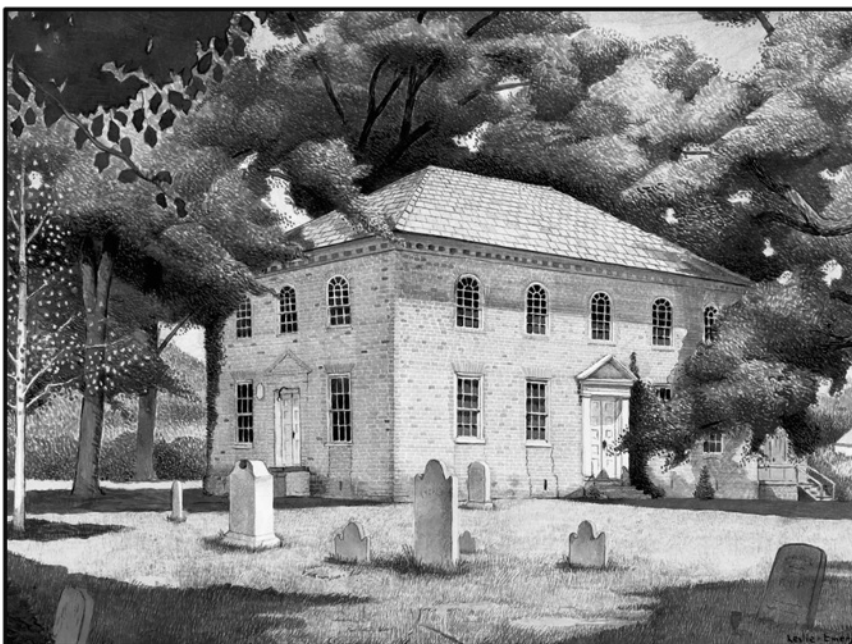


# THE FALLS CHURCH

*an Episcopal congregation*

*A welcoming community called to be an enduring  
beacon of faith, hope, and love to all.*



First Sunday in Lent  
February 26, 2023  
9:00 a.m.

Prelude

Melody

Myroslav Skoryk  
arr. J. Dimmock

## THE WORD OF GOD

Opening Hymn 401

The God of Abraham praise  
*vs. 1 & 5*

*Leoni*

### Opening Acclamation

*Celebrant*      Bless the Lord who forgives all our sins  
*People*          His mercy endures for ever.

*The people kneel.*

### The Decalogue

Hear the commandments of God to his people:  
I am the Lord your God who brought you out of bondage.  
You shall have no other gods but me.  
*People*          **Amen. Lord have mercy.**

You shall not make for yourself any idol.  
*People*          **Amen. Lord have mercy.**

You shall not invoke with malice the Name of the Lord your God.  
*People*          **Amen. Lord have mercy.**

Remember the Sabbath day and keep it holy.  
*People*          **Amen. Lord have mercy.**

Honor your father and your mother.  
*People*          **Amen. Lord have mercy.**

You shall not commit murder.  
*People*          **Amen. Lord have mercy.**

You shall not commit adultery.

*People*        **Amen. Lord have mercy.**

You shall not steal.

*People*        **Amen. Lord have mercy.**

You shall not be a false witness.

*People*        **Amen. Lord have mercy.**

You shall not covet anything that belongs to your neighbor.

*People*        **Amen. Lord have mercy.**

Jesus said, “The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these.” *Mark 12:29-31*

## Confession of Sin

*Celebrant* Let us confess our sins against God and our neighbor.

*Celebrant and People*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*Celebrant* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## The Collect of the Day

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

*Celebrant*

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

# Kyrie

William K. Trafka

The musical score is written for a single voice part in 3/4 time, using a key signature of three flats (B-flat, E-flat, A-flat). The melody is composed of eighth and quarter notes, with some phrases extending across bar lines. The lyrics are in Latin and are aligned with the notes.

Ky - ri - e e - lei - son,  
 Ky - ri - e e - lei - son, Ky - ri - e e - lei - son.  
 Christ - e e - lei - son, Christ - e e -  
 lei - son, Christ - e e - lei - son, e - lei -  
 son.  
 Ky - ri - e e - lei - son,  
 Ky - ri - e e - lei - son, Ky - ri - e, Ky - ri - e e -  
 lei - son.

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.” Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden’?” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

<i>Reader</i>	The Word of the Lord.
<i>People</i>	<b>Thanks be to God</b>

- 1 Happy are they whose transgressions are forgiven, \*  
and whose sin is put away!
- 2 Happy are they to whom the LORD imputes no guilt, \*  
and in whose spirit there is no guile!
- 3 While I held my tongue, my bones withered away, \*  
because of my groaning all day long.
- 4 For your hand was heavy upon me day and night; \*  
my moisture was dried up as in the heat of summer.
- 5 Then I acknowledged my sin to you, \*  
and did not conceal my guilt.
- 6 I said, "I will confess my transgressions to the LORD." \*  
Then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you in time of trouble; \*  
when the great waters overflow, they shall not reach them.
- 8 You are my hiding-place; you preserve me from trouble; \*  
you surround me with shouts of deliverance.
- 9 "I will instruct you and teach you in the way that you should go; \*  
I will guide you with my eye.
- 10 Do not be like horse or mule, which have no understanding; \*  
who must be fitted with bit and bridle, or else they will not stay near you."
- 11 Great are the tribulations of the wicked; \*  
but mercy embraces those who trust in the LORD.
- 12 Be glad, you righteous, and rejoice in the LORD; \*  
shout for joy, all who are true of heart.

*Children are invited to follow the Crucifer into Nicolson Hall for Children's Chapel.*

Sequence Hymn 448

O love, how deep,  
how broad, how high

*Deus tuorum militum*

1 O love, how deep, how broad, how high,  
how passing thought and fantasy,  
that God, the Son of God, should take  
our mortal form for mortals' sake.

2 For us baptized, for us he bore  
his holy fast and hungered sore;  
for us temptations sharp he knew;  
for us the tempter overthrew.



## The Gospel (*all standing*)

Matthew 4:1-11

<i>Gospeler</i>	The Holy Gospel of our Lord Jesus Christ according to Matthew.
<i>People</i>	<b>Glory to you, Lord Christ.</b>

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

<i>Gospeler</i>	The Gospel of the Lord.
<i>People</i>	<b>Praise to you, Lord Christ.</b>

## The Sermon

The Rev'd. Matthew Dumont-Machowski

*A period of silence follows the homily. Please stand when the  
Celebrant stands for the Creed.*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## The Prayers of the People

With confidence and trust let us pray to God.

For the one holy catholic and apostolic Church let us pray to God.

Lord of compassion,

**in your mercy hear us.**

For the mission of the Church, that in faithful witness it may preach the gospel to the ends of the earth, let us pray to God.

Lord of compassion,

**in your mercy hear us.**

For peace in the world that a spirit of respect and reconciliation may grow among nations and peoples, let us pray to God.

Lord of compassion,

**in your mercy hear us.**

For the poor, the persecuted, the sick, and all who suffer, especially Liz, that they may be relieved and protected, let us pray to God.

Lord of compassion,

**in your mercy hear us.**

For those whom we have injured or offended, let us pray to God.

Lord of compassion,

**in your mercy hear us.**

For grace to amend our lives and to further the reign of God, let us pray to God.

Lord of compassion,

**in your mercy hear us.**

In communion with all those who have walked in the way of holiness, especially Elaine and Tyler, let us pray to God.

Lord of compassion,

**in your mercy hear us.**

*The Celebrant adds a concluding Collect.*

*Celebrant*     The peace of the Lord be always with you.  
*People*        **And also with you.**

## THE HOLY COMMUNION

*During the offertory you are invited to make a gift to God's mission at The Falls Church through Realm (see QR code), on the website, by texting TFCE at 73256, or by using the plate.*



You may "Give Now" electronically in one of three ways (1) Scanning the QR code with your smartphone; (2) Visiting [onrealm.org/thefallschurch/-/form/give/now](https://onrealm.org/thefallschurch/-/form/give/now) or (3) Texting TFCE to 73256 to give by text message.

**Presentation Hymn 143,**    The glory of these forty days                      *Erhalt uns, Herr*  
v. 1 & 5

The glory of these forty days  
We celebrate with songs of praise;  
For Christ, by whom all things were made,  
Himself has fasted and has prayed.

O Father, Son, and Spirit blest,  
To thee be every prayer addressed;  
Who art in threefold Name adored,  
From age to age the only Lord.

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Lift up your hearts.  
*People* **We lift them to the Lord.**  
*Celebrant* Let us give thanks to the Lord our God.  
*People* **It is right to give God thanks and praise.**

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## Sanctus

William K. Trafka

Ho - ly, ho - ly, ho - ly Lord,  
 God of pow - er and might, heav - en and earth are  
 full of your glor - y. Ho - san - na, ho - san - na, ho - san - na in the  
 high - est. Bles - sed is he who comes in the name of the  
 Lord. Ho - san - na, ho - san - na, ho - san - na in the high - est!

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

*The Celebrant then continues*

As our Savior Christ has taught us, we now pray,

*People and Celebrant*

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

**The Breaking of the Bread**

*A period of silence is kept.*

Je - sus, Lamb of God, have mer - cy on us.

Je - sus, bear - er of our sins, have mer - cy on us.

Je - sus, Re-deem - er, Re-deem - er of the world,

do - na no - bis pa - cem, do - na no - bis

pa - cem, do - na no - bis pa - cem.

## The Invitation to Communion

*All those who seek the Lord are welcome and invited to receive Holy Communion at this time. Should you desire to receive, the ushers will direct you to one of the stations where the priest will offer you the host by placing the wafer in your outstretched palms. To receive the wine, guide the base of the chalice to your lips, tipping it slightly toward your lips, take a sip of wine, then tip chalice back toward the minister and release your fingers from the base of the chalice. If you do not wish to receive the wine, but would like to partake in this sacramental act, simply touch the chalice with your finger as the minister pronounces the words. Alternatively, simply fold your arms across your chest, and the minister will refrain from offering you the chalice. After receiving Communion, you may return to your seat.*

*Gluten-free wafers are available. Should you desire a gluten-free wafer, please let the priest know as you approach them for communion.*

## Communion Music

“Peace before us”

David Haas  
(b. 1957)



## Postcommunion Prayer

(BCP, p. 366)

*Celebrant*     Let us pray.

*People and Celebrant*

Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. **Amen.**

## Prayer over the People

*Celebrant*     Bow down before the Lord

*The people kneel and the Celebrant says the following prayer:*

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**

## Dismissal

(BCP, p. 366)

*Gospeler*     Let us bless the Lord.  
*People*        Thanks be to God.

Hymn 150

Forty days and forty nights

*Aus der Tiefe rufe ich*

*The congregation departs after the retiring procession has completed.*

**Postlude**

*Sonata, Op. 65, No. 6, Fuga*

Felix Mendelssohn  
(1809-1847)

The flowers today are given in memory of Sarah M. Goodrich  
by Harriet W. Chang

+ + + + +

**Celebrant**  
The Rector

**Preacher**  
The Rev'd. Matthew Dumont-Machowski

+ + + + +

**The Parish Prayer List**

**For Healing in Body, Mind, and Spirit**  
*Immediate Needs*  
Liz

*Long Term Prayers*  
Joanna, Matthew, Michael, Robert

*Family and Friends*  
Anne, Chris, Cindy, Cris, Dick, Grace, Heather, Jack, Judy

**For the Repose of the Soul of**  
Elaine Therese Pucciarelli Henkel  
Tyler Paige Suiters

+ + + + +





The Falls Church is a parish of The Episcopal Church, a member of the worldwide Anglican Communion. We share ministry with Christians in the Episcopal Diocese of Virginia.

The Most Rev'd. and Rt. Hon. Justin Welby, Archbishop of Canterbury  
The Most Rev'd. Michael B. Curry, Presiding Bishop and Primate, The Episcopal Church  
The Rt. Rev'd. E. Mark Stevenson, Bishop Diocesan, Diocese of Virginia

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[vestry@thefallschurch.org](mailto:vestry@thefallschurch.org)

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Michael Ankuma, Heather Falen Ashby, Kathleen Bell, Matthew Harrington, Louise Liebeskind,  
Barb Mantegani, Amy Marshak, Kofi McCleary, David Scharre, James Weatherly (Treasurer),  
Brandon Huffman (Registrar), Jason Matechak (Chancellor), Ava Liberatore (Youth Representative)

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