

MAKING KITS FOR FOOD FOR OTHERS:

Your kit needs to contain in a **two-gallon Ziplock bag**: shelf-stable, kid-friendly and single-serving items. Each pack **MUST** contain:

- * 2 breakfast items: oatmeal packets, individual size cereal boxes, granola bars, cereal bars
- * 4 lunch items/dinner items: single-serve cups of chili, mac & cheese, Chef Boyardee, and tuna/chicken salad kits with crackers
- * 2 snacks: fruit cups in juice (no apple sauce with foil lids), cheese and crackers, granola bars, fruit snacks, dried fruits.
- * 2 drinks: 100% fruit juice boxes/small bottles or shelf-stable milk (unflavored)

The items can be the same (i.e., two identical breakfast items) or you can mix and match from the list.

Please **AVOID** peanut products, Vienna sausages, glass containers, high sugar items, bottled water, and PopTarts.

After you make your kits, if you have items left over, you may donate those in a separate bag. Those will be delivered to Food for Others for creating kits on-site (or filling in if some bags are missing items).