

The Reverend Julia Gatta is the Bishop Frank A. Juhan Professor of Pastoral Theology in the School of Theology, the University of the South in Sewanee, TN. An Episcopal priest, she served parishes in Connecticut for twenty-five years before coming to Sewanee in 2004. She holds a Ph.D. in Medieval Studies from Cornell University. Mother Gatta is the author of *The Pastoral Art of the English Mystics* (1987); *The Nearness of God: Parish Ministry as Spiritual Practice* (2010); with Martin Smith; *Go in Peace: The Art of Hearing Confessions* (2012); and *Life in Christ: Practicing Christian Spirituality* (2018). She has worked as a spiritual director and retreat leader for more than thirty years. She has especially focused on the Eucharist as a primary connection to our life in Christ and at the heart of a Christ-centered spirituality.