

# Tobacco Intervention: Basic Skills Training

Increase your capacity to address tobacco use and dependence by joining the MaineHealth Center for Tobacco Independence during the 2019-2020 Training Season



Content of the daylong Tobacco Intervention:

Basic Skills Training includes:

- Tobacco Prevalence, Products and Burden
- ENDS & Vaping
- Motivational Interviewing
- Brief Interventions
- Tobacco Treatment Medications
- Quit Planning

Join other healthcare professionals in this one-day training to learn more about nicotine addiction and how to integrate brief, evidence-based tobacco treatment interventions into current practice. The Basic Skills Training is open to all health professionals, prevention professionals, and community members who are interested in learning more about the burden of tobacco and strategies for treatment.



The Basic Skills Training is a requirement for those interested in pursuing the National Certificate in Tobacco Treatment Practice.

Learn more at  
[CTIMaine.org/NCTTP](http://CTIMaine.org/NCTTP)

## 2019-2020 Training Dates

- 9/17/19 - Hilton Garden Inn, Bangor
- 10/1/19 - Hampton Inn, Waterville
- 1/17/20 - DoubleTree, South Portland
- 3/3/20 - Hilton Garden Inn, Auburn
- 6/9/20 - Hilton Garden Inn, Presque Isle

Register:  
[CTIMaine.org](http://CTIMaine.org)

MaineHealth  
Center for Tobacco  
Independence

