance **OR**
- Are American Indians or Alaskan natives

Visit Requirements

- **Registration is required.** Please call your local Children's Board Family Resource Center.
- All children must have their parent or legal guardian present. A notarized guardianship letter is required to show legal guardianship.
- The parent or legal guardian must bring their photo ID.
- Each child scheduled will need to bring their most current immunization record, even if they do not need shots.

For more information on Mobile Medical Clinic services call: 813-615-0589

All children qualify for the health screenings listed below, with or without insurance:

- **Child development screening:**
For children up to age 5. This screening helps parents monitor their child's development and identifies supports early, if needed.
- **Hearing screening:**
For children ages 6 months–18 years.
- **Vision screening:**
For children ages 6 months–18 years, provided by Preserve Vision Florida. Financial assistance is available for glasses and exams to those who qualify.
- **Health navigator:**
The Family Healthcare Foundation can help families explore free or low-cost health care coverage for their family.

Clinic Location	Date	Clinic Times
Brandon CBFRC 1271 Kingsway Road, Brandon (813) 740-4634	November 8, 2021 December 9, 2021 January 13, 2022	11am–6pm
Central Tampa CBFRC 1002 E. Palm Ave., Tampa (813) 204-1741	November 4, 2021 December 2, 2021 January 6, 2022	2pm–6pm
La Esperanza Clinic 16650 U.S. Highway 301 S., Wimauma (813) 615-0589, ext. 236	November 1 & 15, 2021 December 6 & 20, 2021 January 3 & 17, 2022	2:30pm–6:30pm
North Tampa CBFRC 116 W. Fletcher Ave., Tampa (813) 558-1877	November 18, 2021 December 16, 2021 January 20, 2022	10am–6pm
Plant City CBFRC 301 N. Palmer St., Plant City (813) 752-8700	November 9, 2021 December 14, 2021 January 11, 2022	2pm–6pm
South County CBFRC 3030 E. College Ave., Ruskin (813) 641-5600	November 23, 2021 December 21, 2021 January 25, 2022	2pm–6pm
Temple Terrace CBFRC 5892 E. Fowler Ave., Tampa (813) 435-3032	November 2, 2021 December 7, 2021 January 4, 2022	2pm–6pm
Town 'N Country CBFRC 7520 W. Waters Ave., Suite 8, Tampa (813) 356-1703	November 30, 2021 December 22, 2021 January 27, 2022	10am–6pm

Safe Sitter® In-Person Classes: Nov. 2021- Jan. 2022

Provided by the Children's Board Family Resource Centers

REGISTRATION IS REQUIRED – PLEASE CONTACT YOUR LOCAL CENTER



**Be the Sitter that all
Parents and Kids want!**

Site	Date	Time
Brandon CBFRC	11/13, 12/30, 1/3	9am-4p
Central Tampa CBFRC	11/22, 12/30	9am-4p
North Tampa CBFRC	11/23, 1/4	9am-4p
Plant City CBFRC	12/22	9am-4p
South County CBFRC	12/22	9am-4p
Temple Terrace CBFRC	11/22, 1/3	9am-4p
Town N Country CBFRC	12/28	9am-4p

This Safe Sitter® class for ages 11-14 will cover:

- **Safety Skills:** Indoor, outdoor, online, and personal safety.
- **Child Care Skills:** Child development, childcare routines, and behavior management.
- **Life & Business Skills:** Marketing, interview skills, and determining your hourly rate.
- **Non-certifying CPR, First Aid & Rescue Skills:**
 - AHA CPR Anytime Kits will be provided- kits include infant and child/adult manikins, face shield and a DVD that covers all aspects of CPR and Choking rescue. These kits are yours to keep and bring home to educate your entire family!
There is no charge to attend this class (Value of \$100)

CHILDREN'S BOARD FAMILY RESOURCE CENTER LOCATIONS

Center Hours: Monday/Saturday 9-5, Tuesday/Thursday 9-7, Wednesday/Friday 9-6

Brandon CBFRC	1271 Kingsway Rd, Brandon, FL 33510	(813) 740-4634
Central Tampa CBFRC	1002 E Palm Ave, Tampa, FL 33605	(813) 204-1741
North Tampa CBFRC	116 W Fletcher Ave, Tampa, FL 33612	(813) 558-1877
Plant City CBFRC	301 N. Palmer St., Plant City, FL 33563	(813) 752-8700
South County CBFRC	3030 E College Ave, Ruskin, FL 33570	(813) 641-5600
Temple Terrace CBFRC	5892 E Fowler Ave, Tampa, FL 33617	(813) 435-3032
Town N Country CBFRC	7520 W Waters Ave, Tampa, FL 33615	(813) 356-1703



Hearing, Vision, & Developmental Screenings

Provided by the Children's Board Family Resource Centers

PLEASE CALL YOUR LOCAL CENTER TO SCHEDULE AN APPOINTMENT



Qualifications include:

- If the child wears glasses, they **MUST** bring them.
- For **Developmental Screening**, your child is not receiving other early intervention supports- Therapy, Special Education, etc. Your child is not enrolled in other programs that monitor development- Head Start, School Readiness, Parents As Teachers, Healthy Families, etc.

Screenings are available for all children regardless of insurance status.

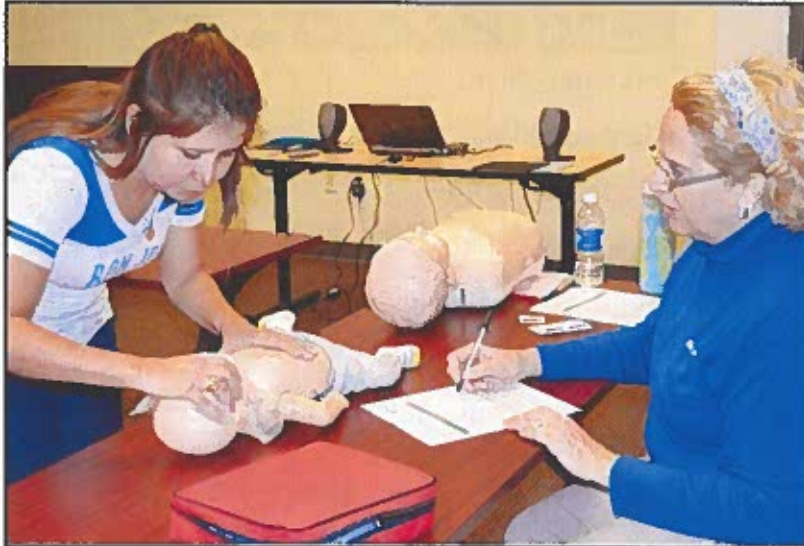
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Location	Date	Hours
Brandon CBFRC 1271 Kingsway Rd., Brandon (813) 740-4634	November 19, 2021	10:00am-1:00pm
South County CBFRC 3030 E. College Ave., Ruskin (813) 641-5600	October 15, 2021	10:00am-1:00pm
Temple Terrace CBFRC 5892 E. Fowler Ave., Temple Terrace (813) 435-3032	December 13, 2021	1:00-4:00pm

AHA CPR & First Aid In-Person Class

Provided by the Children's Board Family Resource Centers

REGISTRATION IS REQUIRED – CALL THE CENTER TO REGISTER FOR YOUR PREFERRED DATE



An in-person Certification Class, offered by professional instructors from BayCare Kids Wellness & Safety Center, where you will learn how to perform Cardio Pulmonary Resuscitation (CPR) and choking rescue on infants, children and adults. You will also learn how to handle emergencies such as bleeding, shock, poisoning, head and spine injuries and more.

This is a great course for daycare workers, parents, grandparents, babysitters, volunteers and anyone who cares for children. This class is provided at no cost (value \$100).

***Please bring a lunch, this class is scheduled from 9:00am-4:00pm.**



Course Locations	Class Dates
Brandon CBFRC	11/18, 12/16, 1/20
Central Tampa CBFRC	11/17, 12/15, 1/19
North Tampa CBFRC	11/4, 12/2, 1/6
Plant City CBFRC	11/10, 12/9, 1/13
South County CBFRC	11/10, 12/8, 1/12
Temple Terrace CBFRC	11/23, 12/28, 1/25
Town 'N Country CBFRC	11/3, 12/1, 1/5

Children's Board Family Resource Center (CBFRC) Locations

Center Hours:

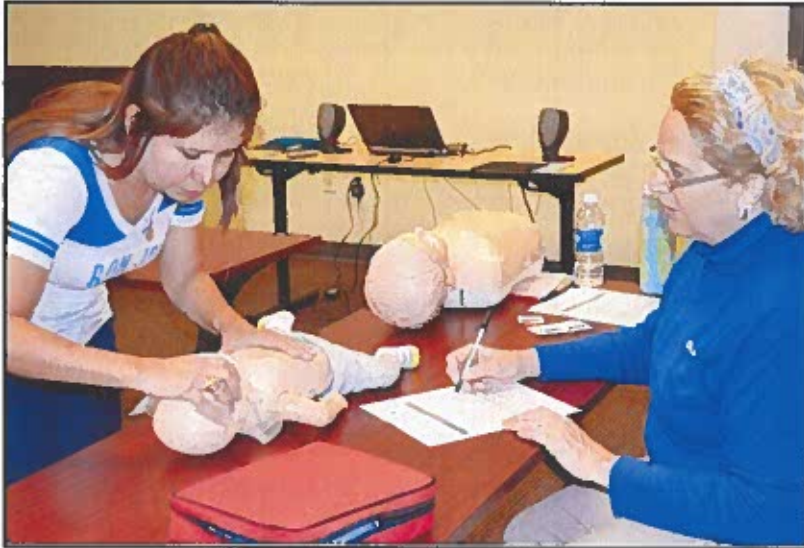
Monday & Saturday 9am-5pm
 Tuesday & Thursday 9am-7pm
 Wednesday & Friday 9am-6pm

- **Brandon CBFRC**
 1271 Kingsway Road, Brandon
 (813) 740-4634
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 1002 E. Palm Ave., Tampa
 (813) 204-1741
- **North Tampa CBFRC**
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Plant City CBFRC	11/10, 12/9, 1/13
South County CBFRC	11/10, 12/8, 1/12
Temple Terrace CBFRC	11/23, 12/28, 1/25
Town 'N Country CBFRC	11/3, 12/1, 1/5

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Center Hours:

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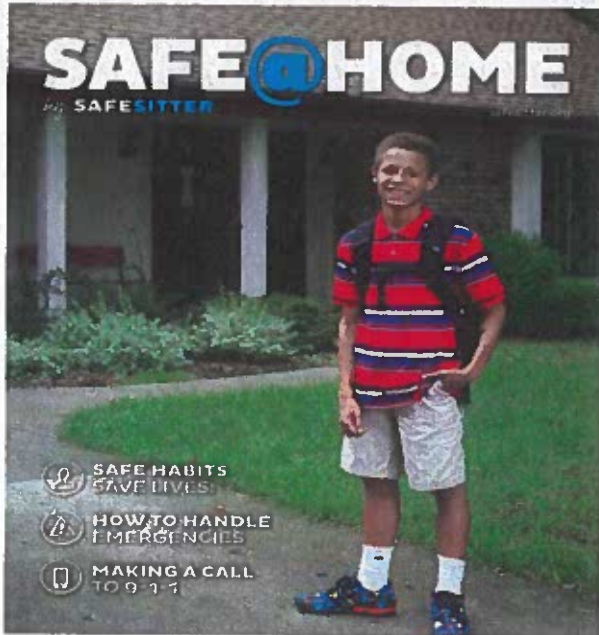
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Safe@Home® In-Person Classes: Nov. 2021- Jan. 2022

Provided by the Children's Board Family Resource Centers

REGISTRATION IS REQUIRED – PLEASE CALL YOUR LOCAL CENTER



Is your child ready to stay home alone?

- Children mature at their own pace and parents need to make sure they are ready for the responsibility.
- This class will prepare your 9-11 year old how to be safe inside/outside the home, online, and with other

Site	Date	Time
Brandon CBFRC	12/29, 1/29	9-11:30am
Central Tampa CBFRC	11/23, 1/4	1:30-4pm
North Tampa CBFRC	12/27	9-11:30am
Plant City CBFRC	12/29, 1/29	1:30-4pm
South County CBFRC	11/22	9-11:30am
Temple Terrace CBFRC	12/27	1:30-4pm
Town 'N Country CBFRC	11/23, 1/4	9-11:30am

This Safe@Home® class for grades 4th-6th (ages 9-11) will cover:

- How to care for themselves when parents are away for short periods of time.
- What to do when faced with dangers such as power failures or weather emergencies
- How to assess and respond to injuries and illnesses utilizing a first aid chart.

There is no charge to attend (Value of \$35)

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FAMILY RESOURCE CENTERS

St. Joseph's Children's Hospital

