

**INTERESTED IN  
TRAINING YOUTH  
TO TALK WITH THEIR  
PEERS ABOUT  
TOBACCO & VAPING  
IN A WAY THEY'LL  
LISTEN?**

**BECOME A  
SIDEKICKS MASTER  
TRAINER &  
WE'LL HELP YOU  
FIND THE WORDS!**

**TUESDAY  
OCTOBER 22, 2019  
10:00a-4:00p  
@ The Senator Inn  
in Augusta  
(lunch will be provided)**

**\*\*CLICK TO RSVP\*\***



Tobacco use remains the leading cause of death and disease in this country with over 443,000 deaths per year.

Currently nearly 9 out of 10 smokers started by age 18, among those youth who persist in smoking, a third will die prematurely.

Youth who vape are 4x more likely to start smoking cigarettes.

Once trained, youth will gain the skills to hold respectful conversations with their peers about tobacco/nicotine use, as well as other risky behaviors.

The Sidekicks program gives youth the skills and confidence to support their peers.

**If you'd like to learn more about the Sidekicks training and/or program, email [TobaccoPreventionServices@MaineHealth.org](mailto:TobaccoPreventionServices@MaineHealth.org)**



**[www.WeAreSidekicks.org](http://www.WeAreSidekicks.org)**